

THE NATIONAL SAMPLE SURVEY

TWENTYSIXTH ROUND : JULY 1971—JUNE 1972

NUMBER 238

VOLUME I

CALORIE AND PROTEIN VALUES OF FOOD ITEMS
CONSUMED PER DIEM PER CONSUMER UNIT
IN RURAL AREAS



सत्यमेव जयते



Issued by

NATIONAL SAMPLE SURVEY ORGANISATION

DEPARTMENT OF STATISTICS : MINISTRY OF PLANNING

GOVERNMENT OF INDIA

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FOREWORD

In response to a request from the Food and Agriculture Organisation of the United Nations (FAO-UN) for their project to collect information on levels of food consumption in different countries, National Sample Survey Organisation (NSSO) took up the tabulation of NSS consumer expenditure data for providing estimates of calorie intake of the people of different states of India from the information on quantity of different food items available in NSS schedule of enquiry on consumer expenditure. The results were based on the consumer expenditure survey of the NSS twentysixth round (July 1971—June 1972).

The results presented are (a) average calorie and protein intake per consumer unit per day and (b) percentage of total calorie intake per consumer unit under different food groups. These results are shown for groups of households classified by levels of calorie intake per consumer unit per day and per capita monthly expenditure classes. The results for the rural and urban areas of each state and union territory were brought out in a series of brochures. The complete set of results is now being published in two volumes : Volume I contains the technical details of the survey, the procedure adopted in deriving the results presented in the report and the results for rural areas and Volume II contains the corresponding results for urban areas.

The Sample design and schedule of enquiry were prepared by the Survey Design and search Division (SDRD) of the NSSO. The field work of the survey was done by the Field Operations Division (FOD). Processing of the data was done by the Data Processing Division (DPD) of NSSO.

Drafting of the report was the responsibility of Shri S. Sengupta, Deputy Director of the SDRD. S/Shri B. R. Panesar, D. Pant, A. B. Roy Chowdhury, Deputy Directors, M. T. Jacob, M. Bhattacharyya, N. R. Dhar, N. N. Sarkar, S. Ghosal, Assistant Directors, of the DPD were in technical charge of preparation of end results. The overall supervision was done by S/Shri K. Prasad, S. N. Das, A. K. Mukherjee and A. Maitra in preparation of punched cards. F. M. Rao, K. C. Poddar and N. K. Dey in machine tabulation and A. K. Chaudhury, S. Palit, G. R. Vernwal in computation work. But for the strenuous efforts of these officer, this work which was taken up in addition to the normal tabulation load could not have been completed within a reasonable time. Shri Nisith Chowdhury, Asstt. Superintendent helped in scrutinising the end results and Shri A. Roy did the typing of the report.

New Delhi,
Dated the 12th November, 1976.

V. M. DANDEKAR,
Chairman, Governing Council for
National Sample Survey Organisation.

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Section One
INTRODUCTION

1.1 The household survey on consumer expenditure of the twentysixth round of National Sample Survey (NSS) which provides the basic data for the present report was conducted during the one year period between July 1975 to June 1976.

1.2 Attempts had earlier been made to study the level of nutrition for some selected areas from the data on quantity of consumption of food articles, collected through the consumer expenditure survey of the NSS. Specifically for this purpose in view, some other agencies have also conducted surveys in smaller regions. The present study provides results for the rural and urban areas of all the states covered by the NSS. This special tabulation work was taken up by the National Sample Survey Organisation at the instance of the Food and Agriculture Organisation of the United Nations (FAO-UN).

1.3 To derive the required results, the households were classified by two different characteristics : (i) level of per capita monthly expenditure and (ii) level of calorie intake per consumer unit per day. The second characteristic is a derived one : quantity estimate for each of the items of a sample household was converted into its equivalent number of calories, using appropriate factors. Aggregating the total calories thus estimated for all the food items consumed by the household during the 30 days preceding the day of enquiry, the required level of calorie intake per diem per consumer unit was derived by dividing the aggregate by the product of 30 and the number of consumer units in the household.

1.4 The field work of the consumer expenditure schedule of the NSS 26th round started in the month of July 1971 and was completed in June 1972, covering a period of one complete year.

1.5 The geographical coverage of the survey was extended over the whole of rural and urban areas of India excepting : North East Frontier Agency (subsequently renamed as Arunachal Pradesh); Ladakh district of Jammu & Kashmir; Mizo Hills (Union Territory of Mizoram) district in Assam; Pal Samari tehsil in district Surguja and Bijapur, Dantewara, Konta and Narayanpur tehsil in district Bastar of Madhya Pradesh, Rajara, Sironcha and Gadh-Chiroli tehsils in district Chanda and Melghot tehsil in district Amaravati of Maharashtra, rural areas of Nagaland; Longai and Kanchanpur in Dharamnagar sub-division and Dumfarnagar in Amarapur sub-division of Tripura; rural areas of union territory of Chandigarh; and union territories of Andaman and Nicobar Islands, Laccadive, Minicoy and Amindivi Islands.

1.6 Information was collected by interviewing one of the members (usually the head) of the sample households. Altogether 11,468 sample households from 4,200 sample villages and 19,459 sample households from 4,375 urban blocks were surveyed.

Section Two

CONCEPTS AND DEFINITIONS

2.1 Some of the basic concepts and definitions used in the NSS surveys on consumer expenditure are noted below.

2.2 *Household* : A household is a group of persons normally living together and taking food from a common kitchen. A boarding house, a hotel or a hostel is treated as a cluster of households, where each individual boarder (with his dependents and guests) forms a separate household. Households fed directly by government such as those in prisons, police quarters, cantonments, hospitals, asylums, relief camps are, however, excluded from the scope of the survey.

2.3 *Household member* : Any person who usually lives and takes principal meal with the household is considered to be a member of the household. Such a person may be the head of the household or a relative or a protegee of the head or an employee of the household.

2.4 *Household size* : The number of members (as defined above) in a household gives the household size.

2.5 *Number of consumer units in a household* : According to the calorie requirement of a person in a particular sex age group in relation to that for a 'reference man', the person is converted into a number termed as 'consumer unit'. The factors used in converting persons of various sex-age groups into consumer units are shown in Appendix II. Applying the appropriate conversion factor to each individual of a sample household, the total number of consumer unit is derived.

2.6 *Household consumption* : Value and quantity of food items consumed by the household during a period of 30 days preceding the day of enquiry were collected in the survey. Quantity consumed by cattle etc. were not to be included under domestic consumption. While quantity consumed out of transfer receipt was included, any such quantity disposed as gift or as transfer payment was excluded for deriving the quantity of domestic consumption. Thus the total consumption of food related to the actual consumption made by the normally resident members (excluding temporary stay aways) and guests. This also included consumption of food articles in ceremonies performed in the household during the reference period.

2.7 *Calorie* : It is a unit for measuring energy. The calorie unit of measurement of nutrients in food is 1000 times the conventional 'calorie' unit of energy. Hence in some studies, the unit of nutrient has been expressed as 'Kcal' (i.e. kilo calories or 1000 calories) or simply 'cal' (calorie). Food items like cereals, sugar, potato etc. are converted into glucose which is burnt and is normally the major source of supply of energy in a human body. Similarly most of the food consumed is convertible into energy equivalent. The calorie (Kcal) equivalent per unit quantity of each of the 99 items of food for which information had been collected in the schedule of enquiry is given in Appendix II.

2.8 *Protein* : It is another nutrient derived mainly from meat, egg, fish, pulses and milk. The protein content per unit quantity of food item is shown in the chart given in Appendix II. It is usually expressed as gms. per 100 gms. of edible portion of a food.

Section Three

SUMMARY OF FINDINGS

3.1 The tables presented in this report show marked regional variation in the level of domestic consumption, so far as the energy content of the food consumed is concerned. Apart from wide and interstate variation, the consumption levels between the rural and urban areas within a state were not always close enough.

3.2 The average number of persons per household in India was 5.26 (5.39 for rural and 4.72 for urban). Correspondingly the number of consumer units per household was 4.29 for rural, 3.81 for urban and 4.19 for all-India.

3.3 *Average number of consumer unit per person* : The ratio of number of consumer units to the size of a household was found to be fairly stable-fluctuating within very small range about the value 0.80. So, for all practical purposes 0.80 may be used for conversion from per capita to per consumer unit or *vice versa*. At the all-India level, the ratio was 0.79 both for the rural and the urban areas in the lowest per capita expenditure class (Rs. 00-15) which slowly increased with expenditure level and assumed the values 0.81 in rural areas and 0.84 in urban areas at the highest expenditure class (Rs. 100 and above per capita per month).

3.4 At the all-India level the average calorie and protein intake per consumer unit was found to be 2719 cal and 77 gms respectively. While the calorie intake was slightly lower than the minimum requirement of 2750 cal per day per consumer unit, the level of protein consumption was considerably higher than what is considered to be the minimum requirement. Thus the estimates show that the total food used for domestic consumption could provide nearly the minimum energy requirement for the population as a whole. From the results it is also observed that the major part of the nutrients is derived from the first two food groups which are mainly composed of food-grains-cereals and pulses. So, from the observed results, it can be inferred that the quantity of food grains actually consumed by the population of the country could almost meet the minimum requirement. Some further studies are however needed before any firm conclusion could be made. In spite of this, it is also observed from the results that a large section of the population in most of the states do not get enough food. The real problem seems to be some distributional imbalance where more food than necessary is consumed by some, while a good number of persons are forced to remain satisfied with inadequate food which they are able to procure for their consumption.

3.5 *Pattern of consumption* : It is well known that in our country, the major part of nutrients in food is derived from cereals and starchy roots. Of the total calorie intake, more than 82 percent in rural areas and 71 percent in urban areas is derived from cereals, starchy roots and sugar. This proportion declines progressively with rise in per capita expenditure level, both in rural and urban areas. For the other food groups, an opposite trend is observed. In urban areas, comparatively higher proportions of nutrients are derived from food rich in good varieties of protein (milk, meat, egg, fish etc.) while in rural areas the share claimed by the group 'pulses and nuts' was larger.

3.6 Proportion of households below the required level of calorie intake which has been taken to be 2700 cal per consumer unit was found to be 49 and 56 percent for all-India rural and all-India urban respectively. Generally the proportion was low for the states where the average per consumer unit calorie intake was high. Rural areas of Haryana, Jammu and Kashmir and Punjab with high level of calorie intake (above 3400 per consumer unit) had respectively 22%, 13% and 27% of the households having per unit consumption below 2700 cal per day. Kerala and West Bengal reported very low calorie intake of 1928 and 2250 for the respective rural areas. More than 70 percent of the households of these two states reported consumption less than the minimum level. Per consumer unit intake of calorie was above the minimum requirement in Gujarat (2840), Haryana (3450), Himachal Pradesh (3038), Jammu and Kashmir (3419), Madhya Pradesh (3101), Punjab (3437), Rajasthan (3092), Uttar Pradesh (3180), Delhi (2935) and Manipur (2941). On the other hand the rural areas of most of the eastern and southern states of India reported to have the level of calorie consumption well below the minimum requirement.

3.7 The pattern was however slightly different in the urban areas. In general for the states where the calorie intake per consumer unit in rural areas were considerably higher than the minimum requirement, the corresponding level in the urban areas were much lower. Similarly states with low calorie intake in rural areas recorded higher intake in urban areas. Urban areas of Rajasthan reported the highest level of 3006 calories per consumer unit among the urban areas of all the states. Although for Kerala, the per consumer unit calorie intake in urban areas was higher than that of the rural areas of the state, the level (2103 cal) was much below the minimum requirement. The level of calorie intake was of the same order for all-India rural (2724 cal) and all-India urban (2699 cal). Over the states, the distribution in urban areas thus show much less variation as compared to variations observed over the rural areas of the states.

3.8 Table (S.1) shows the percentage of households consuming less than 2700 cal per consumer unit per day, the median value (50 percentile point) and the mean calorie intake per consumer unit per day for the rural and urban areas of each state and union territory of India.

TABLE (S.1) : PERCENTAGE OF HOUSEHOLDS CONSUMING LESS THAN 2700 CALS PER CONSUMER UNIT PER DAY, THE MEDIAN VALUE OF CALORIE INTAKE (50% OF THE HOUSEHOLDS ARE BELOW AND THE REMAINING 50% ABOVE THIS MEDIAN VALUE) AND THE MEAN CALORIE INTAKE PER CONSUMER UNIT PER DAY FOR THE RURAL AND URBAN AREAS OF EACH STATE AND UNION TERRITORY OF INDIA.

State	rural			urban		
	percentage of households consuming less than 2700 cal	intake of calorie		Percentage of households consuming less than 2700 cal	intake of calorie	
		median*	mean		median*	mean
(1)	(2)	(3)	(4)	(5)	(6)	(7)
1. Andhra Pradesh	54	2588	2666	61	2508	2617
2. Assam	55	2605	2665	55	2626	2616
3. Bihar	51	2667	2732	44	2814	2763
4. Gujarat	45	2840	2822	53	2641	2625
5. Haryana	22	3450	3652	45	2820	2789
6. Himachal Pradesh	33	3038	3190	38	2946	2823
7. Jammu & Kashmir	13	3419	3490	44	2789	2772
8. Kerala	74	1928	2023	67	2113	2103
9. Madhya Pradesh	37	3101	3536	46	2780	2850
10. Maharashtra	59	2514	2567	59	2539	2502
11. Meghalaya	61	2587	2577	52	2669	2623
12. Mysore	51	2678	2839	63	2432	2372
13. Orissa	57	2516	2533	46	2778	2737
14. Punjab	27	3437	3711	40	2989	2806
15. Rajasthan	38	3092	3213	42	2899	3006
16. Tamil Nadu	64	2295	2394	68	2293	2239
17. Uttar Pradesh	32	3180	3198	50	2697	2616
18. West Bengal	71	2250	2311	61	2551	2431
19. Delhi	34	2935	3040	53	2651	2579
20. Goa, Daman & Diu	58	2553	2350	54	2622	2614
21. Manipur	39	2941	3109	34	2985	2948
22. Pondicherry	66	2343	2321	56	2533	2410
23. Tripura	47	2751	3027	51	2691	2857
24. All-India	49	2730	2724	56	2584	2699

*Computed by applying, Lagrange's interpolation formula to three consecutive cumulative percentages of households by per consumer unit per day calorie intake groups.

SAMPLE DESIGN AND ESTIMATION PROCEDURE

I.1 *Sample Design* : The general sample design for the NSS 26th round consumer expenditure survey was stratified with two stage selection within each stratum. The first stage units are villages in rural areas and blocks in urban areas; the second stage units are households. The sample design was made self-weighting at the region and sub-stratum level in rural areas and at the state level in urban areas.

I.2 *Sample Size* : The total sample size for the household enquiry on consumer expenditure in the rural areas was 4548 villages and in urban areas 4832 blocks.

I.3 *Sampling frame* : For the rural areas the sampling frame was the list of villages as per the 1961 population census, except in Delhi union territory where the 1971 census list of villages had been used. For the urban areas the list of Urban Frame Survey (UFS) blocks and also the 1961 census blocks had been used as the sampling frames, the latter for those towns only where UFS has not yet been done. The 1971 census list of blocks has been used as the sampling frame for Delhi union territory.

I.4 *Stratification* : The whole rural areas of the country had been divided into 66 agricultural regions by grouping, within each state or union territory, districts having similar population density and crop pattern. Within each region, strata are formed by grouping tehsils which are (i) contiguous, (ii) having similar crop-pattern, population density and altitude and (iii) having good transport and communication facilities amongst them. The number of persons engaged in agricultural occupations is more or less the same for all strata within a region. Stratification had been done in almost all the states by using the tehsil-wise crop area figures and transport facilities. The number of rural strata formed was 379.

I.5 For the urban areas in each state/union territory towns with population less than 50,000 formed a stratum (stratum 1) and the remaining towns (excepting the four big cities—Bombay, Calcutta, Delhi and Madras) formed stratum 2. Each of the four big cities formed stratum-3 of its respective state. The total number of urban strata was 47.

I.6 *Allocation* : The all-India sample size had been allocated to the states on a joint consideration of their rural population, area under cereal crops and available investigator strength. This was modified to (i) ensure a minimum of 180 villages in each state excepting some smaller states and union territories, (ii) to take account of state-wise variation in work-load and number of investigators and (iii) to make the sample size a multiple of 12.

I.7 The total sample size of 4832 blocks in urban areas had been allocated to the states in proportion to their 1961 census urban population. The allocation had been modified (i) to ensure a minimum of 144 sample blocks in a state excepting some smaller states and union territories, (ii) to take account of state-wise variation of work-load and (iii) to make the allocation of blocks to the strata a multiple of 4.

I.8 *Selection of villages* : Village had been selected circular systematically with equal probability in each stratum.

I.9 *Selection of urban blocks* : The blocks within each urban stratum were selected circular systematically with probability proportional to size (pps), the size of a block being taken as its population rounded off to the next multiple of 1000.

I.10 *Selection of households in villages* : All the households in the sample village were divided into four sub-strata on the basis of area of land possessed and means of livelihood. From each of this stratum in general one household had been selected.

I.11 *Selection of households in urban areas* : Households in a sample block were arranged on the basis of size of land owned and self-employed or not. From the arranged frame on an average four households were selected linear systematically.

I.12 *Estimation procedure* :

- s subscript for sth stratum
- t subscript for tth sub-stratum within a sample village
- i subscript for the ith sample village/block
- k : number of strata in the state
- n_s : number of sample villages in the sth stratum
- h number of households selected
- y : value of the characteristics

Y, the estimate of the State total for the characteristics y is expressed as,

$$Y = \sum_{t=1}^4 \sum_{s=1}^k M_{st} \sum_{i=1}^{n_s} \sum_{j=1}^{h_{sit}} y_{sitj}$$

for the *rural areas*, where M_{st} is the constant multiplier for the tth sub-stratum of the sth stratum. And

$$Y = M \sum_{s=1}^k \sum_{i=1}^{n_s} \sum_{j=1}^{t_{si}} Y_{sij}$$

for the *urban areas*, where M is the constant multiplier for the concerned schedule.

Appendix II

A NOTE ON THE PROCEDURE OF ESTIMATION OF CALORIE & PROTEIN CONSUMPTION LEVEL FROM THE INFORMATION COLLECTED IN CONSUMER EXPENDITURE SURVEY, NSS 26TH ROUND

II.1. The basic information needed for deriving the results presented in this report were taken from the consumer expenditure schedule of the NSS 26th round (July 1971—June 1972). As the NSS survey was not primarily planned as a nutrition survey, the main bulk of the tabulation work and the principal problem of computation consisted in conversion of quantity data of food consumption to the corresponding energy units. In this note, the list of calorie and protein conversion factors for different food items and the procedure for deriving those have been presented.

II.2. *Explanatory notes on Tables* : Tables have been prepared separately for the rural and urban areas of each state and union territory of India. The households are classified by per capita monthly expenditure group and the amount of calorie intake per consumer unit per diem group. For each of these group of households the table shows—

- (a) number of households in the sample;
- (b) average size (number of persons) of household ;
- (c) number of consumer unit per household ;
- (d) percentage of calorie intake from five broad food groups; and
- (e) average intake of calorie and protein (gm.) per consumer unit per diem.

II. 3. For the classificatory items the following sets of groups were used in tabulation :

A. *Calorie intake per diem per consumer unit group*

- (1) upto—1500, (2) 1500—1700, (3) 1701—1900, (4) 1901—2100,
(5) 2101—2300, (6) 2301—2500, (7) 2501—2700, (8) 2701—3000, (9) 3001—3,500
(10) 3501—4000, (11) 4001 & above and (12) all groups.

B. *Per capita monthly consumer expenditure (in rupees) group*

- (1) 00—15, (2) 15—21, (3) 21—24, (4) 24—28, (5) 28—34, (6) 34—43, (7) 43—55,
(8) 55—75, (9) 75—100, (10) 100 and above and (11) all classes;
[00—15 means, 00—14.99, 15—21 means 15—20.99 and so on]

C. *Food groups*

- I. cereals, potato, sugar, jaggery and cereal substitutes;
- II. pulses, nuts and seeds;
- III. milk and milk products; meat, egg and fish;
- IV. edible oils;
- V. fruits, vegetables, spices and prepared food.

II.4. *Data source* : As already stated, the information collected in the consumer expenditure survey of the NSS twentysixth round were used. Information on the subject in the round were collected from 4548 villages and 4832 urban blocks. In each sample village and sample block, 4 households were surveyed on an average. The value and quantity of food consumed by a

*Factors applied for conversion of individuals to consumer unit is shown at the end of the Appendix.

sample household during a period of 30 days preceding the day of enquiry was noted for 101 food items. For the purpose of tabulation, the food quantities have been converted into their equivalent calorie and protein content.

II 5. Conversion factors : The factors used for converting the quantity estimates of different food items into their respective calorie and protein equivalents were generally taken from a bulletin of the Indian Council of Medical Research¹ and few others were taken from those used in the study conducted by HTAL on behalf of USAID². While for a number of items the conversion factors were directly available from the Bulletin, for the other items recourse to some indirect methods had to be taken. In fact, the consumption data recorded in NSS schedules, for a large number of food items, are not straight away amenable to direct conversion into calorie terms. Indirect approaches had to be adopted by using results of some other studies. The nature of problems that were to be resolved while deriving the appropriate conversion factors are enumerated below :—

- (a) in the schedule of enquiry there was only one item as 'fresh fish'. But there is quite a large number of varieties of fish which are consumed by the people of the country. While one variety may have popular acceptance in one region another type may be more liked in some other region. The quantity available for consumption of a particular variety will also vary to a large extent from region to region. Neither the proportion edible nor the calorie and protein content for those different varieties of fish are the same. The observed differences in the respective proportions of the nutrients are quite large among certain varieties. Hence, some amount of arbitrariness in determining the conversion factors for an item like 'fresh fish' cannot be avoided.
- (b) The 'standard unit' for some items like 'banana', 'coconut', 'mango', 'pineapple' etc. is 'number'. But the equivalence chart presents, for obvious reasons, the number of calories and weight of protein per 100 gms. of edible portion. There is a number of variety of banana which vary in size (hence in weight) and the calorie and protein content per unit of weight of each variety may also differ. The proportion edible need not be necessarily the same also. To derive the calorie and protein value of such an item taking into consideration the relative effects of all these variables, would pose serious problems.
- (c) For some miscellaneous items like 'other fruits', other vegetables etc., no direct procedure can be applied for assessing their food values. For some such items the quantity data are not recorded. Units being different (for some items weight and for others number) for the constituents of those miscellaneous categories, aggregation of quantity data was not possible. Even if quantity data were available, those would have been of very little use.
- (d) Other composite items like 'cooked meals', 'ice cream', 'prepared sweets', 'snacks', 'pickles', jam, jelly etc. pose more serious problems. The constituents of such an item may vary within widely apart limits and in effect wide divergence in energy value per unit quantity of two samples of the same item may occur.

II 6. Derivation of conversion factors : From the total number of 101 items listed under food group for the purpose of consumer expenditure schedule of the NSS twenty sixth round, salt 'tea, leaf', 'coffee powder' and 'other beverages' were left out. Out of the remaining 95 items, calorie and protein content could be directly estimated from the nutrition table for 56 items. For the rest of the items indirect methods had to be applied due to the difficulties already enumerated. It is of course worth noting here that the weightage for most of the items in the last group is generally low as compared to those covered by the second category. Hence even if there is any element of error in estimation of energy equivalence of any of those items for which indirect procedure of estimation had to be adopted, its effect would be very little on the total calorie and protein

1 W.R. Aykroyd, C. Gopalan and S. C. Balasubramaniam—"The Nutritive value of Indian Food and the Planning of Satisfactory Diets" *Indian Council, of Medical Research* (1966).

2 Factors were derived by actual weighing in the survey conducted by M/S. Hindusthan Thompson Associates (on behalf of USAID). The summary results have been published in "*A Study of Food Habits in Calcutta*" (1972).

Consumption. From the results of the NSS twentyfifth round, July 1970—June 1971, it was observed that the items of food amenable to direct conversion, covered about 87 per cent of the total expenditure on food in rural areas and 72 per cent of that in urban areas.

II 7. *Procedure of estimation of conversion factors* : For difference in nature of the problems involved in the derivation of the conversion factors for different items, the procedures for estimation of the factors could not be kept uniform. Enumerated below are the methods applied according to the nature of problem involved in derivation of the factors.

- A. Where an item was found to be the same as an item in the list for which the conversion factors are readily available and the units are also the same for both, the standard factors were directly applied.
- B. Where the conversion factors per unit weight were directly available from the table but the unit of data collection is number, results of other studies were used.
- C. Where the quantity is standard unit but being a residual item like 'other milk products', its direct conversion to energy value was not possible. In such cases the value and quantity data for the identifiable items in the particular group was used. The procedure followed to derive indirectly the conversion factors for the item 'other milk products' is summarised below :
 - (i) the quantity and value data were pooled over a small sample of households, randomly selected from each of the states, separately for the items—milk (liquid), condensed and powdered milk, ghee, butter and curd;
 - (ii) the quantity data for the above mentioned identifiable items were then converted into the respective calorie and protein values by using standard factors. The total money value of those items were directly available from the data ;
 - (iii) quantity of protein and number of calories per rupee were then derived from the pooled data for all the identifiable items in the milk group ;
 - (iv) the value data for the item 'other milk products' of the group was then converted into calorie and protein, assuming that the same number of calories and gms. of protein would also be available for one rupee as those were found to be in (iii).
- D. There are some items like 'prepared sweets', 'salted refreshments', etc. for which the dimension of the conversion factors could not easily be derived. The recipe of some popular varieties were first ascertained. The ingredients used for preparing those items were converted into equivalent numbers of calories and grammes of protein. The average price for such varieties were ascertained. Thus the amount of calorie and protein derivable from such items per rupee spent were estimated^a.
- E. The calorie and protein content of a cooked meal was assumed to be 1200 calorie and 30 gms. of protein, so that two meals would approximately provide the per diem requirement of proximate principles for one consumer unit.
- F. There is not much nutritional value in coffee powder and tea leaves as such. The nutritive value of prepared coffee and tea really is due to the milk and sugar used in the preparation⁴. Hence the calorie and protein content of a cup of coffee or tea were estimated from the quantity of milk and sugar usually added to a cup.
- G. Items like 'fish', dry fish, etc., are no better than the miscellaneous items for the purpose of ascertaining the nutritive values. Here the average values of calorie and protein per unit of quantity for some popular varieties have been used. The quantity of protein so derived was of the order of 14 per cent of the gross weight of fresh fish. If only the edible portion of fish is taken, the proportion of protein is nearly 20 percent^b.

^a Adoption of such procedure has also been suggested in "Programme of Food Consumption Surveys"—*Food and Agriculture Organisation of the United Nations, Rome, 1964.*

⁴ K. Srilakshmi—"Food and Health", *National Institute of Indian Council of Medical Research, Hyderabad 1967.*

^b Protein content of fresh fish has been observed to vary between 15 and 23 per cent of the edible portion : Maxine E. McDivitt & Sumati R. Mudambi—"Human Nutrition Principle and Applications in India" (1969).

II 8. The following chart showing the nutritive equivalence rates applied to food consumption data for preparation of tables presented in Appendix III.

CHART SHOWING PROTEIN AND CALORIE AND PROTEIN CONTENT PER UNIT QUANTITY OF FOOD (EDIBLE PORTION ONLY) ITEMS ENLISTED IN THE CONSUMER EXPENDITURE SCHEDULE OF NSS 26TH ROUND

food item	unit	no. of calories per unit	protein per unit (in gm. 0.0)	food group
(1)	(2)	(3)	(4)	(5)
<i>Cereals</i>				
Rice and its products	Kg.	3400	75.0	I
Wheat and its products	Kg.	3460	118.0	I
Jowar and its products	Kg.	3490	104.0	I
Bajra and its product	Kg.	3032	97.4	I
Maize and its products	Kg.	3420	111.0	I
Ragi and its products	Kg.	3280	73.0	I
Barley and its products	Kg.	3360	115.0	I
Small millets and its products	Kg.	2615	97.2	I
Gram and its products	Kg.	3600	171.0	I
Cereal substitutes	Kg.	1100	16.0	I
<i>Pulses</i>				
Arhar	Kg.	3350	223.0	II
Gram (split grain)	Kg.	3720	208.0	II
Moong	Kg.	3480	245.0	II
Masur	Kg.	3430	251.0	II
Urd	Kg.	3470	240.0	II
Khesari	Kg.	3450	282.0	II
Pea	Kg.	3200	200.0	II
Soyabean	Kg.	4320	432.0	II
Other pulses	Kg.	3400	220.0	II
Pulse products	Kg.	3400	220.0	II
<i>Milk and Products</i>				
Milk (liquid)	Kg.	1000	40.0	III
Baby food	Kg.	3570	380.0	III
Milk (condensed, powdered)	Kg.	4960	258.0	III
Ghee	Kg.	8750	..	IV
Butter	Kg.	7290	..	IV
Curd	Kg.	600	31.0	III
Other milk products	Re.	800	20.0	III
<i>Edible Oils</i>				
Vanaspati	Kg.	9000	..	IV
Mustard oil	Kg.	9000	..	IV
Coconut oil	Kg.	9000	..	IV
Gingelly oil	Kg.	9000	..	IV
Groundnut oil	Kg.	9000	..	IV
Linseed oil	Kg.	9000	..	IV
Refined oil	Kg.	9000	..	IV
Edible oil (others)	Kg.	9000	..	IV
Oil seed	Kg.	5410	220.0	II

food item	unit	no. of calories per unit	protein per unit (in gm. 0.0)	food group
(1)	(2)	(3)	(4)	(5)
<i>Meat, egg & fish</i>				
Goat meat	Kg.	1180	214.0	III
Mutton	Kg.	1940	185.0	III
Beef	Kg.	1140	226.0	III
Pork	Kg.	1140	187.0	III
Buffalo meat	Kg.	860	194.0	III
Other meat	Kg.	900	180.0	III
Poultry	No.	709	169.0	III
Other birds	No.	709	169.0	III
Egg	No.	100	7.5	III
Fish (fresh)	Kg.	1050	140.0	III
Fish (dry)	Kg.	3000	650.0	III
<i>Vegetables</i>				
Potato	Kg.	970	16.0	I
Onion	Kg.	540	15.0	I
Tomato	Kg.	200	9.0	V
Brinjal	Kg.	218	12.7	V
Cabbage	Kg.	238	15.8	V
Cauliflower	Kg.	210	18.2	V
Root vegetables	Kg.	600	25.0	I
Leafy vegetables	Kg.	550	40.0	V
Other vegetables	Re.	700	40.0	V
<i>Fresh Fruits</i>				
Banana	No.	84	0.8	V
Orange, Lemon	No.	50	0.9	V
Mango	No.	135	1.3	V
Coconut	No.	888	9.0	II
Guava	No.	53	0.7	V
Pineapple	No.	460	4.0	V
Grapes	Kg.	600	6.0	V
Other fresh fruits	Re.	1000	10.0	V
<i>Dry Fruits & Nuts</i>				
Coconut Copra	Kg.	6620	68.00	II
Ground nut	Kg.	5490	267.00	II
Cashew nut	Kg.	5960	212.00	II
Dates	Kg.	1440	12.00	V
Raisin	Kg.	3050	18.00	V
Other dry fruits & nuts	Kg.	2500	200.00	V
<i>Sugar</i>				
Sugar	Kg.	3900	1.00	I
Gur (cane)	Kg.	3830	4.00	I
Khandsari	Kg.	3980		I
Sugar candy	Kg.	3980		I
Sugar (others)	Kg.	3500	10.00	I

food item	unit	No. of calories per unit	protein per unit (in gm. 0.0)	food group
(1)	(2)	(3)	(4)	(5)
<i>Spices</i>				
Turmeric	Gm.	3.49	0.06	V
Black pepper	Gm.	3.04	0.12	V
Pepper, dry chillies	Gm.	2.46	0.16	V
Green chillies	Gm.	0.29	0.03	V
Garlic	Gm.	1.23	0.05	V
Tamarind	Gm.	1.98	0.02	V
Ginger	Gm.	0.54	0.01	V
Curry powder	Gm.	0.80	0.08	V
Other spices	Gm.	0.60	0.06	V
<i>Beverages, Refreshments</i>				
Tea	Cups	27	0.30	V
Coffee	Cups	40	0.80	V
Biscuits confectionaries	Kg.	2450	78.00	V
Bread	Kg.	2450	78.00	V
Salted refreshments	Re.	600	3.00	V
Prepared sweets	Re.	500	6.00	V
Cooked meals	No.	1200	30.00	V
Pickles	Gm.	4.00	0.11	V
Sauce	Gm.	0.60	0.03	V
Jam, Jelly	Gm.	2.50	0.01	V
Processed food (others)	Re.	600	20.00	V

Conversion of individuals to consumer unit

sex	Number of consumer unit/s by age (in years)											
	under 1	1-3	4-6	7-9	10-12	13-15	16-19	20-39	40-49	50-59	60-69	70+
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
male	0.43	0.54	0.72	0.87	1.03	0.97	1.02	1.00	0.95	0.90	0.80	0.70
female	0.43	0.54	0.72	0.87	0.93	0.80	0.75	0.71	0.68	0.64	0.51	0.50

DETAILED TABLES

Appendix III

TABLE (0.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA No. of sample villages : 4200

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	651	6.61	5.01	85.60	4.30	2.37	3.15	4.58	100.00	1221	35
1501—1700	455	5.94	4.77	86.89	4.06	2.45	3.16	3.44	100.00	1604	45
1701—1900	576	5.93	4.75	86.73	4.11	2.57	3.21	3.38	100.00	1801	52
1901—2100	762	5.86	4.71	86.03	4.47	2.64	3.47	3.39	100.00	2002	57
2101—2300	854	5.95	4.79	85.31	5.21	2.94	3.47	3.07	100.00	2203	64
2301—2500	947	5.65	4.51	85.37	4.89	3.55	3.33	2.86	100.00	2399	70
2501—2700	882	5.73	4.55	84.40	5.18	3.98	3.53	2.91	100.00	2599	77
2701—3000	1234	5.43	4.31	84.65	5.54	4.05	3.01	2.75	100.00	2842	84
3001—3500	1774	5.21	4.13	84.07	5.45	4.60	3.16	2.72	100.00	3227	96
3501—4000	1174	4.94	3.92	82.88	6.23	4.75	3.35	2.79	100.00	3717	111
4001 & above	2159	4.35	3.42	74.50	12.47	6.12	3.44	3.47	100.00	5248	170
all groups	11468	5.39	4.29	82.43	7.34	4.56	3.46	2.21	100.00	2724	76

TABLE (0.1/R) PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs.00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	267	6.44	5.16	90.10	3.03	1.44	2.43	3.00	100.00	1164	35
1501—1700	62	6.51	5.00	93.00	2.11	1.38	1.70	1.81	100.00	1586	47
1701—1900	41	5.87	4.56	93.56	2.79	0.38	1.66	1.61	100.00	1794	55
1901—2100	26	5.85	4.52	92.62	3.84	0.73	1.43	1.38	100.00	1997	67
2101—2300	8	5.38	4.21	93.55	2.41	0.36	0.51	3.17	100.00	2160	61
2301—2500	17	6.89	5.17	91.58	2.89	2.25	2.02	1.26	100.00	2387	74
2501—2700	6	6.98	5.16	86.75	9.26	0.21	1.97	1.81	100.00	2606	84
2701—3000	5	4.55	3.52	93.25	1.53	0.79	0.54	3.89	100.00	2846	93
3001—3500	3	5.14	3.86	99.54		0.02	0.42	0.02	100.00	3004	95
3501—4000	4	5.22	4.09	54.53	43.52	1.08	0.29	0.58	100.00	3765	180
4001 & above	5	6.40	4.82	48.34	50.03	0.55	0.60	0.48	100.00	4459	215
all groups	444	6.33	4.99	89.40	5.16	1.22	1.95	2.27	100.00	1493	46

Calorie and Protein Values of Food Items in Rural Areas

TABLE (0.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	218	6.07	5.06	85.71	4.65	2.09	3.37	4.18	100.00	1260	35
1501—1700	192	6.04	4.87	88.29	3.91	1.94	2.79	3.07	100.00	1597	44
1701—1900	189	5.90	4.71	89.94	3.54	1.28	2.63	2.61	100.00	1798	52
1901—2100	190	6.32	4.98	90.14	3.37	2.40	2.60	2.49	100.00	1999	60
2101—2300	132	6.02	4.71	90.44	3.57	1.46	2.32	2.21	100.00	2201	67
2301—2500	107	5.62	4.34	89.75	3.84	2.44	2.17	1.80	100.00	2376	73
2501—2700	69	5.95	4.62	91.02	3.95	1.68	1.90	1.45	100.00	2596	86
2701—3000	47	5.29	3.96	89.48	5.86	0.90	1.77	1.99	100.00	2810	86
3001—3500	32	5.62	4.41	94.39	1.86	1.07	1.16	1.52	100.00	3159	100
3501—4000	15	5.63	4.33	80.87	16.09	0.30	0.82	1.92	100.00	3723	138
4001 & above	16	5.03	3.85	42.65	47.73	4.41	2.35	2.86	100.00	5380	282
all groups	1207	5.97	4.74	88.17	5.13	1.70	2.46	2.54	100.00	1957	60

TABLE (0.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample house holds	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	55	5.90	4.76	81.51	5.23	4.08	3.46	5.72	100.00	1372	40
1501—1700	74	5.97	4.85	86.11	3.82	2.13	3.84	4.10	100.00	1618	45
1701—1900	110	5.95	4.76	87.03	4.06	3.04	2.89	2.98	100.00	1799	52
1901—2100	111	6.03	4.81	87.98	4.07	1.89	3.02	3.04	100.00	2010	58
2101—2300	116	5.96	4.76	88.63	4.73	1.81	2.54	2.29	100.00	2189	63
2301—2500	98	6.22	4.88	88.58	4.87	1.78	2.72	2.05	100.00	2378	73
2501—2700	70	6.23	4.94	87.31	3.91	2.45	4.26	2.07	100.00	2581	76
2701—3000	83	6.00	4.68	91.50	3.76	1.61	1.77	1.36	100.00	2832	86
3001—3500	61	6.17	4.75	88.90	6.79	1.27	1.55	1.49	100.00	3235	113
3501—4000	16	5.79	4.52	85.01	11.27	0.71	1.63	1.38	100.00	3630	119
4001 & above	19	5.67	4.32	70.49	25.24	0.61	1.73	1.93	100.00	5004	190
all groups	813	6.03	4.78	87.54	5.46	1.95	2.66	2.39	100.00	2287	69

Calorie and Protein Values of Food Items in Rural Areas

TABLE (0.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group: Rs-24—28

National Sample Survey

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
				(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
upto—1500 . .	45	6.20	4.97	77.79	7.00	4.18	3.25	7.78	100.00	1279	34
1501—1700 . .	56	5.51	4.50	80.93	5.90	4.70	4.21	4.26	100.00	1619	44
1701—1900 . .	82	6.39	5.10	84.23	4.56	3.45	4.24	3.52	100.00	1799	51
1901—2100 . .	172	5.65	4.58	85.42	4.92	2.91	3.52	3.23	100.00	2001	56
2101—2300 . . .	163	5.88	4.71	86.71	5.21	2.25	3.28	2.55	100.00	2202	59
2301—2500 . . .	176	5.74	4.60	87.74	4.10	2.92	2.78	2.46	100.00	2402	71
2501—2700 . .	123	6.18	4.77	87.02	4.95	3.36	2.83	1.84	100.00	2599	77
2701—3000 . . .	143	5.90	4.60	86.95	6.06	2.70	2.27	2.02	100.00	2824	85
3001—3500 . .	131	4.75	3.66	88.85	4.95	2.07	2.19	1.94	100.00	3209	98
3501—4000 . .	46	5.19	3.97	85.88	5.69	2.20	1.73	4.50	100.00	3653	116
4001 & above .	37	4.47	3.41	64.92	29.99	1.47	1.35	2.27	100.00	5037	213
all groups .	1174	5.70	4.51	85.61	6.11	2.76	2.81	2.71	100.00	2431	73

TABLE (0.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs-28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	33	5.68	4.61	73.59	5.09	3.87	4.98	12.47	100.00	1216	33
1501—1700	38	5.27	4.35	80.28	5.77	5.07	4.49	4.39	100.00	1614	43
1701—1900	86	6.12	4.99	82.63	4.76	4.46	4.15	4.00	100.00	1813	50
1901—2100	131	5.80	4.74	83.38	5.38	3.62	3.97	3.65	100.00	2007	55
2101—2300	204	6.08	4.93	83.57	5.41	3.80	3.94	3.28	100.00	2201	62
2301—2500	219	5.65	4.54	85.28	5.01	3.35	3.62	2.74	100.00	2499	69
2501—2700	201	5.58	4.48	85.62	5.28	3.15	3.30	2.65	100.00	2606	76
2701—3000	293	5.46	4.28	86.21	5.09	3.45	2.86	2.39	100.00	2842	85
3001—3500	297	5.60	4.43	86.75	5.28	3.11	2.55	2.31	100.00	3223	97
3501—4000	134	5.01	3.83	88.14	5.15	2.60	2.51	1.60	100.00	3698	115
4001 & above	112	4.94	3.81	77.95	16.95	1.44	2.30	1.36	100.00	4658	168
all groups	1748	5.57	4.44	84.81	6.34	3.16	3.10	2.59	100.00	2734	82

Calorie and Protein Values of Food Items in Rural Areas

TABLE (0.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs- 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	16	5.23	4.37	65.27	9.99	8.90	7.26	8.58	100.00	1042	29
1501—1700	24	5.14	4.01	78.28	7.95	3.95	4.85	4.97	100.00	1634	48
1701—1900	32	5.96	4.91	81.37	5.81	3.43	3.72	5.67	100.00	1799	51
1901—2100	81	5.42	4.40	77.41	5.16	5.40	5.11	6.92	100.00	1993	51
2101—2300	147	5.85	4.79	81.57	5.62	4.61	4.30	3.90	100.00	2209	62
2301—2500	153	5.43	4.43	81.74	5.44	5.39	4.22	3.21	100.00	2423	68
2501—2700	221	5.58	4.50	83.01	5.65	4.13	4.22	2.99	100.00	2598	74
2701—3000	311	5.57	4.51	83.52	6.20	4.54	3.28	2.46	100.00	2845	82
3001—3500	489	5.46	4.31	85.14	5.06	4.38	3.15	2.27	100.00	3210	93
3501—4000	273	5.18	4.09	86.23	5.12	3.76	2.73	2.16	100.00	3725	112
4001 & above	281	4.21	3.16	77.13	11.40	3.68	3.30	4.49	100.00	5053	168
all groups	2028	5.26	4.20	82.58	6.63	4.25	3.44	3.10	100.00	3127	93

TABLE (0.7/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	5	4.17	3.38	60.44	7.43	11.03	9.49	11.61	100.00	1234	33
1501—1700	7	6.12	5.19	71.88	3.43	4.28	5.53	14.88	100.00	1651	37
1701—1900	25	5.26	4.42	74.38	7.42	5.53	6.69	5.98	100.00	1828	51
1901—2100	31	5.09	4.29	74.01	7.53	5.08	7.38	6.00	100.00	1999	58
2101—2300	55	5.55	4.61	76.74	8.34	4.53	5.78	4.61	100.00	2217	64
2301—2500	106	5.35	4.30	78.88	7.07	5.19	4.81	4.05	100.00	2406	67
2501—2700	109	5.57	4.55	79.44	5.85	6.79	4.16	3.76	100.00	2598	74
2701—3000	197	4.98	4.02	80.30	5.48	6.88	4.09	3.25	100.00	2864	82
3001—3500	375	5.10	4.10	81.50	5.73	6.07	3.87	2.83	100.00	3244	94
3501—4000	312	5.25	4.19	82.35	5.73	5.79	3.75	2.38	100.00	3735	108
4001 & above	433	6.48	5.04	79.51	11.02	4.36	2.59	2.52	100.00	4828	153
all groups	1655	5.10	4.08	80.30	7.81	5.39	3.59	2.91	100.00	3513	105

Calorie and Protein Values of Food Items in Rural Areas

TABLE (0.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	5	2.91	2.74	65.44	5.36	8.26	13.61	7.33	100.00	1384	44
1501—1700 . .	1	2.07	1.71	80.25	2.68	10.98	3.84	2.25	100.00	1627	41
1701—1900 . .	5	4.42	3.88	83.70	3.33	4.49	3.50	4.98	100.00	1849	60
1901—2100 . .	17	4.94	4.36	72.94	6.42	5.70	7.76	7.18	100.00	2049	57
2101—2300 . .	25	7.91	6.50	75.60	7.79	5.08	4.54	6.99	100.00	2292	63
2301—2500	50	5.25	4.44	71.05	7.45	8.90	5.71	6.89	100.00	2401	72
2501—2700 . .	54	4.59	3.72	73.25	6.14	9.10	3.94	7.57	100.00	2605	76
2701—3000 . .	103	5.04	4.14	78.03	5.43	7.28	4.97	4.29	100.00	2974	82
3001—3500 . .	245	4.71	3.85	77.70	6.36	7.53	4.40	4.01	100.00	3258	93
3501—4000	236	4.47	3.65	79.11	6.28	6.49	4.09	4.03	100.00	3718	104
4001 & above .	578	4.32	3.46	75.56	11.45	6.36	3.50	3.13	100.00	5086	160
all groups	1319	4.56	3.70	76.38	9.24	6.71	3.93	3.74	100.00	4016	121

TABLE (0.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer unit per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	5	3.14	2.71	81.12	1.81	0.39	2.64	14.04	100.00	1144	29
1501—1700											
1701—1900	1	5.17	4.17	86.45	6.47	0.97	4.34	1.77	100.00	1709	52
1901—2100	2	5.50	4.50	77.78	4.86	6.00	7.93	3.43	100.00	2019	62
2101—2300	2	3.88	2.94	72.20	19.48	0.99	4.57	2.76	100.00	2271	75
2301—2500	13	1.52	1.44	45.53	6.30	3.56	5.32	39.29	100.00	2439	64
2501—2700	17	5.22	4.23	72.29	5.54	11.14	4.26	6.77	100.00	2620	77
2701—3000	35	4.30	3.46	69.54	7.37	8.61	3.87	10.61	100.00	2849	83
3001—3500	88	4.26	3.43	74.46	7.02	8.26	4.91	5.35	100.00	3275	95
3501—4000	94	3.81	3.19	71.94	7.96	9.02	6.28	4.80	100.00	3742	105
4001 & above	341	4.07	3.29	74.35	10.69	8.29	3.87	2.80	100.00	5500	172
all groups	598	4.07	3.31	73.77	9.71	8.40	4.29	3.83	100.00	4574	139

Calorie and Protein Values of Food Items in Rural Areas

TABLE (0.10/R) PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group 1 Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	4.14	3.00	4.42		12.63		82.95	100.00	1029	24
1501—1700	1	6.00	4.50	67.24	13.09	6.43	4.42	8.82	100.00	1526	39
1701—1900	5	1.61	1.41	24.22		0.74	2.16	72.88	100.00	1829	44
1901—2100	1	3.05	2.65	92.28		4.69	1.41	1.62	100.00	2043	66
2101—2300	2	4.14	3.57	23.03	21.30	19.40	16.23	20.04	100.00	2212	85
2301—2500	8	3.15	2.62	63.49	9.08	5.07	2.42	19.94	100.00	2438	61
2501—2700	12	4.57	3.66	52.28	6.93	15.35	7.52	17.92	100.00	2613	80
2701—3000	17	1.18	1.14	20.75	3.47	4.68	2.80	68.30	100.00	2844	75
3001—3500	53	3.17	2.60	63.50	5.85	13.76	4.61	12.28	100.00	3309	97
3501—4000	44	3.38	2.80	65.06	9.57	9.36	7.11	8.90	100.00	3714	101
4001 & above	337	3.68	2.95	67.03	10.40	11.28	5.07	6.22	100.00	7297	216
all groups	482	3.52	2.84	66.04	9.95	11.33	5.15	7.53	100.00	6181	182

TABLE (1.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES.

State : ANDHRA PRADESH

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 314

calorie intake per diem per consumer unit	no. of sample households	average house hold size	no. of consumer units per household	Percentage of calorie from food group					average intake per diem per consumer unit.		
				I	II	III	IV	V	total	calories	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	59	5.40	4.39	84.66	3.26	2.36	4.23	5.49	100.00	1218	33
1501—1700	48	5.95	4.72	88.32	3.19	1.56	3.47	3.46	100.00	1610	42
1701—1900	77	5.81	4.67	87.59	2.72	2.64	3.67	3.38	100.00	1798	50
1901—2100	90	5.19	4.16	86.02	3.58	1.99	4.12	4.29	100.00	1997	54
2101—2300	85	5.23	4.17	86.23	3.82	2.32	3.86	3.77	100.00	2181	58
2301—2500	86	5.10	4.07	84.23	4.57	2.87	3.95	4.38	100.00	2403	65
2501—2700	80	5.00	3.91	86.19	3.70	2.85	3.42	3.84	100.00	2604	71
2701—3000	102	4.50	3.59	84.99	4.15	3.22	3.44	4.20	100.00	2869	78
3001—3500	151	4.29	3.42	85.11	4.56	2.81	3.40	4.12	100.00	3230	86
3501—4000	87	3.96	3.14	82.05	5.87	3.99	3.90	4.19	100.00	3731	99
4001 & above	145	3.18	2.42	71.62	6.10	3.54	3.27	15.47	100.00	5795	165
all groups	1010	4.72	3.75	82.86	4.48	2.92	3.62	6.12	100.00	2666	73

Calorie and Protein Values of Food Items in Rural Areas

TABLE (I.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : 'Rs.00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	21	6.11	4.91	90.29	2.11	1.06	3.36	3.18	100.00	1150	31
1501—1700	6	5.87	4.39	91.54	2.79	0.43	2.78	2.46	100.00	1611	45
1701—1900	5	4.30	3.08	91.40	2.25	0.63	3.00	2.72	100.00	1764	56
1901—2100	4	4.67	3.41	94.38	1.30	0.65	1.73	1.94	100.00	2001	62
2101—2300
2301—2500	1	10.00	7.65	96.34	0.29	0.22	1.69	1.46	100.00	2320	32
2501—2700
2701—3000	1	5.00	3.85	94.76	1.63	3.61	100.00	2866	71
3001—3500
3501—4000
4001 & above
all groups	38	5.86	4.58	91.73	1.87	0.77	2.86	2.77	100.00	1414	37

TABLE (1.2/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES.

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 15—21

Calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500	19	4.84	3.89	86.58	2.77	0.75	3.52	6.38	100.00	1337	38	
1501—1700	28	6.52	5.15	88.55	3.32	1.44	3.42	3.27	100.00	1604	41	
1701—1900	37	5.78	4.69	90.08	2.45	1.31	3.25	2.91	100.00	1790	49	
1901—2100	26	5.65	4.40	88.32	3.80	0.60	4.23	3.05	100.00	2001	56	
2101—2300	14	5.74	4.23	90.26	2.16	0.62	3.99	2.97	100.00	2167	61	
2301—2500	
2501—2700	5	6.76	5.25	93.94	1.83	0.89	1.74	1.60	100.00	2605	80	
2701—3000	1	6.00	4.27	90.59	4.36	0.55	2.36	2.14	100.00	2974	86	
3001—3500	3	2.97	2.46	95.41	0.55	1.05	1.48	1.51	100.00	3334	83	
3501—4000	
4001 & above	1	1.00	0.50	100.00	100.00	4783	120
all groups	134	5.73	4.52	89.13	2.89	1.03	3.44	3.51	100.00	1821	50	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (1.3/R) : PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	6	3.84	3.05	86.00	1.49	3.03	4.63	4.85	100.00	1454	37
1501—1700	9	5.49	4.47	88.73	2.64	1.58	3.52	3.53	100.00	1618	45
1701—1900	12	5.28	4.09	86.04	3.50	3.03	3.76	3.67	100.00	1767	51
1901—2100	9	6.74	5.36	91.17	1.74	0.69	2.73	3.67	100.00	2038	58
2101—2300	12	5.35	4.29	91.36	2.74	0.44	2.72	2.74	100.00	2200	58
2301—2500	7	5.18	4.00	88.29	3.05	0.54	2.56	5.56	100.00	2409	68
2501—2700	8	4.22	3.09	92.33	1.64	0.71	1.77	3.55	100.00	2599	73
2701—3000	6	4.34	3.31	90.61	3.15	0.36	2.88	3.00	100.00	2818	88
3001—3500	7	4.21	3.33	88.90	1.31	0.44	1.34	8.01	100.00	3209	88
3501—4000											
4001 & above	1	5.00	3.64	95.69	0.99		1.77	1.55	100.00	4643	125
all groups	77	5.06	3.97	89.84	2.36	1.04	2.70	4.06	100.00	2188	61

TABLE (1.4/R) : PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER-CAPITA EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 24-28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	6	5.45	4.71	80.39	5.64	3.72	4.54	5.71	100.00	1196	36
1501—1700	2	4.83	3.98	82.54	5.13	2.13	3.24	6.96	100.00	1652	45
1701—1900	7	6.60	5.34	88.83	1.85	1.60	4.21	3.51	100.00	1813	50
1901—2100	22	4.70	3.91	85.29	3.93	2.58	3.90	4.30	100.00	2000	53
2101—2300	20	5.06	4.02	86.08	4.39	2.81	3.42	3.30	100.00	2195	63
2301—2500	20	4.85	3.80	87.69	4.07	1.17	3.49	3.58	100.00	2381	65
2501—2700	10	5.69	4.38	87.25	3.73	2.45	3.59	2.98	100.00	2566	70
2701—3000	8	6.02	4.83	91.98	3.52	0.74	1.83	1.93	100.00	2780	76
3001—3500	18	3.68	2.88	90.94	2.74	1.32	2.34	2.66	100.00	3170	86
3501—4000	2	3.00	2.09	82.94			0.65	16.41	100.00	3846	87
4001 & above											
all groups	115	4.98	3.99	87.61	3.81	1.85	3.23	3.50	100.00	2291	63

Calorie and Protein Values of Food Items in Rural Areas

TABLE (1.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	4	4.20	3.22	66.75	6.08	4.85	6.71	15.61	100.00	1058	25
1501—1700	1	2.00	1.71	81.26	..	2.40	5.38	10.96	100.00	1631	41
1701—1900	8	5.97	4.91	78.87	3.18	8.05	5.21	4.69	100.00	1833	54
1901—2100	10	5.39	4.42	83.82	3.78	2.99	4.52	4.89	100.00	1991	56
2101—2300	18	4.97	4.08	84.64	3.34	2.40	4.86	4.76	100.00	2158	85
2301—2500	19	6.01	4.88	86.69	4.12	2.31	3.52	3.36	100.00	2374	62
2501—2700	24	4.36	3.52	86.99	3.79	1.72	2.96	4.54	100.00	2620	71
2701—3000	25	4.27	3.36	89.67	2.80	1.28	3.21	3.04	100.00	2851	74
3001—3500	25	4.41	3.40	87.59	3.20	1.81	4.02	3.38	100.00	3232	84
3501—4000	4	3.01	2.33	93.28	0.55	0.68	1.77	3.72	100.00	3870	92
4001 & above	6	3.34	2.44	92.42	1.55	1.99	1.46	2.58	100.00	4642	124
all groups	144	4.67	3.74	86.67	3.27	2.30	3.71	4.05	100.00	2529	67

TABLE (1.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State: ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	7.50	6.47	67.82	6.59	9.93	8.72	6.94	100.00	1063	30
1501—1700	1	8.00	6.35	78.14	4.94	2.70	8.59	5.63	100.00	1650	43
1701—1900	7	6.74	5.52	85.45	3.60	3.80	3.16	3.99	100.00	1841	49
1901—2100	13	4.69	3.72	79.04	4.00	4.43	5.23	7.30	100.00	1950	47
2101—2300	16	5.46	4.52	81.94	5.72	4.13	3.77	4.44	100.00	2190	56
2301—2500	17	4.49	3.61	76.63	5.93	6.00	6.21	5.23	100.00	2420	67
2501—2700	24	5.47	4.29	82.06	4.55	4.48	4.73	4.18	100.00	2607	68
2701—3000	23	4.08	3.32	86.88	4.21	2.51	3.15	3.25	100.00	2893	78
3001—3500	50	4.37	3.48	87.39	4.32	1.76	3.10	3.43	100.00	3206	85
3501—4000	19	3.84	2.71	86.43	4.02	3.64	2.53	3.38	100.00	3775	102
4001 & above	22	2.96	2.06	53.70	7.13	1.12	1.76	36.29	100.00	8201	273
all groups	194	4.47	3.55	78.16	5.05	3.00	3.45	10.34	100.00	3049	85

Calorie and Protein Values of Food Items in Rural Areas

TABLE (1.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto -1500	1	10.00	9.09	74.05	8.46	8.37	5.18	3.94	100.00	1437	35
1501—1700											
1701—1900	1	7.00	6.42	79.65	5.03	7.58	5.21	2.53	100.00	1796	42
1901—2100	5	2.97	2.69	84.79	5.27	1.82	3.74	4.38	100.00	2011	58
2101—2300	5	4.32	3.47	80.26	5.22	4.91	4.70	4.61	100.00	2170	61
2301—2500	15	4.54	3.60	81.92	4.24	4.09	3.71	6.04	100.00	2454	68
2501—2700											
2701—3000	19	4.51	3.63	80.58	5.78	5.22	4.38	4.04	100.00	2912	81
3001—3500	30	4.77	3.91	80.60	6.02	5.59	4.06	3.73	100.00	3237	87
3501—4000	28	4.37	3.46	84.93	4.89	2.72	3.62	3.84	100.00	3667	95
4001 & above	27	2.90	2.16	72.26	3.74	1.98	2.39	19.63	100.00	5433	147
all groups	131	4.13	3.30	79.83	5.01	3.78	3.59	7.79	100.00	3416	92

TABLE (1.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500
1501—1700	4	2.00	1.66	80.25	2.68	10.98	3.84	2.25	100.00	1648	41
1701—1900
1901—2100	1	8.00	6.81	78.52	3.45	4.77	7.69	5.57	100.00	2007	47
2101—2300
2301—2500	6	5.04	4.27	79.24	5.43	4.88	4.55	5.90	100.00	2403	77
2501—2700	7	5.56	4.44	82.30	4.93	5.70	3.72	3.35	100.00	2590	69
2701—3000	13	4.69	3.77	76.50	4.85	8.15	5.08	5.42	100.00	2891	80
3001—3500	16	4.12	3.33	77.93	7.16	3.90	4.07	6.94	100.00	3315	90
3501—4000	24	3.95	3.18	79.31	7.50	5.47	4.06	3.66	100.00	3741	104
4001 & above	44	3.62	2.88	79.72	5.38	4.16	3.74	7.00	100.00	4824	131
all group	112	4.09	3.29	79.11	6.06	5.00	4.08	5.75	100.00	3656	101

Calorie and Protein Values of Food Items in Rural Areas

TABLE (1.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 75-100

Calorie intake per diem per consumer unit	no. of sample households	average house hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500
1501—1700
1701—1900
1901—2100
2101—2301
2301—2500
2501—2700	2	4.01	3.04	77.39	4.55	6.59	5.02	6.45	100.00	2622	63
2701—3000	4	6.54	5.21	77.53	5.96	7.35	4.34	4.82	100.00	2860	74
3001—3500	1	3.00	2.43	63.16	20.48	6.74	5.36	4.26	100.00	3449	117
3501—4000	5	4.16	3.30	68.33	10.29	8.86	4.74	7.78	100.00	3683	95
4001 & above	23	3.51	2.71	78.55	5.45	5.05	3.95	7.00	100.00	5322	141
all groups	35	3.99	3.11	76.86	6.35	5.91	4.18	6.70	100.00	4319	113

TABLE (1.10)(R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500
1501—1700		
1701—1900			
1901—2100					
2101—2300			
2301—2500	1	6.00	5.10	87.22	5.83	0.89	3.52	2.54	100.00	2343	54
2501—2700						
2701—3000	2	1.00	0.98	2.37	2.12	2.09	..	93.42	100.00	2864	71
3001—3500	1	4.00	3.60	59.47	2.96	15.46	7.84	14.27	100.00	3200	86
3501—4000	5	5.31	4.23	65.12	12.03	5.51	10.61	6.73	100.00	3788	95
4001 & above	21	2.77	2.21	71.91	10.38	6.90	5.45	5.36	100.00	6759	186
all groups	30	3.02	2.44	69.05	10.31	6.58	6.26	7.80	100.00	5585	150

Calorie and Protein Values of Food Items in Rural Areas

TABLE (2.0/CR) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 156

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	15	5.76	4.38	86.71	3.75	1.85	3.83	3.86	100.00	1273	34
1501—1700	13	6.39	5.08	87.41	2.61	3.06	3.34	3.58	100.00	1608	42
1701—1900	18	6.26	5.09	86.39	4.18	2.38	4.38	2.67	100.00	1836	48
1901—2100	27	6.15	5.01	87.21	2.97	2.61	3.43	3.78	100.00	2005	51
2101—2300	50	6.21	4.97	85.84	3.60	3.73	4.15	2.68	100.00	2201	56
2301—2500	53	5.88	4.69	85.47	3.84	3.11	4.44	3.14	100.00	2408	62
2501—2700	53	6.13	4.92	85.54	4.68	3.41	3.69	2.68	100.00	2578	68
2701—3000	55	5.40	4.36	86.59	3.78	3.43	3.30	2.90	100.00	2837	73
3001—3500	68	6.02	4.81	86.50	3.50	3.94	3.75	2.31	100.00	3168	80
3501—4000	30	5.76	4.60	86.36	3.46	4.90	3.20	2.08	100.00	3706	94
4001 & above	31	5.34	4.22	84.74	3.44	5.94	3.25	2.63	100.00	4565	121
all groups	413	5.90	4.72	86.08	3.69	3.79	3.70	2.74	100.00	2665	69

TABLE (2.1)(R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	5.00	3.85	89.73	3.36		2.26	4.65	100.00	862	21
1501—1700											
1701—1900											
1901—2100											
2101—2300											
2301—2500											
2501—2700											
2701—3000											
3001—3500											
3501—4000											
4001 & above											
all groups	1	5.00	3.85	89.73	3.36		2.26	4.65	100.00	862	21

Calorie and Protein Values of Food Items in Rural Areas

TABLE (2-2/R) : PERCENTAGE (0-100) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	7	6.24	4.80	88.89	2.52	1.22	3.43	3.94	100.00	1272	33
1501—1700	5	7.67	5.93	87.99	1.33	3.60	3.04	4.04	100.00	1607	39
1701—1900	1	6.00	4.48	94.70	1.37	..	1.84	2.09	100.00	1822	41
1901—2100
2101—2300	2	7.12	5.28	90.16	3.25	0.83	4.14	1.62	100.00	2205	50
2301—2500
2501—2700
2701—3000
3001—3500
3501—4000
4001 & above
all groups	15	6.79	5.22	88.84	1.97	2.22	3.22	3.75	100.00	1473	36

National Sample Survey

TABLE (2-3/R) : PERCENTAGE (0-00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	3	4.89	3.76	82.58	5.20	4.16	4.46	3.60	100.00	1452	41
1501—1700	1	8.00	6.96	94.20	1.08	0.74	2.83	1.15	100.00	1521	36
1701—1900	4	5.28	4.24	90.62	2.05	1.04	3.96	2.33	100.00	1778	42
1901—2100	3	9.87	8.10	91.59	2.04	1.91	2.41	2.05	100.00	2030	51
2101—2300
2301—2500	1	4.00	2.79	88.11	3.51	1.08	4.61	2.69	100.00	2332	58
2501—2700	1	4.00	2.97	91.32	3.05	..	4.00	1.63	100.00	2525	59
2701—3000
3001—3500
3501—4000
4001 & above
all groups	13	5.99	4.79	89.62	2.68	1.85	3.49	2.36	100.00	1780	44

Calorie and Protein Values of Food Items in Rural Areas

TABLE (2.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	4.43	3.40	73.29	8.28	4.43	6.26	2.74	100.00	1409	44
1501—1700	5	5.45	4.34	86.15	4.27	2.31	3.73	3.54	100.00	1624	46
1701—1900	5	5.35	4.40	87.02	3.43	3.38	3.33	2.84	100.00	1812	48
1901—2100	8	6.29	5.01	88.26	3.26	2.51	3.19	2.78	100.00	1990	49
2101—2300	5	4.39	3.65	91.19	1.68	1.82	2.77	2.54	100.00	2165	55
2301—2500	9	8.03	6.10	89.41	3.63	1.48	3.36	2.12	100.00	2394	64
2501—2700	2	5.03	3.89	87.42	3.93	1.74	3.04	3.87	100.00	2537	66
2701—3000	1	2.00	1.58	90.88	1.33	0.64	3.50	3.65	100.00	2711	62
3001—3500								..			
3501—4000											
4001 & above				
all groups	37	6.14	4.83	88.49	3.48	2.04	3.32	2.67	100.00	2103	55

TABLE(2.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	6.00	4.56	85.71	4.09	1.03	2.38	6.79	100.00	1384	38
1501—1700	2	3.00	2.79	80.28	7.33	5.40	4.59	2.40	100.00	1639	50
1701—1900	7	7.49	6.13	84.28	5.32	2.72	4.93	2.75	100.00	1863	50
1901—2100	7	5.91	4.99	88.45	2.03	2.37	2.79	4.66	100.00	2010	54
2101—2300	22	6.25	4.87	86.47	2.96	4.08	3.44	3.05	100.00	2212	56
2301—2500	11	4.98	3.89	86.67	3.46	2.76	4.92	2.19	100.00	2427	59
2501—2700	12	5.71	4.39	87.19	4.55	1.93	3.97	2.36	100.00	2560	67
2701—3000	7	7.44	5.79	89.23	2.65	2.89	2.59	2.64	100.00	2801	72
3001—3500	1	1.00	0.50	78.61	1.65	3.46	6.93	9.35	100.00	3461	93
3501—4000	--	--	--	--	--	
4001 & above	--	--				
all groups	70	6.05	4.78	86.95	3.43	3.01	3.70	2.91	100.00	2290	59

Calorie and Protein Values of Food Items in Rural Areas

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TABLE (2.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM)PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITAL MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	6.00	4.27	83.25	6.35	2.05	5.36	2.99	100.00	1311	32
1501—1700
1701—1900	1	2.00	1.71	77.29	5.25	3.88	9.33	4.25	100.00	1880	61
1901—2100	6	4.17	3.25	79.22	4.94	4.28	6.71	4.85	100.00	2010	55
2101—2300	17	6.71	5.54	84.17	4.56	3.92	5.11	2.24	100.00	2200	56
2301—2500	20	6.02	4.98	86.80	3.17	2.95	4.74	2.34	100.00	2402	60
2501—2700	22	7.21	5.83	87.64	4.04	2.70	3.24	2.38	100.00	2582	66
2701—3000	22	6.33	5.07	87.07	3.65	3.53	3.37	2.38	100.00	2799	72
3001—3500	22	7.78	5.95	89.30	3.47	2.85	2.81	1.57	100.00	3158	80
3501—4000	4	7.21	5.36	91.15	4.05	1.31	1.95	1.54	100.00	3726	94
4001 & above	3	5.48	4.12	95.61	0.92	0.88	1.44	1.15	100.00	4390	102
all groups	118	6.72	5.34	87.82	3.68	2.95	3.48	2.07	100.00	2742	70

TABLE (2.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample-households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm.)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500												
1501—1700						
1701—1900							
1901—2100	1	7.00	6.07	86.94	2.90	1.74	3.81	4.61	100.00	1945	50	
2101—2300	3	3.67	3.16	81.98	5.79	1.01	6.73	4.49	100.00	2137	53	
2301—2500	6	5.22	4.26	78.89	6.34	6.16	5.08	3.53	100.00	2427	68	
2501—2700	10	6.99	5.87	80.81	5.20	6.65	4.21	3.13	100.00	2599	71	
2701—3000	15	4.36	3.58	84.71	3.91	3.50	3.80	4.08	100.00	2910	75	
3001—3500	20	6.35	5.24	87.37	2.76	3.51	3.78	2.58	100.00	3176	78	
3501—4000	8	6.41	5.06	86.49	3.17	5.87	2.69	1.78	100.00	3635	93	
4001 & above	3	7.57	6.09	91.13	3.28	2.01	1.94	1.64	100.00	5067	128	
all groups	66	5.82	4.77	85.33	3.70	4.38	3.75	2.84	100.00	3041	78	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (2.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500
1501—1700
1701—1900
1901—2100	2	6.00	4.83	75.00	5.66	4.35	6.70	8.29	100.00	2087	54
2101—2300	1	14.00	10.08	83.93	4.84	4.78	4.23	2.22	100.00	2110	55
2301—2500	3	6.41	5.38	81.70	4.42	6.25	4.98	2.65	100.00	2398	60
2501—2700	4	3.70	2.94	74.82	10.06	6.54	4.51	4.07	100.00	2598	77
2701—3000	8	4.17	3.52	85.52	5.42	2.68	3.11	3.27	100.00	2922	74
3001—3500	13	4.46	3.64	80.30	4.60	5.67	6.26	3.17	100.00	3168	82
3501—4000	15	4.79	4.01	84.06	3.10	6.13	4.06	2.65	100.00	3738	96
4001 & above	13	6.23	4.95	84.33	4.21	6.80	2.93	1.73	100.00	4290	120
all groups	59	4.96	4.05	82.95	4.45	5.79	4.12	2.69	100.00	3433	91

TABLE (2.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample-households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700							
1701—1900					
1901—2100			
2101—2300			
2301—2500	2	1.00	1.01						100.00	100.00	2403 60
2501—2700	1	1.00	1.00	83.77	2.20	5.37	5.93	2.73	100.00	2531	75
2701—3000	1	1.00	1.00	63.27	7.90	20.40	5.18	3.25	100.00	2894	91
3001—3500	7	3.36	2.93	79.64	4.65	7.84	4.29	3.58	100.00	3162	86
3501—4000	2	5.51	4.91	80.33	5.76	7.95	3.56	2.40	100.00	3870	103
4001 & above	7	5.30	4.09	82.77	2.78	6.51	3.91	4.03	100.00	5042	129
all groups	20	3.64	3.03	80.20	3.54	7.24	4.00	5.02	100.00	4120	108

Calorie and Protein Values of Food Items in Rural Areas

TABLE (2.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500
1501—1700
1701—1900
1901—2100
2101—2300
2301—2500	1	1.00	1.00	100.00	100.00	2400	60
2501—2700	1	1.00	1.00	62.81	6.31	8.61	16.68	5.59	100.00	2697	99
2701—3000	1	1.00	0.95	70.22	6.22	4.04	8.12	11.40	100.00	2915	86
3001—3500	5	2.56	2.19	73.73	5.73	11.59	4.74	4.21	100.00	3287	97
3501—4000	1	4.00	3.45	76.68	5.37	6.99	9.33	1.63	100.00	3807	96
4001 & above	5	2.48	2.13	73.61	4.76	9.64	6.35	5.64	100.00	4494	127
all groups	14	2.32	2.02	72.25	5.06	9.61	6.32	6.76	100.00	3861	110

TABLE (3.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 384

Calorie and Protein Values of Food Items in Rural Areas

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calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	69	6.74	5.41	89.63	3.79	0.99	1.70	3.89	100.00	1211	38
1501—1700	55	5.73	4.65	89.48	5.05	1.23	1.99	2.25	100.00	1575	45
1701—1900	55	5.92	4.62	89.84	5.22	1.01	2.19	1.74	100.00	1785	54
1901—2100	54	6.69	5.37	89.46	4.59	1.83	2.35	1.77	100.00	2011	58
2101—2300	69	6.44	5.13	88.65	5.65	1.48	2.19	2.03	100.00	2200	66
2301—2500	75	6.36	5.04	87.66	5.02	3.25	1.89	2.18	100.00	2401	73
2501—2700	69	5.43	4.39	88.19	4.67	1.57	2.38	3.19	100.00	2602	78
2701—3000	100	5.53	4.36	87.18	6.45	2.21	2.09	2.07	100.00	2832	87
3001—3500	141	5.42	4.29	86.18	6.21	3.09	2.54	1.98	100.00	3197	97
3501—4000	99	5.27	4.18	86.38	5.28	3.51	2.30	2.53	100.00	3750	112
4001 & above	152	5.06	4.02	82.74	8.10	3.83	3.03	2.30	100.00	4949	153
all groups	938	5.77	4.60	86.59	6.05	2.68	2.40	2.28	100.00	2732	83

TABLE (3.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . .	46	6.60	5.27	90.89	2.81	1.09	1.63	3.58	100.00	1130	34
1501—1700 . . .	13	6.32	4.91	92.99	2.30	0.82	1.40	2.49	100.00	1583	43
1701—1900 . . .	9	5.10	3.78	97.68	0.60		1.04	0.68	100.00	1784	46
1901—2100 . . .	4	7.25	5.25	90.60	5.78	0.50	1.15	1.97	100.00	1948	64
2101—2300 . . .	1	5.00	3.63	92.81	2.82	0.67	0.92	2.78	100.00	2243	74
2301—2500 . . .											
2501—2700 . . .											
2701—3000 . . .											
3001—3500 . . .											
3501—4000 . . .											
4001 & above . . .											
all groups	73	6.39	5.00	92.19	2.65	0.84	1.47	2.85	100.00	1320	39

TABLE (3.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT BY AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . .	20	6.51	5.31	90.28	4.24	0.95	1.91	2.62	100.00	1346	40
1501—1700 . . .	31	5.73	4.75	90.26	5.50	0.66	1.86	1.72	100.00	1563	45
1701—1900 . . .	25	5.71	4.42	88.60	7.42	0.35	1.62	2.01	100.00	1787	60
1901—2100 . . .	20	6.46	5.13	92.72	3.88	0.31	1.54	1.55	100.00	1996	59
2101—2300 . . .	18	4.89	3.75	94.13	2.11	0.32	1.67	1.77	100.00	2223	64
2301—2500 . . .	18	5.94	4.63	85.23	4.69	7.16	1.28	1.64	100.00	2368	76
2501—2700 . . .	7	5.01	3.79	91.96	5.18	0.25	1.56	1.05	100.00	2599	78
2701—3000 . . .	3	5.20	3.60	91.63	4.87	0.38	1.11	2.01	100.00	2754	90
3001—3500 . . .	1	4.00	2.92	91.94	4.68		0.76	2.62	100.00	3363	113
3501—4000 . . .	1	1.00	0.50	91.77			1.95	6.28	100.00	3696	120
4001 & above . . .											
all groups	144	5.81	4.60	90.08	4.81	1.72	1.59	1.80	100.00	1898	57

Calorie and Protein Values of Food Items in Rural Areas

TABLE (3.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	8.95	7.14	80.28	8.52	0.57	1.47	9.16	100.00	1425	53
1501—1700	7	4.95	2.63	82.72	7.51	3.29	3.93	2.55	100.00	1589	46
1701—1900	10	6.68	5.38	91.65	3.37	0.87	2.63	1.48	100.00	1801	53
1901—2100	8	5.34	4.36	91.39	3.24	1.27	2.12	1.98	100.00	2015	55
2101—2300	14	5.83	4.74	87.58	8.03	0.28	1.56	2.55	100.00	2201	67
2301—2500	9	7.09	5.31	88.90	6.43	1.16	1.93	1.58	100.00	2359	73
2501—2700	9	6.09	5.05	94.92	1.24	0.50	1.59	1.75	100.00	2622	74
2701—3000	7	4.67	3.50	93.49	3.48	1.22	1.22	0.59	100.00	2780	84
3001—3500	6	7.38	5.68	95.42	3.23	0.11	0.93	0.31	100.00	3200	115
3501—4000	1	3.00	2.19	93.17	4.60		1.85	0.38	100.00	3695	125
4001 & above											
all groups	73	6.14	4.87	90.67	4.77	0.80	1.81	1.95	100.00	2229	69

TABLE (3.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	9.00	7.42	94.70	0.58	0.49	3.09	1.14	100.00	1308	34
1501—1700	2	5.26	4.37	85.33	5.27	3.21	1.55	4.64	100.00	1625	45
1701—1900	5	8.13	6.43	84.30	6.46	4.39	3.44	1.41	100.00	1754	57
1901—2100	16	6.73	5.53	85.50	5.90	3.37	3.28	1.95	100.00	2029	58
2101—2300	20	7.14	5.77	88.52	5.96	1.32	2.42	1.78	100.00	2191	63
2301—2500	14	6.84	5.43	90.93	3.42	1.30	1.86	2.49	100.00	2407	74
2501—2700	14	7.68	5.92	88.78	5.27	2.34	2.24	1.37	100.00	2584	83
2701—3000	17	6.04	4.68	89.26	6.39	0.70	1.46	2.19	100.00	2796	79
3001—3500	10	3.80	2.82	90.44	6.10	0.38	1.40	1.68	100.00	3178	102
3501—4000	3	1.56	0.86	88.25	4.16		3.18	4.41	100.00	3611	111
4001 & above									
all groups	102	6.45	5.12	88.68	5.49	1.65	2.15	2.03	100.00	2375	70

Calorie and Protein Values of Food Items in Rural Areas

TABLE (3.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500
1501—1700	2	6.26	5.03	78.88	10.01	3.32	3.28	4.51	100.00	1564	50
1701—1900	4	4.62	3.80	74.12	6.80	10.80	2.35	5.93	100.00	1831	56
1901—2100	5	8.89	7.17	88.35	3.82	3.04	3.05	1.74	100.00	2040	56
2101—2300	14	7.67	6.03	86.20	5.55	3.63	2.52	2.10	100.00	2195	72
2301—2500	20	6.26	5.03	88.78	5.23	1.54	2.70	1.75	100.00	2431	71
2501—2700	20	5.45	4.47	88.05	5.61	1.92	2.28	2.14	100.00	2609	79
2701—3000	35	5.54	4.45	86.42	7.78	1.95	2.16	1.69	100.00	2861	39
3001—3500	31	5.44	4.28	88.33	6.74	1.41	2.16	1.36	100.00	3196	92
3501—4000	10	5.69	4.33	92.90	3.41	0.86	1.24	1.59	100.00	3675	100
4001 & above	5	7.35	5.43	87.54	8.63	1.64	1.49	0.70	100.00	4324	149
all groups	146	5.98	4.75	87.81	6.36	1.93	2.22	1.68	100.00	2796	85

TABLE (3.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample-house-holds	average house-hold size	no. of consumer units per house-hold	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700 . .											
1701—1900 . .	2	5.70	4.50	82.46	8.01	1.84	5.23	2.46	100.00	1718	54
1901—2100 . .											
2101—2300 . .	2	4.79	3.86	84.05	6.28	0.12	5.87	3.68	100.00	2226	72
2301—2500 . .	7	7.96	6.69	82.06	8.38	5.33	1.58	2.65	100.00	2430	70
2501—2700 . .	12	4.03	3.45	84.65	5.68	1.49	4.50	3.68	100.00	2603	71
2701—3000 . .	24	5.26	4.23	87.78	4.94	2.03	2.73	2.52	100.00	2858	81
3001—3500	53	6.04	4.78	85.62	5.50	4.17	2.87	1.84	100.00	3156	95
3501—4000 . .	38	5.62	4.51	89.30	4.97	1.92	1.73	2.08	100.00	3742	115
4001 & above . .	20	4.60	3.51	86.95	7.08	2.42	2.00	1.55	100.00	4426	144
all groups	158	5.51	4.39	86.78	5.75	2.94	2.48	2.05	100.00	3305	100

Calorie and Protein Values of Food Items in Rural Areas

TABLE (3.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : BIHAR Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample-households	average house-hold size	no. of consumer units per house hold	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500											
1501—1700											
1701—1900											
1901—2100	1	4.00	3.48	76.14	6.56	10.79	4.34	2.17	100.00	1984	68
2101—2300											
2301—2500	5	4.98	4.03	86.00	5.75	0.38	2.04	5.83	100.00	2450	62
2501—2700	4	2.24	1.93	53.19	3.10	1.25	2.47	39.99	100.00	2577	65
2701—3000	8	5.59	4.63	79.20	6.06	8.41	3.09	3.24	100.00	2863	92
3001—3500	25	4.98	4.00	82.31	7.64	4.37	3.10	2.58	100.00	3257	100
3501—4000	26	5.77	4.51	81.46	6.64	6.63	2.99	2.28	100.00	3790	112
4001 & above	47	5.67	4.55	85.76	8.83	1.92	2.22	1.27	100.00	4423	138
all groups	116	5.37	4.30	83.67	7.90	3.57	2.58	2.28	100.00	3812	116

TABLE (3.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500												
1501—1700												
1701—1900												
1901—2100												
2101—2300												
2301—2500		2	2.38	2.25	79.57	5.06	11.42	2.01	1.94	100.00	2417	67
2501—2700		2	1.00	0.96	21.66	3.19		1.71	73.44	100.00	2525	63
2701—3000		4	5.29	4.51	78.34	8.09	6.39	3.86	3.32	100.00	2799	94
3001—3500		12	3.46	2.97	73.25	7.08	7.63	3.82	8.22	100.00	3321	101
3501—4000		15	4.88	3.98	82.14	5.07	5.25	3.64	3.90	100.00	3763	110
4001 & above		48	4.98	4.03	80.73	7.74	6.13	2.44	2.96	100.00	4850	150
all groups		83	4.65	3.82	80.14	7.23	6.15	2.79	3.69	100.00	4322	133

Calorie and Protein Values of Food Items in Rural Areas

TABLE (3.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR Per capita monthly expenditure group Rs. 75-100

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500											
1501—1700 . . .											
1701—1900 . . .											
1901—2100											
2101—2300											
2301—2500 . . .											
2501—2700											
2701—3000	1	13.00	10.92	70.59	3.57	20.40	3.83	1.61	100.00	2867	92
3001—3500 . . .	3	4.83	4.62	70.30	14.34	6.83	5.09	3.44	100.00	3361	112
3501—4000	4	1.64	1.52	63.65	8.01	3.42	2.97	21.95	100.00	3772	113
4001 & above . . .	19	3.58	2.92	80.07	9.38	4.46	3.51	2.58	100.00	6221	198
all groups	27	3.61	3.01	78.63	9.43	5.07	3.60	3.27	100.00	5607	178

TABLE (3.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

5-16GSO/ND/76

State : BIHAR

Per capita monthly expenditure group Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500											
1501—1700	..										
1701—1900							
1901—2100					
2101—2300								
2301—2500									
2501—2700	1	1.00	1.00		..				100.00	100.00	2654 61
2701—3000	1	1.00	1.00	11.41	..	2.33			86.26	100.00	2862 67
3001—3500						
3501—4000	1	1.00	1.00	81.77	6.03	1.05	4.00	7.15	100.00	3747	107
4001 & above	13	5.34	4.26	72.74	6.30	6.28	9.21	5.47	100.00	9342	241
all groups	16	4.60	3.71	71.98	6.23	6.20	9.09	6.50	100.00	9047	233

Calorie and Protein Values of Food Items in Rural Areas

TABLE (4.0/R)—PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita Montly expenditure group : all expenditure classes

No. of Sample villages : 162

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	per centage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	26	7.83	7.74	85.82	4.36	2.99	4.56	2.27	100.00	1079	32
1501—1700	15	5.64	4.43	76.88	6.33	6.22	6.93	3.64	100.00	1596	46
1701—1900	22	6.26	5.13	80.62	4.61	3.86	6.16	4.75	100.00	1826	54
1901—2100	39	5.67	4.60	76.65	5.80	4.60	7.54	5.41	100.00	2009	59
2101—2300	34	7.75	6.25	79.67	5.11	6.53	5.91	2.78	100.00	2196	64
2301—2500	39	5.88	4.82	79.58	5.02	6.40	6.17	2.83	100.00	2399	71
2501—2700	25	6.01	4.61	80.95	5.81	6.56	4.59	2.09	100.00	2610	80
2701—3000	60	5.89	4.74	78.87	5.68	7.41	5.93	2.11	100.00	2856	84
3001—3500	68	5.28	4.16	77.79	5.79	8.09	6.07	2.26	100.00	3230	94
3501—4000	40	4.84	3.83	76.52	6.23	8.37	6.07	2.81	100.00	3742	107
4001 & above	103	3.99	3.19	75.61	6.16	9.76	6.16	2.31	100.00	4865	138
all groups	471	5.52	4.19	78.24	5.66	7.16	6.08	2.86	100.00	2822	82

TABLE (4.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 00-15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
				(5)	(6)	(7)	(8)	(9)	(10)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
utpo—1500	13	7.27	5.79	88.13	3.13	1.79	4.24	2.71	100.00	1213	37
1501—1700	1	6.00	4.53	90.99	0.78	2.34	3.15	2.74	100.00	1576	47
1701—1900	1	5.00	3.61	90.67	1.78	2.81	2.39	2.35	100.00	1737	53
1901—2100								
2101—2300										
2301—2500						
2501—2700									
2701—3000										
3001—3500											
3501—4000											
4001 & above	1	1.00	0.50	70.34	2.93	12.56	11.35	2.82	100.00	7928	47
all groups	16	6.80	5.37	87.90	2.95	2.16	4.29	2.70	100.00	1275	39

Calorie and Protein Values of Food Items in Rural Areas

TABLE (4.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 15-21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	10	8.87	10.86	85.36	4.47	3.87	4.68	1.62	100.00	936	28
1501—1700	2	5.95	4.77	88.54	2.73	3.13	3.28	2.32	100.00	1580	49
1701—1900	9	6.21	5.19	87.65	2.61	2.13	5.43	2.18	100.00	1825	54
1901—2100	6	7.10	5.49	85.90	2.54	5.23	4.01	2.32	100.00	1995	62
2101—2300	2	10.36	8.22	83.89	9.12	2.76	2.58	1.65	100.00	2207	72
2301—2500	4	5.14	3.94	92.23	1.35	1.16	3.62	1.64	100.00	2333	72
2501—2700	1	8.00	6.12	93.59	1.06	1.31	1.82	2.22	100.00	2693	85
2701—3000	1	17.00	12.72	87.84	4.92	2.87	2.58	1.79	100.00	2739	92
3001—3500	1	7.00	5.59	91.01	0.58	0.07	0.77	0.57	100.00	3489	88
3501—4000											
4001 & above											
all groups	36	6.95	6.42	88.22	2.80	2.96	4.09	1.93	100.00	1621	49

TABLE (4.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
				(6)	(6)	(7)	(8)	(9)			
(1)	(2)	(3)	(4)	(6)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	5.00	4.32	81.94	7.12		7.18	3.76	100.00	1451	43
1501—1700	2	10.71	8.54	73.07	6.16	7.88	10.59	2.30	100.00	1665	41
1701—1900	4	7.77	6.41	83.07	5.08	4.98	4.95	1.92	100.00	1762	54
1901—2100	7	4.93	4.07	81.20	4.12	3.87	8.37	2.44	100.00	1983	57
2101—2300	2	7.34	5.82	73.55	8.26	7.13	9.41	1.65	100.00	2134	65
2301—2500	5	6.98	5.65	87.88	5.35	1.99	2.83	1.95	100.00	2406	74
2501—2700	4	6.04	4.77	88.16	6.29	1.64	1.99	1.92	100.00	2599	84
2701—3000	1	8.00	6.50	85.61	0.63	2.66	9.79	1.31	100.00	2829	76
3001—3500	1	4.00	2.68	84.63	3.45	3.53	7.21	1.18	100.00	3105	90
3501—4000											
4000 & above											
all groups	27	6.37	5.15	84.63	5.19	3.14	5.05	1.99	100.00	2218	67

TABLE (4.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group Rs. 24-28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	7.00	6.00	83.94	9.26	0.47	3.55	2.78	100.00	1407	39
1501—1700	6	5.67	4.49	77.40	5.90	6.70	6.22	3.78	100.00	1562	46
1701—1900	3	5.42	4.50	73.19	6.33	6.48	11.64	2.36	100.00	1877	52
1901—2100	10	5.66	4.47	79.15	8.15	5.09	5.20	2.41	100.00	2011	60
2101—2300	11	8.75	6.92	83.38	3.66	6.76	4.34	1.86	100.00	2240	66
2301—2500	6	6.64	5.19	79.40	3.23	6.28	7.84	3.25	100.00	2390	70
2501—2700	6	6.04	4.52	84.77	2.83	6.66	4.30	1.44	100.00	2624	80
2701—3000	9	6.67	5.38	83.52	3.64	7.36	3.74	1.74	100.00	2833	88
3001—3500	4	5.98	4.48	83.92	3.90	7.49	3.42	1.27	100.00	3137	97
3501—4000	1	9.00	7.08	92.48	2.21	3.32	1.17	0.82	100.00	3629	115
4001 & above											
all groups	57	6.52	5.13	82.39	4.24	6.33	4.98	2.06	100.00	2366	71

TABLE (4.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group Rs. 28-34

Calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group					average intake per diem per consumer unit				
				I	II	III	IV	V	total	calorie	protein (gm)		
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)		
upto—1500	.	.	.										
1501—1700	2	5.71	5.18	73.28	10.57	5.46	7.68	3.01	100.00	1638	47		
1701—1900	4	6.64	5.13	73.53	4.36	4.11	5.12	12.88	100.00	1846	52		
1901—2100	6	3.57	2.96	76.84	8.95	4.21	7.32	2.68	100.00	2070	59		
2101—2300	10	6.80	5.78	79.93	3.89	5.12	8.26	2.80	100.00	2178	58		
2301—2500	13	4.59	3.92	79.37	5.41	5.82	7.03	2.37	100.00	2383	68		
2501—2700	4	5.05	3.67	79.13	5.38	4.97	7.75	2.77	100.00	2622	80		
2701—3000	16	4.84	3.92	82.61	4.71	5.49	4.94	2.25	100.00	2805	86		
3001—3500	10	5.34	4.20	81.01	6.23	5.62	5.09	2.05	100.00	3264	100		
3501—4000	3	5.30	3.71	81.91	8.50	2.73	4.51	2.35	100.00	3716	122		
4001 & above	1	9.00	6.54	92.33	1.28	4.48	1.10	0.81	100.00	4156	125		
all groups	69	5.23	4.21	80.74	5.30	5.15	5.87	2.94	100.00	2616	77		

Calorie and Protein Values of Food Items in Rural Areas

TABLE (4.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto— 1500	1	9.00	7.14	32.92	8.31	35.74	15.60	7.43	100.00	1347	31
1501—1700	2	4.24	2.90	61.41	11.11	9.06	12.30	6.12	100.00	1682	49
1701—1900	1	5.00	4.48	71.39	13.78	3.82	3.64	7.37	100.00	1841	64
1901—2100	6	6.09	5.03	68.93	5.75	2.50	8.48	14.34	100.00	2029	55
2101—2300	9	7.59	6.02	76.32	6.88	7.47	5.44	3.89	100.00	2175	65
2301—2500	5	7.99	6.32	76.22	5.87	7.30	7.13	3.48	100.00	2450	70
2501—2700	8	6.43	5.14	69.69	11.38	11.27	5.03	2.63	100.00	2572	78
2701—3000	17	6.69	5.32	76.53	8.17	6.35	7.15	1.80	100.00	2904	84
3001—3500	20	5.06	3.89	79.21	5.42	7.57	5.60	2.20	100.00	3136	92
3501—4000	4	3.25	2.58	80.97	6.27	7.20	3.88	1.68	100.00	3775	117
4001 & above	7	3.55	2.77	87.13	3.16	4.33	3.97	1.41	100.00	4347	134
all groups	80	5.71	4.51	79.60	6.78	6.88	6.05	3.39	100.00	2766	81

TABLE (4.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500 . . .												
1501—1700
1701—1900												
1901—2100 . . .	3	6.43	5.44	68.99	6.94	6.03	12.37	5.67	100.00	1985	59	
2101—2300
2301—2500	4	5.63	4.57	72.14	5.77	8.79	8.51	4.79	100.00	2411	67	
2501—2700	1	5.00	4.21	73.71	4.85	12.26	5.60	3.58	100.00	2544	69	
2701—3000	9	5.58	4.35	76.37	4.95	11.01	5.37	2.30	100.00	2868	80	
3001—3500	15	6.24	5.23	75.06	5.88	9.54	6.98	2.54	100.00	3309	94	
3501—4000	17	5.75	4.53	75.85	6.22	9.79	6.61	1.53	100.00	3730	104	
4001 & above . . .	16	3.43	2.62	82.73	4.64	5.98	5.17	1.48	100.00	4798	142	
all groups	65	5.28	4.23	76.63	5.69	8.74	6.71	2.23	100.00	3406	97	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (4.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs- 55-75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit		
				I	II	III	IV	V		calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500											
1501—1700											
1701—1900											
1901—2100											
2101—2300											
2301—2500	2	6.22	5.60	67.48	7.97	13.75	7.07	3.73	100.00	2442	75	
2501—2700	1	7.00	5.64	64.96	11.03	8.51	13.83	1.67	100.00	2692	70	
2701—3000	3	5.64	4.96	67.76	4.45	15.76	9.72	2.31	100.00	2890	82	
3001—3500	11	5.70	4.57	74.70	6.87	8.08	7.59	2.76	100.00	3251	89	
3501—4000	12	3.86	3.16	73.08	6.64	7.86	6.85	5.57	100.00	3782	105	
4001 & above	29	4.58	3.54	75.39	5.97	10.29	6.31	2.04	100.00	4618	125	
all groups	58	4.80	3.90	73.52	6.39	10.16	6.86	3.07	100.00	3745	104	

TABLE (4.9/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita expenditure group : Rs- 75—100

calorie intake per diem per consumer unit	no. of Sample households	average house hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700											
1701—1900											
1901—2100 . .	1	5.00	4.09	75.98	4.84	6.30	9.10	3.78	100.00	2015	62
2101—2300 . .											
2301—2500 .											
2501—2700							
2701—3000 . .	3	5.33	4.33	77.87	5.45	7.11	5.14	4.43	100.00	2848	81
3001—3500 . . .	3	3.51	2.73	74.02	7.12	9.34	7.24	2.28	100.00	3350	90
3501—4000 . . .	3	4.07	3.23	67.11	6.51	12.94	8.33	5.11	100.00	3773	104
4001 & above .	31	3.82	3.34	72.41	7.95	10.51	6.59	2.54	100.00	4907	141
all groups	41	3.93	3.32	72.70	7.57	10.19	6.80	2.74	100.00	4260	123

Calorie and Protein Values of Food Items in Rural Areas

TABLE (4.10/(R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State: GUJARAT

Per capita monthly expenditure group : Rs-100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I.	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500												
1501—1700 . .												
1701—1900 . .												
1901—2100 . .												
2101—2300 . .												
2301—2500									
2501—2700							
2701—3000 . .	1	4.00	3.71	48.04	11.05	16.04	14.58	10.29	100.00	2773	97	
3001—3500 . .	3	6.73	5.27	63.95	5.36	19.58	8.03	3.08	100.00	3356	96	
3501—4000				
4001 & above . .	18	3.70	2.89	68.62	6.35	13.72	7.56	3.75	100.00	5894	165	
all groups . . .	22	3.98	3.13	67.87	6.33	14.30	7.71	3.79	100.00	5417	153	

TABLE (5.0)(R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group all expenditure classes

No. of sample villages : 61

calorie intake per diem per consumer unit	no. of sample house- hold	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	4.00	2.97	4.43		12.67		82.90	100.00	1008	24
1501—1700	2	11.30	8.81	90.39	6.17	0.89	1.61	0.94	100.00	1566	57
1701—1900											
1901—2100	10	6.68	5.55	91.34	2.54	2.70	1.65	1.77	100.00	2022	59
2101—2300	6	10.11	8.27	83.56	4.58	6.33	3.55	1.98	100.00	2158	68
2301—2500	6	9.39	7.32	84.15	1.97	11.34	0.68	1.86	100.00	2412	75
2501—2700	8	6.00	4.59	82.88	6.23	5.99	2.17	2.73	100.00	2593	83
2701—3000	16	6.54	5.09	82.85	3.85	8.78	1.96	2.56	100.00	2856	91
3001—3500	33	7.18	5.61	77.35	4.45	13.91	1.37	2.92	100.00	3206	105
3501—4000	22	6.93	5.49	80.51	4.32	11.04	1.46	2.67	100.00	3724	119
4001 & above	62	5.37	4.23	75.63	3.86	17.08	1.78	1.65	100.00	5516	169
all groups	166	6.57	5.17	78.70	4.00	13.36	1.69	2.25	100.00	3652	115

Calorie and Protein Values of Food Items in Rural Areas

TABLE (5.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State HARYANA

Per capita monthly expenditure group : Rs. 00—15

National Sample Survey

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group						average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm)		
				(1)	(2)	(3)	(4)	(5)	(6)			(7)	(8)
upto—1500
1501—1700	1	15.00	11.17	93.87	5.03	1.10	100.00	1680	62		
1701—1900		
1901—2100	2	8.68	6.81	89.12	2.54	3.86	3.03	1.45	100.00	2040	58		
2101—2300		
2301—2500		
2501—2700		
2701—3000		
3001—3500		
3501—4000		
4001 & above		
all groups	3	9.69	7.50	90.10	3.04	3.07	2.42	1.37	100.00	1955	59		

TABLE (5.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500		
1501—1700	1	10.00	7.99	88.49	6.79	1.38	2.49	0.85	100.00	1510	55
1701—1900											
1901—2100	3	7.67	6.80	93.16	1.58	1.83	1.28	2.15	100.00	2011	61
2101—2300	1	6.00	4.85	98.53	0.77			0.70	100.00	2136	67
2301—2500	1	8.00	6.46	91.31	..	1.62	3.89	3.18	100.00	2386	80
2501—2700	1	5.00	3.77	81.83	12.35		4.48	1.34	100.00	2663	90
2701—3000	1	6.00	3.72	86.93	5.58	3.60	1.35	2.54	100.00	2985	110
3001—3500											
3501—4000											
4001 & above					
all groups	8	7.32	5.94	91.29	3.11	1.68	1.92	2.00	100.00	2118	70

Calorie and Protein Values of Food Items in Rural Areas

TABLE (5.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food groups						average intake per diem per consumer unit				
				I	II	III	IV	V	total	calorie	protein (gm)			
				(5)	(6)	(7)	(8)	(9)	(10)					
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)			
upto—1500		
1501—1700		
1701—1900		
1901—2100	.	.	.	3	5.44	4.36	87.99	5.02	4.19	1.43	1.37	100.00	2032	60
2101—2300
2301—2500
2501—2700	.	.	.	1	7.00	5.65	93.58	3.44		2.00	0.98	100.00	2650	93
2701—3000	.	.	.	1	7.00	5.38	79.85	14.98	4.63		0.54	100.00	2879	90
3001—3500
3501—4000
4001 & above
all groups				5	6.08	4.85	88.04	6.67	2.91	1.31	1.07	100.00	2363	75

TABLE (5.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : HARYANA

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500												
1501—1700								
1701—1900								
1901—2100												
2101—2300	2	14.22	11.39	82.84	5.88	5.60	4.22	1.46	100.00	2154	66	
2301—2500	1	9.00	7.03	83.97	2.72	11.50		1.81	100.00	2423	70	
2501—2700	1	6.00	4.40	81.23	5.13	7.15	1.29	5.20	100.00	2640	87	
2701—3000	2	6.77	4.88	86.51	4.90	5.70	0.41	2.48	100.00	2892	90	
3001—3500	1	8.00	5.94	72.98	9.88	16.08		1.06	100.00	3009	101	
3501—4000	2	9.00	7.03	90.96	5.02	1.96	1.37	0.69	100.00	3700	123	
4001 & above												
all groups	9	9.12	7.02	84.20	5.60	6.94	1.60	1.66	100.00	2736	87	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (5.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit				
				I	II	III	IV	V	total	calorie	protein (gm)			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)			
upto—1500		
1501—1700		
1701—1900		
1901—2100		
2101—2300	.	.	.	2	9.00	7.59	80.49	4.57	10.70	2.72	1.52	100.00	2181	68
2301—2500	.	.	.	3	9.37	7.26	83.74	3.27	10.55	0.30	2.14	100.00	2399	75
2501—2700	.	.	.	1	6.00	4.16	73.01	4.32	17.08	2.79	2.80	100.00	2580	81
2701—3000	.	.	.	3	4.66	3.54	84.57	5.09	7.96	1.04	2.34	100.00	2831	90
3001—3500	.	.	.	4	8.13	6.47	84.09	3.70	9.04	0.66	2.51	100.00	3187	107
3501—4000	.	.	.	1	6.00	4.38	86.92	0.73	11.47		0.88	100.00	3630	117
4001 & above
all groups	14	7.53	5.87	83.03	3.71	10.13	0.93	2.20	100.00	2737	88			

TABLE (5.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 34—43

Calorie and Protein Values of Food Items in Rural Areas

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500	
1501—1700	
1701—1900	
1901—2100	.	1	1.00	0.80	91.72	7.17			1.11	100.00	2021	64
2101—2300	.	1	8.00	6.81	77.47	3.16	6.82	6.14	6.41	100.00	2153	73
2301—2500	.	1	11.00	8.45	80.70		18.75		0.55	100.00	2446	77
2501—2700	.	2	7.04	5.66	81.41	6.39	7.26	2.29	2.65	100.00	2571	74
2701—3000	.	3	4.33	3.70	75.30	4.09	10.59	7.12	2.90	100.00	2833	85
3001—3500	.	12	7.61	5.96	82.03	3.81	11.49	1.22	1.45	100.00	3210	103
3501—4000	.	7	7.54	5.88	87.78	4.20	5.16	1.41	1.45	100.00	3749	125
4001 & above	.	7	5.43	4.25	60.57	3.58	33.71	1.18	0.96	100.00	5014	118
all groups	.	34	6.59	5.21	76.78	3.78	16.18	1.73	1.53	100.00	3490	103

TABLE (5.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no- of sample household	average household size	no. of consumer units per households	percentage of calorie from food group						average intake per diem per consumer unit				
				I	II	III	IV	V	total	calorie	protein (gm)			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)			
upto—1500			
1501—1700			
1701—1900			
1901—2100	.	.	.	1	11.00	8.84	97.99	.	2.01	100.00	1995	57		
2101—2300		
2301—2500		
2501—2700	.	.	.	1	8.00	6.30	85.19	12.47	1.58	0.76	100.00	2505	86	
2701—3000	.	.	.	4	7.57	6.13	82.34	2.07	13.15	0.68	1.16	100.00	2905	92
3001—3500	.	.	.	11	6.39	5.29	72.23	4.12	17.46	1.77	4.42	100.00	3248	111
3501—4000	.	.	.	7	7.18	5.75	75.03	4.10	16.94	1.04	2.89	100.00	3732	119
4001 & above	.	.	.	7	6.60	5.73	85.03	3.79	7.57	2.07	1.54	100.00	4830	161
all groups	.	.	.	31	6.89	5.55	78.81	3.79	13.14	1.51	2.75	100.00	3606	119

TABLE (5.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer units			
				I	II	III	IV	V	total	calorie	protein (gm)		
				(1)	(2)	(3)	(4)	(5)	(6)			(7)	(8)
upto—1500													
1501—1700													
1701—1900													
1901—2100													
2101—2300													
2301—2500													
2501—2700		1	3.00	2.14	81.67	4.26	4.66	2.79	6.62	100.00	2509	76	
2701—3000													
3001—3500		2	3.32	2.87	67.62	3.04	22.23	3.38	3.73	100.00			
3501—4000		3	6.86	5.66	71.88	5.70	19.05	1.31	2.06	100.00	3657	108	
4001 & above		14	5.27	4.27	79.94	4.38	12.10	2.24	1.34	100.00	5109	157	
all groups		20	5.13	4.18	77.93	4.52	13.69	2.16	1.70	100.00	4574	140	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (5.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs- 75—100

National Sample Survey

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit					
				I	II	III	IV	V	total	calorie	protein (gm)				
				(5)	(6)	(7)	(8)	(9)	(10)						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)				
upto—1500												
1501—1700												
1701—1900										
1901—2100										
2101—2300										
2301—2500										
2501—2700										
2701—3000	2	11.97	9.31	87.10	1.64	4.58	2.09	4.59	100.00	2732	89
3001—3500	3	9.61	6.18	74.61	6.51	13.41	1.58	3.89	100.00	3145	92
3501—4000	2	2.92	2.29	56.67	3.00	14.68	6.50	19.15	100.00	3861	100
4001 & above	17	5.65	4.49	77.00	3.69	15.20	2.29	1.82	100.00	4417	137
all groups					24	6.39	4.87	76.84	3.83	13.91	2.35	3.07	100.00	3947	121

TABLE (5.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	4.00	2.97	4.43		12.67		82.90	100.00	1007	23
1501—1700											
1701—1900											
1901—2100											
2101—2300											
2301—2500											
2501—2700											
2701—3000											
3001—3500											
3501—4000											
4001 & above	17	4.50	3.44	73.65	3.81	19.30	1.23	2.01	100.00	8278	262
all groups	18	4.46	3.41	73.06	3.78	19.24	1.22	2.70	100.00	7793	245

Calorie and Protein Values of Food Items in Rural Areas

TABLE (6.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

No. of sample villages : 60

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	3.00	2.74	68.75	13.71	11.22	5.14	1.18	100.00	1491	49
1501—1700	1	9.00	7.13	69.64	9.13	13.18	7.45	0.60	100.00	1694	54
1701—1900	2	6.48	5.24	82.36	5.83	6.96	1.67	3.18	100.00	1850	62
1901—2100	5	7.14	5.96	69.14	9.08	11.32	8.92	1.54	100.00	2035	64
2101—2300	4	8.67	7.08	80.97	6.38	10.30	1.03	1.32	100.00	2206	70
2301—2500	6	5.92	4.56	84.09	5.90	3.39	4.58	2.04	100.00	2467	73
2501—2700	6	11.03	8.30	82.74	6.29	7.78	2.10	1.09	100.00	2641	80
2701—3000	7	6.50	5.17	83.69	6.87	7.14	1.11	1.19	100.00	2906	91
3001—3500	21	6.30	4.85	83.18	5.70	6.91	2.34	1.87	100.00	3234	100
3501—4000	12	5.35	4.27	79.02	6.01	10.15	2.65	2.17	100.00	3721	113
4001 & above	24	3.87	2.95	83.08	4.44	8.12	2.47	1.89	100.00	5643	169
all groups	89	5.82	4.56	81.84	5.94	7.70	2.76	1.76	100.00	3190	98

TABLE (6. 3/R) PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500								
1501—1700								
1701—1900	1	6.00	4.87	86.50	4.48	5.53		3.49	100.00	1857	62
1901—2100											
2101—2300								
2301—2500											
2501—2700	1	12.00	9.39	96.26	2.41		1.25	0.08	100.00	2552	70
2701—3000											
3001—3500											
3501—4000											
4001 & above											
all groups	2	6.72	5.41	89.09	3.94	4.06	0.33	2.58	100.00	1963	64

Calorie and Protein Values of Food Items in Rural Areas

TABLE (6.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs. 24—28

Calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500									
1501—1700	1	9.00	7.13	69.64	9.13	13.18	7.45	0.60	100.00	1694	54
1701—1900
1901—2100	1	7.00	4.92	81.93	5.97	10.87		1.23	100.00	2025	63
2101—2300											
2301—2500	2	10.20	7.86	87.75	5.13	2.55	2.95	1.62	100.00	2478	74
2501—2700	1	8.00	6.44	86.20	8.04	5.45		0.31	100.00	2672	91
2701—3000
3001—3500
3501—4000
4001 & above
all groups	5	9.62	7.43	85.13	5.86	4.42	3.20	1.39	100.00	2333	71

TABLE (6.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500
1501—1700
1701—1900
1901—2100
2101—2300
2301—2500
2501—2700
2701—3000
3001—3500
3501—4000
4001 & above
all groups

Calorie and Protein Values of Food Items in Rural Areas

TABLE (6.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs- 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	3.00	2.74	68.75	13.71	11.22	5.14	1.18	100.00	1491	49
1501—1700											
1701—1900									
1901—2100											
2101—2300	1	6.00	5.37	81.71	10.15	7.50		0.64	100.00	2110	71
2301—2500	3	3.64	2.66	76.11	6.76	8.58	5.96	2.59	100.00	2434	70
2501—2700											
2701—3000	4	5.90	4.61	81.56	7.25	8.23	1.70	1.26	100.00	2942	93
3001—3500	5	10.88	8.52	87.98	5.05	5.47	0.71	0.79	100.00	3255	101
3501—4000											
4001 & above	3	7.21	5.40	96.92	1.39		0.83	0.86	100.00	4649	149
all groups	17	5.78	4.54	84.55	6.07	6.39	1.81	1.18	100.00	2988	94

TABLE (6.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs- 43—55

calorie intake per diem per consumer unit	no- of sample house-holds	average house-hold size	no- of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500												
1501—1700												
1701—1900		1	10.00	7.97	63.38	12.00	13.53	9.32	1.77	100.00	1817	59
1901—2100		1	7.00	6.13	62.59	10.57	13.24	11.96	1.64	100.00	2046	66
2101—2300		1	12.00	9.43	82.84	6.27	9.15		1.74	100.00	2200	66
2301—2500										
2501—2700		2	13.90	10.14	77.75	7.51	10.34	3.03	1.37	100.00	2659	80
2701—3000		1	14.00	10.03	78.10	6.24	11.46		4.20	100.00	2755	86
3001—3500		5	3.10	2.57	76.58	8.88	10.01	2.69	1.84	100.00	3266	108
3501—4000		7	8.27	6.42	83.14	4.95	10.06	1.00	0.85	100.00	3772	116
4001 & above		2	5.55	3.85	75.99	4.68	8.37	1.08	9.88	100.00	4921	138
all groups		20	7.07	5.55	76.81	7.00	10.49	3.31	2.39	100.00	3013	93

Calorie and Protein Values of Food Items in Rural Areas

TABLE (6.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700											
1701—1900											
1901—2100	1	6.00	4.79	80.47	8.91	8.95		1.67	100.00	1965	64
2101—2300											
2301—2500											
2501—2700	1	1.00	1.00	59.12	13.48	21.12	5.85	0.43	100.00	2564	70
2701—3000											
3001—3500	4	6.74	5.48	76.57	4.35	10.96	5.31	2.81	100.00	3061	88
3501—4000	1	6.00	5.09	80.14	9.75	0.22	3.29	6.60	100.00	3582	109
4001 & above	7	3.35	2.67	83.96	5.03	6.80	3.24	0.97	100.00	5223	159
all groups	14	4.02	3.25	82.30	5.57	6.78	3.48	1.87	100.00	4384	133

TABLE (6.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700											
1701—1900											
1901—2100	1	11.00	8.78	87.42	4.97	4.42	1.68	1.51	100.00	2040	59
2101—2300											
2301—2500											
2501—2700											
2701—3000											
3001—3500	1	2.00	1.71	74.44	10.35	14.28		0.93	100.00	3241	109
3501—4000											
4001 & above	6	3.98	3.00	86.34	3.92	6.17	2.45	1.12	100.00	6964	208
all groups	8	4.10	3.17	85.73	4.36	6.51	2.26	1.14	100.00	5643	169

Calorie and Protein Values of Food Items in Rural Areas

TABLE (6.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit					
				I	II	III	IV	V	total	calorie	protein (gm)				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)				
upto—1500						
1501—1700							
1701—1900							
1910—2100					
2101—2300							
2301—2500					
2501—2700							
2701—3000							
3001—3500	1	1.00	1.00	65.76	13.88	6.68	9.04	4.64	100.00	3319	96
3501—4000	3	2.41	2.07	62.89	7.45	18.54	7.77	3.35	100.00	3633	103
4001 & above	6	1.81	1.28	43.91	9.30	41.28	3.13	2.38	100.00	8289	201
all groups	10	2.14	1.75	54.88	8.36	27.98	5.82	2.96	100.00	4762	127

TABLE (7.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 353

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	7	6.93	5.63	74.72	5.46	10.45	3.41	5.96	100.00	1365	41
1501—1700	2	1.39	1.30	82.00	5.57	2.65	7.04	2.74	100.00	1646	46
1701—1900	5	7.85	6.70	84.38	2.12	4.40	3.20	5.90	100.00	1842	57
1901—2100	9	6.43	5.41	83.84	3.47	6.67	3.94	2.08	100.00	2021	63
2101—2300	10	7.08	5.69	82.46	3.74	4.50	4.32	4.98	100.00	2205	68
2301—2500	36	5.87	4.77	85.23	2.96	4.58	2.94	4.29	100.00	2443	74
2501—2700	46	6.31	5.12	83.80	3.88	4.95	3.65	3.72	100.00	2595	77
2701—3000	99	6.15	4.95	82.04	3.76	7.29	3.59	3.32	100.00	2854	85
3001—3500	227	6.25	4.98	83.57	2.76	6.15	3.75	3.77	100.00	3241	91
3501—4000	164	5.92	4.75	83.53	2.45	6.84	3.56	3.62	100.00	3700	104
4001 & above	204	5.15	4.10	80.86	3.18	8.16	3.48	4.32	100.00	4821	138
all groups	809	5.91	4.73	82.59	3.01	6.93	3.59	3.88	100.00	3490	100

Calorie and Protein Values of Food Items in Rural Areas

TABLE (7.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	1	7.00	5.64	85.56	5.74	3.43	2.69	2.58	100.00	1482	43
1501—1700
1701—1900
1901—2100
2101—2300
2301—2500	1	6.00	4.77	93.64	3.00	.	1.30	2.06	100.00	2424	81
2501—2700
2701—3000
3001—3500	1	2.00	1.57	97.63	.	0.63	1.14	0.60	100.00	3355	79
3501—4000
4001 & above
all groups	3	6.05	4.84	89.97	4.13	1.72	1.97	2.21	100.00	1876	57

TABLE (7.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	2	6.52	5.24	58.36	7.49	24.53	2.47	7.15	100.00	1205	38
1501—1700
1701—1900	2	7.79	6.93	86.43	1.65	2.48	2.82	6.62	100.00	1841	56
1901—2100	3	5.47	4.61	86.76	5.58	3.84	2.99	0.83	100.00	1990	64
2101—2300	2	4.99	3.80	80.39	5.22	11.11	1.82	1.46	100.00	2176	69
2301—2500	7	5.60	4.35	91.70	0.68	1.94	2.54	3.14	100.00	2444	74
2501—2700	4	5.67	4.40	90.07	3.77	2.25	1.66	2.25	100.00	2532	84
2701—3000	6	5.13	3.74	87.79	2.98	3.66	3.05	2.52	100.00	2841	95
3001—3500	4	6.76	5.34	88.70	0.22	8.84	..	2.24	100.00	3102	102
3501—4000	2	6.01	4.74	85.52	1.07	7.25	1.39	4.77	100.00	3652	128
4001 & above
all groups	32	5.72	4.49	87.41	2.54	4.82	2.23	3.00	100.00	2449	79

Calorie and Protein Values of Food Items in Rural Areas

TABLE (7.3/R) : PER CENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500											
1501—1700 . .											
1701—1900 . .	2	11.15	8.98	80.87	2.12	7.86	3.88	5.27	100.00	1856	57
1901—2100 . .	1	8.00	6.74	79.50	4.33	14.64		1.53	100.00	1995	69
2101—2300 . .	1	7.00	6.50	85.52	0.82	3.98	3.17	6.51	100.00	2183	75
2301—2500 . .	9	8.58	7.13	82.25	5.45	7.12	2.05	3.13	100.00	2449	77
2501—2700 . .	9	6.14	4.92	87.73	3.14	3.28	2.76	3.09	100.00	2594	83
2701—3000 . .	13	7.78	6.13	86.14	3.80	5.48	2.04	2.54	100.00	2875	90
3001—3500 . .	8	6.54	5.26	84.86	3.11	8.51	1.13	2.39	100.00	3132	103
3501—4000 . .	2	6.86	4.81	85.56	0.30	11.94	0.76	1.44	100.00	3523	116
4001 & above]											
all groups	45	7.27	5.84	85.44	3.50	6.16	2.05	2.85	100.00	2728	87

TABLE (7.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	1	12.00	10.19	77.61		2.71	8.25	11.43	100.00	1427	42
1501—1700 . .											
1701—1900 . .	1	4.00	2.97	78.42	6.54	9.37	4.22	1.45	100.00	1797	59
1901—2100 . .	2	8.00	6.75	81.65	1.25	9.08	5.42	2.60	100.00	2053	61
2101—2300 . .	4	9.39	7.36	82.67	5.24	3.26	4.08	4.75	100.00	2213	70
2301—2500 . .	7	5.61	4.64	86.49	3.69	3.78	3.62	2.42	100.00	2445	72
2501—2700 . . .	6	6.32	5.15	85.03	5.10	3.47	3.53	2.87	100.00	2608	74
2701—3000	15	5.55	4.35	84.50	2.65	6.20	3.03	3.62	100.00	2898	89
3001—3500 . .	17	6.40	5.03	85.46	5.16	4.87	1.83	2.68	100.00	3157	102
3501—4000	7	5.04	3.74	78.24	3.12	15.52	1.66	1.46	100.00	3773	124
4001 & above	6	6.92	5.58	70.77	2.72	22.61	0.68	3.22	100.00	4202	142
all groups	66	6.24	4.94	82.57	3.75	7.93	2.71	3.04	100.00	2888	91

Calorie and Protein Values of Food Items in Rural Areas

TABLE (7.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500
1501—1700
1701—1900
1901—2100	2	7.05	5.66	86.51	2.44	3.68	3.44	3.93	100.00	2078	59
2101—2300	2	5.50	4.49	81.45	0.93	2.99	7.52	7.11	100.00	2223	59
2301—2500	4	6.47	5.53	89.67	0.93	2.86	3.15	3.39	100.00	2436	78
2501—2700	11	5.82	4.74	79.69	4.32	7.83	4.25	3.91	100.00	2594	78
2701—3000	33	6.82	5.43	80.94	3.64	8.32	4.06	3.04	100.00	2835	83
3001—3500	56	6.48	5.11	85.17	2.85	5.30	3.54	3.14	100.00	3225	93
3501—4000	24	5.71	4.44	84.67	2.72	7.58	2.32	2.71	100.00	3708	112
4001 & above.	13	5.22	3.75	85.21	3.30	6.72	1.78	2.99	100.00	4500	144
all groups	145	6.22	4.90	83.80	3.09	6.64	3.34	3.13	100.00	3213	95

TABLE (7.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
up to 1500							
1501—1700	1	3.00	2.50	89.61	2.94	0.37	3.84	3.24	100.00	1561	38
1701—1900											
1901—2100											
2101—2300	1	3.00	2.14	68.78	5.21	17.17	7.29	1.55	100.00	2154	63
2301—2500	2	5.00	4.18	73.00	6.36	12.80	6.65	1.19	100.00	2412	64
2501—2700	9	7.82	6.52	82.74	2.94	5.38	4.40	4.54	100.00	2625	69
2701—3000	14	6.48	5.48	80.63	4.79	7.33	4.41	2.84	100.00	2830	82
3001—3500	66	6.23	4.91	82.57	2.99	6.51	3.94	3.99	100.00	3263	89
3501—4000	51	6.43	5.12	84.94	2.55	5.62	3.54	3.35	100.00	3646	102
4001 & above	23	5.89	4.63	74.58	4.83	9.33	2.49	8.77	100.00	4690	145
all groups	167	6.32	5.06	81.74	3.36	6.77	3.66	4.47	100.00	3455	98

TABLE (7.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 13—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500
1501—1700	1	1.00	1.00	77.72	7.06	3.93	8.84	2.45	100.00	1698	50
1701—1900
1901—2100
2101—2300
2301—2500	3	4.83	3.76	77.08	0.31	10.25	6.52	5.84	100.00	2450	58
2501—2700	2	7.22	5.79	81.32	1.12	6.78	6.29	4.49	100.00	2665	66
2701—3000	12	4.84	4.21	77.43	4.41	10.29	3.37	4.50	100.00	2881	82
3001—3500	41	5.87	4.77	83.27	2.31	6.38	4.00	4.04	100.00	3247	89
3501—4001	47	6.04	4.99	84.35	2.59	4.76	4.14	4.16	100.00	3736	100
4001 & above	45	5.82	4.53	83.32	3.22	7.74	3.06	2.66	100.00	4441	125
all groups	151	5.79	4.69	83.23	2.85	6.63	3.68	3.61	100.00	3728	103

TABLE (7.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	calorie	total	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
up to 1500	2	1.00	1.00					100.00	100.00	900	23	
1501—1700	.											
1701—1900	.											
1901—2100	.	1	1.00	1.00				100.00	100.00	2089	54	
2101—2300	.											
2301—2500										
2501—2700	.	2	6.60	5.45	68.98	8.61	5.71	6.57	10.13	100.00	2522	82
2701—3000	.	3	6.14	4.99	77.71	2.50	5.27	3.35	11.17	100.00	2887	76
3001—3500	.	22	6.45	5.23	81.78	1.74	6.33	5.30	4.85	100.00	3306	87
3501—4001	.	19	5.48	4.53	79.89	2.09	8.85	4.53	4.64	100.00	3740	102
4001 & above	.	68	5.19	4.24	82.36	2.09	7.38	3.91	4.26	100.00	4654	126
all groups	117	5.50	4.49	81.67	2.09	7.39	4.26	4.59	100.00	4134	112	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (7.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIES INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500
1501—1700
1701—1900
1901—2100
2101—2300
2301—2500
2501—2700	2	3.00	2.53	70.12	6.42	15.23	5.85	2.38	100.00	2537	78
2701—3000	2	4.61	3.73	74.30	4.78	9.46	5.98	5.48	100.00	2794	80
3001—3500	7	6.34	5.10	77.92	1.54	7.77	5.30	7.47	100.00	3262	82
3501—4001	9	5.37	4.47	78.12	1.32	11.91	4.37	4.28	100.00	3752	102
4001 & above	22	3.79	3.12	81.41	2.56	7.42	4.74	3.87	100.00	5344	144
all groups	42	4.45	3.66	80.03	2.22	8.68	4.73	4.34	100.00	4474	120

TABLE (7.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure groups : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	1	1.00	1.00	100.00	100.00	1227	30
1501__1700
1701__1900
1901__2100
2101__2300
2301__2500	3	1.00	1.00	100.00	100.00	2472	60
2501__2700	1	1.00	1.00	100.00	100.00	2534	61
2701__3000	1	1.00	1.00	69.69	..	11.38	10.20	8.73	100.00	2942	79
3001__3500	5	5.91	4.91	81.25	0.37	6.71	6.67	5.00	100.00	3265	89
3501__4001	3	1.05	1.04	65.21	1.41	13.27	8.68	11.43	100.00	3688	103
4001 & above	27	3.78	3.06	77.53	4.74	8.68	4.63	4.42	100.00	6875	205
all groups	41	3.32	2.73	76.58	4.47	8.61	4.75	5.59	100.00	6390	190

Calorie and Protein Values of Food Items in Rural Areas

TABLE (8.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

No. of villages : 170

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	95	6.74	5.37	80.70	5.81	4.11	2.14	7.24	100.00	1159	29
1501—1700	54	6.26	5.03	83.45	6.37	3.27	2.26	4.65	100.00	1631	38
1701—1900	43	6.31	4.95	82.55	4.79	4.86	2.00	5.80	100.00	1793	47
1901—2100	42	6.79	5.42	80.63	6.65	4.22	2.09	6.41	100.00	2005	50
2101—2300	42	6.35	5.23	74.47	8.37	4.68	2.24	10.24	100.00	2187	54
2301—2500	37	5.59	4.26	80.15	6.76	4.71	2.32	6.06	100.00	2402	61
2501—2700	47	4.94	3.82	80.58	6.06	4.50	2.47	6.39	100.00	2584	62
2701—3000	50	4.23	3.30	71.92	9.37	6.98	2.45	9.28	100.00	2857	76
3001—3500	69	4.00	3.29	74.59	7.27	7.05	2.20	8.89	100.00	3258	83
3501—4000	53	4.27	3.47	73.61	9.58	6.84	3.20	6.77	100.00	3756	98
4001 & above	76	3.62	2.82	74.37	9.57	5.97	2.59	7.50	100.00	5792	132
all groups	608	5.78	4.60	78.22	7.15	5.08	2.31	7.24	100.00	2023	50

TABLE (8.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	19	6.90	5.49	87.59	3.37	4.70	1.82	2.52	100.00	893	22
1501—1700 . .											
1701—1900 .											
1901—2100 . .											
2101—2300 . . .											
2301—2500 . . .											
2501—2700											
2701—3000											
3001—3500 . .											
3501—4000 . . .											
4001 & above											
all groups	19	6.90	5.49	87.59	3.37	4.70	1.82	2.52	100.00	893	22

Calorie and Protein Values of Food Items in Rural Areas

TABLE (8.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	26	6.51	5.23	81.02	6.24	4.38	2.10	6.26	100.00	1141	30
1501—1700	9	5.56	4.55	85.21	7.32	3.88	1.58	2.01	100.00	1588	36
1701—1900	1	4.00	2.79	87.21	4.71	2.09	3.28	2.71	100.00	1806	37
1901—2100
2101—2300
2301—2500
2501—2700
2701—3000
3001—3500
3501—4000
4001 & above
all groups	36	6.30	5.08	82.06	6.51	4.25	1.98	5.20	100.00	1229	31

TABLE (8.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	13	6.05	4.73	81.46	4.77	3.68	2.62	7.47	100.00	1275	30
1501—1700	6	6.46	5.25	90.18	2.32	3.12	2.24	2.14	100.00	1617	37
1701—1900	6	6.02	4.62	89.59	1.33	3.43	1.59	4.06	100.00	1781	45
1901—2100	1	4.00	3.27	90.14	2.42	4.88	0.38	2.18	100.00	1941	46
2101—2300
2301—2500
2501—2700	1	5.00	4.29	94.34	2.75	1.61	0.28	1.02	100.00	2512	53
2701—3000
3001—3500
3501—4000
4001 & above	1	6.00	4.77	97.82	0.42	0.96	0.35	0.45	100.00	8950	206
all groups	28	5.92	4.64	88.04	2.60	3.22	1.76	4.38	100.00	1716	41

Calorie and Protein Values of Food Items in Rural Areas

TABLE (8.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State: Kerala

Per capita, monthly expenditure group : Rs. 24-28

calorie intake per diem per consumer unit	no. of sample house- holds	average household size	no. of consumer unit per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	20	7.43	5.81	78.40	7.40	3.64	2.06	8.50	100.00	1249	31
1501—1700	12	6.92	5.54	85.85	6.48	2.05	1.37	4.25	100.00	1646	37
1701—1900	9	10.11	7.95	82.21	4.14	6.04	1.49	6.12	100.00	1777	49
1901—2100	4	4.16	3.08	88.10	3.68	4.13	1.18	2.91	100.00	1946	50
2101—2300	1	6.00	4.38	94.53	0.79	..	0.31	4.37	100.00	2208	47
2301—2500	2	4.61	2.92	93.11	1.69	1.42	0.91	2.87	100.00	2326	58
2501—2700
2701—3000	1	2.00	1.18	97.28	..	2.08	..	0.64	100.00	2846	66
3001—3500
3501—4000
4001 & above
all groups	49	7.10	5.51	81.80	5.97	3.82	1.70	6.71	100.00	1466	37

TABLE (8.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

Per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer Unit		
				I	II	III	IV	V	total	calorie	protein
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	14	6.36	5.37	75.63	4.37	4.51	2.50	12.99	100.00	1391	35
1501—1700	12	5.63	4.66	90.47	2.79	2.10	1.97	2.67	100.00	1652	38
1701—1900	11	5.15	3.94	82.77	6.37	5.24	3.01	2.61	100.00	1782	44
1901—2100	20	7.16	5.69	83.83	5.20	3.67	2.34	4.96	100.00	2020	48
2101—2300	11	4.60	3.71	82.99	6.34	3.85	1.51	5.31	100.00	2211	52
2301—2500	4	8.38	5.72	87.18	3.99	2.53	3.16	3.14	100.00	2432	63
2501—2700	6	5.80	4.49	90.48	2.91	1.71	1.58	3.32	100.00	2581	56
2701—3000	1	7.00	4.60	79.73	8.77	7.44	2.33	1.73	100.00	2805	96
3001—3500
3501—4000
4001 & above
all groups	79	6.16	4.88	83.92	4.89	3.66	2.36	5.17	100.00	1900	46

Calorie and Protein Values of Food Items in Rural Areas

TABLE (8.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

Per capita monthly expenditure [group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	Total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	2	4.50	3.83	78.51	5.82	5.32	2.40	7.95	100.00	1305	33
1501—1700	10	7.90	5.75	72.85	13.43	4.91	2.93	5.88	100.00	1640	44
1701—1900	8	6.18	5.12	75.23	6.32	5.84	2.62	9.99	100.00	1799	47
1901—2100	8	7.41	6.32	73.95	5.69	5.21	1.20	13.95	100.00	2061	50
2101—2300	7	5.83	5.06	71.70	4.85	4.00	1.43	18.02	100.00	2173	62
2301—2500	4	8.74	7.13	90.29	2.72	2.37	1.41	3.21	100.00	2361	55
2501—2700	9	5.06	4.01	88.44	3.57	2.43	1.63	3.93	100.00	2539	60
2701—3000	5	3.46	2.67	86.05	5.36	2.81	2.00	3.78	100.00	2827	63
3001—3500	4	4.50	3.72	86.66	2.51	3.51	1.13	6.19	100.00	3244	84
3501—4000
4001 & above	1	5.00	3.92	52.35	41.86	1.93	2.17	1.69	100.00	4407	189
all groups	58	5.58	4.49	80.71	5.75	3.84	1.72	7.98	100.00	2320	59

TABLE (8.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500
1501—1700	5	6.01	5.09	69.93	4.11	4.37	5.36	16.23	100.00	1665	36
1701—1900	6	4.77	3.95	74.76	8.51	3.73	1.51	11.49	100.00	1870	49
1901—2100	6	8.23	6.48	70.22	14.92	4.75	2.60	7.51	100.00	1941	57
2101—2300	14	6.18	5.06	70.68	10.83	6.84	2.34	9.31	100.00	2200	54
2301—2500	14	4.88	4.02	74.59	9.36	6.77	2.17	7.11	100.00	2391	62
2501—2700	17	4.51	3.41	79.04	7.57	6.15	3.30	3.94	100.00	2609	66
2701—3000	16	5.56	4.50	74.71	8.67	7.60	2.65	6.37	100.00	2816	77
3001—3500	9	3.42	2.73	81.81	4.84	4.20	1.47	7.68	100.00	3196	70
3501—4000	5	2.89	2.30	78.74	4.93	4.06	2.03	10.24	100.00	3835	98
4001 & above	3	4.83	3.52	93.41	2.00	2.54	0.36	1.69	100.00	7296	85
all groups	95	5.24	4.22	77.09	7.95	5.41	2.21	7.34	100.00	2603	61

Calorie and Protein Values of Food Items in Rural Areas

TABLE (8.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

Per capita monthly expenditure group : Rs. 55-75

State : Kerala

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500
1501—1700
1701—1900	2	6.77	5.34	74.85	7.46	1.93	1.80	13.96	100.00	1863	47
1901—2100	3	7.33	6.09	69.34	12.13	8.78	3.47	6.28	100.00	2012	54
2101—2300	9	8.68	7.15	74.37	8.57	3.33	2.89	10.84	100.00	2167	53
2301—2500	9	4.49	3.69	74.25	9.14	4.79	2.70	9.12	100.00	2424	68
2501—2700	10	5.34	4.02	70.94	9.91	6.65	3.33	9.17	100.00	2619	64
2701—3000	15	5.18	4.12	73.67	8.47	7.50	2.84	7.52	100.00	2889	81
3001—3500	30	4.83	3.94	75.32	9.84	7.49	2.60	4.75	100.00	3260	83
3501—4000	21	4.44	3.58	79.82	8.02	4.74	2.60	4.82	100.00	3765	96
4001 & above	14	2.20	1.66	75.23	13.50	3.34	2.18	5.75	100.00	5839	145
all groups	113	5.11	4.11	75.09	9.43	5.61	2.73	7.14	100.00	2955	75

TABLE (8.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

Per capita monthly expenditure group : Rs. 75-100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	1.00	1.00					100.00	100.00	106	2
1501—1700											
1701—1900 . .											
1901—2100 . .											
2101—2300 .											
2301—2500 . .	3	6.33	5.65	74.89	7.51	7.41	1.77	8.42	100.00	2448	59
2501—2700 . .	2	2.30	2.06	41.02	3.48	10.94	3.09	41.47	100.00	2627	78
2701—3000 . .	5	5.07	3.81	51.98	19.89	10.76	2.59	14.78	100.00	2925	82
3001—3500 . .	11	4.60	3.69	68.13	8.72	8.62	3.39	11.14	100.00	3316	90
3501—4000	14	4.30	3.55	68.99	10.68	10.81	4.10	5.42	100.00	3753	98
4001 & above	20	3.58	2.90	63.31	11.53	5.31	2.47	17.38	100.00	4572	108
all groups .	56	4.17	3.35	63.46	12.09	8.46	3.07	12.92	100.00	3614	93

Calorie and Protein Values of Food Items in Rural Areas

TABLE (8.10/R) : PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

Per capita monthly expenditure group : Rs.100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	100.00
1501—1700
1701—1900
1901—2100
2101—2300
2301—2500	1	7.00	5.11	70.56	5.98	10.26	1.89	11.31	100.00	2486	63
2501—2700	2	2.76	2.18	42.78	7.36	8.88	3.61	37.37	100.00	2529	65
2701—3000	7	1.13	1.04	27.42	2.75	3.21	1.12	65.50	100.00	2858	69
3001—3500	15	2.21	1.96	46.72	9.61	14.07	2.75	26.85	100.00	3288	89
3501—4000	13	5.20	4.31	64.40	13.94	7.28	3.84	10.54	100.00	3699	103
4001 & above	37	3.90	3.08	64.05	12.79	10.82	4.76	7.58	100.00	5563	155
all groups	75	3.21	2.63	59.62	11.87	10.37	4.02	14.12	100.00	4293	118

TABLE (9.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOODGROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PERCAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 298

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	38	6.53	5.40	88.99	4.05	1.70	2.46	2.80	100.00	1229	38
1501—1700	24	7.58	6.09	91.96	2.47	1.21	2.33	2.03	100.00	1587	46
1701—1900	30	5.81	4.77	90.77	4.03	0.88	2.21	2.11	100.00	1845	57
1901—2100	54	5.35	4.48	90.34	3.66	1.43	1.96	2.61	100.00	2011	62
2101—2300	61	6.31	5.10	88.22	5.46	2.09	2.11	2.12	100.00	2208	65
2301—2500	72	5.60	4.60	87.63	4.58	2.95	2.74	2.10	100.00	2404	72
2501—2700	63	5.04	4.21	85.69	5.69	3.81	2.64	2.17	100.00	2615	79
2701—3000	94	5.25	4.11	84.16	7.92	2.87	2.81	2.24	100.00	2855	89
3001—3500	139	4.98	3.97	83.83	6.89	3.95	3.22	2.11	100.00	3258	103
3501—4000	106	4.98	3.96	83.85	9.71	2.47	2.55	1.42	100.00	3719	123
4001 & above	347	5.25	4.22	55.62	37.21	3.36	2.51	1.30	100.00	5770	259
all groups	1028	5.38	4.34	77.88	14.75	2.89	2.60	1.88	100.00	2261	129

Calorie and Protein Values of Food Items in Rural Areas

TABLE (9.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 00.15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
				(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
upto 1500	23	7.18	5.90	91.28	3.55	0.58	1.81	2.78	100.00	1200	37
1501—1700	11	9.23	7.17	94.38	1.87	0.71	1.51	1.53	100.00	1587	47
1701—1900	7	6.16	4.76	92.53	4.41	0.22	1.41	1.43	100.00	1848	66
1901—2100	6	4.78	4.04	91.59	5.54	0.48	1.59	0.80	100.00	1958	69
2101—2300
2301—2500	4	7.12	5.59	96.11	2.15	1.03	0.48	0.23	100.00	2447	88
2501—2700	3	6.42	4.68	79.99	17.31	0.13	1.26	1.31	100.00	2628	90
2701—3000	3	3.04	2.35	92.39	0.96	0.03	0.10	6.52	100.00	2766	100
3001—3500	2	5.36	3.90	99.60	0.40	..	100.00	3080	98
3501—4000	4	5.19	4.08	54.53	43.52	1.08	0.29	0.58	100.00	3758	180
4001 & above	4	7.16	5.44	47.86	51.06	0.29	0.36	0.43	100.00	4407	214
all groups	67	6.47	5.30	80.70	16.21	0.53	1.10	1.46	100.00	1979	73

TABEL (9.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maihya Pradesh

Per capita monthly expenditure group : Rs. 15-21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	4	6.29	5.21	90.95	3.13	1.97	1.54	2.41	100.00	1372	43
1501—1700	9	5.76	5.29	88.01	4.25	1.95	3.38	2.41	100.00	1621	50
1701—1900	15	6.16	5.22	90.22	3.86	1.28	2.29	2.35	100.00	1793	55
1901—2100	27	6.04	4.89	92.37	2.24	0.92	1.48	2.99	100.00	1998	61
2101—2300	25	6.48	5.17	91.57	4.05	0.92	1.85	1.61	100.00	2177	63
2301—2500	20	5.43	4.09	92.69	2.63	0.79	2.06	1.83	100.00	2393	71
2501—2700	13	5.06	4.12	90.84	4.37	2.03	0.92	1.84	100.00	2575	86
2701—3000	6	5.41	3.93	88.04	7.36	1.05	2.60	0.95	100.00	2881	92
3001—3500	3	6.81	5.26	89.82	8.48	0.11	0.83	0.76	100.00	3187	116
3501—4000	5	7.78	6.18	90.85	8.75	0.04	0.23	0.13	100.00	3737	162
4001 & above	11	6.82	5.38	41.37	55.32	0.10	2.64	0.57	100.00	5642	278
all groups	138	6.02	4.82	83.03	13.17	0.73	1.62	1.45	100.00	-514	88

Calorie and Protein Values of Food Items in Rural Areas

TABLE (9.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	5	2.21	1.92	87.93	4.43	1.29	3.28	3.07	100.00	1032	37
1501—1700	1	4.00	3.41	87.40	2.19	..	5.70	4.71	100.00	1542	35
1701—1900	2	3.06	3.18	86.75	7.60	0.24	3.10	2.31	100.00	1877	54
1901—2100	8	5.59	5.49	86.67	6.62	2.49	2.41	1.81	100.00	2016	69
2101—2300	12	6.24	5.12	91.74	2.82	1.46	1.59	2.39	100.00	2164	59
2301—2500	8	7.00	5.46	90.44	4.16	1.01	2.62	1.77	100.00	2415	68
2501—2700	7	4.23	3.27	88.47	5.79	0.56	3.49	1.69	100.00	2578	75
2701—3000	15	5.48	4.28	93.80	3.17	0.39	1.30	1.34	100.00	2836	86
3001—3500	12	6.46	5.14	82.06	14.08	1.12	1.48	1.26	100.00	3315	123
3501—4000	3	10.06	7.70	69.57	26.54	0.87	1.65	1.37	100.00	3563	136
4001 & above	10	7.32	5.67	45.93	51.20	0.81	1.37	0.69	100.00	5061	244
all groups	83	6.01	4.85	80.49	15.18	0.99	1.80	1.54	100.00	2852	98

TABLE (9.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 24-28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	3.00	2.71	65.03	7.92	9.96	10.25	6.84	100.00	540	14
1501—1700	2	5.93	4.72	78.96	5.11	8.39	4.12	3.42	100.00	1542	51
1701—1900	2	3.00	2.44	82.72	7.40	0.56	2.46	6.86	100.00	1875	66
1901—2100	7	3.85	3.25	87.40	3.12	2.83	3.62	3.03	100.00	2022	52
2101—2300	8	6.25	5.00	87.79	5.63	1.55	2.90	2.13	100.00	2215	74
2301—2500	21	5.29	4.66	86.94	5.37	3.19	2.46	2.04	100.00	2406	68
2501—2700	12	5.01	3.98	85.80	6.73	3.17	2.66	1.64	100.00	2610	79
2701—3000	17	5.43	4.33	85.38	7.94	1.92	2.23	2.53	100.00	2842	86
3001—3500	19	3.83	3.07	89.12	4.60	2.66	1.75	1.87	100.00	3221	97
3501—4000	4	6.30	4.93	90.48	7.14	0.97	0.83	0.58	100.00	3596	111
4001 & above	18	5.30	4.12	49.20	47.54	1.30	1.35	0.61	100.00	5557	269
all groups	111	4.74	4.03	76.86	17.21	2.21	2.05	1.67	100.00	3000	108

Calorie and Protein Values of Food Items in Rural Areas

TABLE (9.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM)PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	3	8.81	7.28	84.99	5.93	2.52	4.43	2.13	100.00	1247	42
1501—1700	1	7.00	5.55	86.70	4.13	1.03	5.45	2.69	100.00	1605	36
1701—1900	3	5.90	5.09	91.84	3.07	0.76	2.45	1.88	100.00	1837	44
1901—2100	5	4.54	3.86	85.42	5.73	2.69	3.04	3.12	100.00	2001	60
2101—2300	6	6.29	4.34	81.46	7.99	5.06	1.69	3.80	100.00	2168	70
2301—2500	10	5.45	4.37	82.11	5.74	6.06	3.90	2.19	100.00	2398	74
2501—2700	15	5.30	4.44	86.73	4.34	3.68	3.01	2.24	100.00	2635	72
2701—3000	24	5.18	4.04	87.07	5.04	2.97	3.01	1.91	100.00	2846	86
3001—3500	19	4.67	3.63	88.83	4.39	3.76	1.88	1.14	100.00	3230	102
3501—4000	20	3.96	3.07	87.12	6.54	2.64	2.29	1.41	100.00	3675	116
4001 & above	32	6.89	5.45	55.42	40.64	1.28	1.65	1.01	100.00	5137	225
all groups	138	5.46	4.36	74.78	18.80	2.57	2.30	1.55	100.00	3281	115.9

TABLE (9.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

Per capita monthly expenditure group : Rs. 34-43

State : Madhya Pradesh

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	8.00	6.29	51.52	5.09	30.29	4.35	8.75	100.00	1097	24
1501—1700
1701—1900
1901—2100	1	3.00	2.25	69.12	10.20	9.04	6.85	4.79	100.00	1947	60
2101—2300	5	5.71	4.88	85.58	5.67	4.78	2.12	1.85	100.00	2185	58
2301—2500	3	5.00	4.53	86.84	5.95	2.00	2.73	2.48	100.00	2429	83
2501—2700	8	5.29	4.59	79.41	4.58	9.96	3.80	2.25	100.00	2624	82
2701—3000	16	6.76	5.43	72.93	16.80	4.44	3.37	2.46	100.00	2866	99
3001—3500	43	5.36	4.26	84.06	5.91	3.92	3.98	2.13	100.00	3292	99
3501—4000	25	5.46	4.34	87.02	5.20	2.81	3.30	1.67	100.00	5728	115
4001 & above	57	5.43	4.35	59.26	35.51	2.35	1.87	1.01	100.00	5534	242
all groups	159	5.52	4.46	73.27	18.86	3.40	2.85	1.62	100.00	3840	139

TABLE(9.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM.)PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)	
				(5)	(6)	(7)	(8)	(9)	(10)			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500
1501—1700
1701—1900
1901—2100
2101—2300	2	9.40	11.94	55.75	34.55	3.57	3.33	2.80	100.00	2265	87	
2301—2500	2	4.18	3.69	71.50	10.87	7.94	7.07	2.62	100.00	2405	69	
2501—2700	2	1.00	0.98	45.01	2.16	..	2.33	50.50	100.00	2651	85	
2701—3000	7	3.20	2.55	81.17	6.24	5.76	3.13	3.70	100.00	2887	85	
3001—3500	24	4.89	3.91	79.53	6.60	6.02	5.14	2.71	100.00	3204	96	
3501—4000	28	4.87	4.03	83.28	6.44	4.01	4.07	2.20	100.00	3795	116	
4001 & above	64	5.07	4.03	58.02	35.45	2.86	2.53	1.14	100.00	5864	248	
all groups	129	4.87	2.96	67.14	24.13	3.67	3.31	1.75	100.00	4538	172	

TABLE (9.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDR DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample households	average hold-size	no. of consumer unit per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	4.00	3.61	30.20	6.21	44.09	8.14	11.36	100.00	1021	20
1501—1700
1701—1900
1901—2100
2101—2300	3	5.20	4.29	65.35	7.29	13.35	9.34	4.67	100.00	2269	65
2301—2500	3	5.93	4.49	64.54	6.61	15.04	7.20	6.61	100.00	2330	66
2501—2700	3	7.48	6.13	81.17	6.86	3.04	6.47	2.46	100.00	2689	88
2701—3000	4	3.85	2.98	74.52	7.10	7.94	7.71	3.63	100.00	2937	76
3001—3500	8	4.61	4.22	79.85	5.10	7.63	4.33	3.09	100.00	3248	104
3501—4000	9	3.01	2.36	78.15	7.33	6.42	5.87	2.23	100.00	3698	118
4001 & above	69	5.09	4.03	59.67	30.43	5.19	3.10	1.61	100.00	5897	237
all groups	100	4.74	3.84	62.79	25.77	5.80	3.67	1.97	100.00	4969	190

Calorie and Protein Values of Food Items in Rural Areas

TABLE(9.9/R): PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 75-100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500
1501—1700
1701—1900
1901—2100
2101—2300
2301—2500
2501—2700
2701—3000	2	5.18	3.84	71.42	10.42	10.00	5.27	2.89	100.00	2897	77
3001—3500	4	5.16	3.89	67.55	8.81	10.49	5.66	7.49	100.00	3275	99
3501—4000	3	1.97	1.65	81.21	5.58	4.17	4.76	4.28	100.00	3905	121
4001 & above	39	4.66	3.72	54.91	35.30	4.61	3.28	1.90	100.00	7433	310
all groups	48	4.48	3.54	56.90	32.21	5.09	3.52	2.28	100.00	6474	261

TABLE (9.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PERCAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 100 & above

Calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
up to 1500												
1501—1700												
1701—1900	1	6.00	4.12	86.73		2.66	7.74	2.87	100.00	1882	55	
1901—2100												
2101—2300												
2301—2500	1	1.00	1.00	29.07	44.24	8.79	3.23	14.67	100.00	2323	67	
2501—2700												
2701—3000												
3001—3500	5	1.00	1.00	66.14	4.82	10.06	6.25	12.73	100.00	3297	107	
3501—4000	5	2.68	2.27	75.26	7.57	9.66	4.61	2.90	100.00	3674	100	
4001 & above	43	3.49	2.91	53.94	32.95	7.20	3.78	2.13	100.00	9863	391	
all groups	55	3.22	2.69	54.86	31.71	7.27	3.85	2.31	100.00	8957	350	

TABLE (10.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

No. of sample villages : 256

Per capita expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of clorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
				(5)	(6)	(7)	(8)	(9)	(10)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	49	5.45	4.45	80.30	6.69	3.87	4.70	4.44	100.00	1286	40
1501—1700	44	6.19	5.04	83.80	4.81	4.01	4.69	2.69	100.00	1675	51
1701—1900	51	6.24	5.00	82.68	6.02	3.35	4.80	3.15	100.00	1819	56
1901—2100	75	5.71	4.49	80.08	7.05	4.21	5.46	3.20	100.00	2082	63
2101—2300	85	6.00	4.77	80.63	7.62	3.30	4.96	3.49	100.00	2225	68
2301—2500	82	5.78	4.50	81.33	6.88	3.42	4.97	3.40	100.00	2415	74
2501—2700	80	5.12	4.08	82.73	6.74	3.14	4.51	2.88	100.00	2619	79
2701—3000	105	5.13	4.09	84.11	6.41	3.03	3.91	2.54	100.00	2838	86
3001—3500	109	4.66	3.62	81.85	7.16	3.99	4.27	2.73	100.00	3219	99
3501—4000	70	5.14	4.01	79.70	7.98	4.34	4.70	3.28	100.00	3656	114
4001 & above	104	3.32	2.56	79.63	8.26	4.18	5.08	2.85	100.00	4971	146
all groups	854	5.24	4.15	81.42	7.07	3.70	4.71	3.10	100.00	2567	78

TABLE (10.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

Per capita monthly expenditure group : Rs. 00-1

calorie in take per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	19	6.15	4.92	86.58	4.85	2.70	3.45	2.42	100.00	1160	38
1501-1700	3	6.45	5.20	96.07	0.56	0.15	1.51	1.71	100.00	1544	49
1701-1900	1	5.00	3.85	90.92	2.17	..	2.20	4.71	100.00	1758	55
1901-2100
2101-2300	1	6.00	4.46	96.13	..	1.84	..	2.03	100.00	2149	55
2301-2500
2501-2700
2701-3000
3001-3500
3501-4000
4001 & above
all groups	24	5.99	4.79	87.51	3.82	2.05	2.97	3.65	100.00	1247	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (10.2/R) : PERCENTAGE (0.000) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

Per capita monthly expenditure group : Rs. 15—21

Calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	17	5.55	4.61	81.44	6.54	4.21	5.17	2.64	100.00	1338	41
1501—1700 . . .	20	5.69	4.50	85.97	4.55	2.82	4.40	2.26	100.00	1577	48
1701—1900 . . .	16	6.19	4.87	88.77	3.69	1.44	3.41	2.69	100.00	1813	57
1901—2100	10	5.76	4.46	90.01	3.30	1.19	3.26	2.24	100.00	2001	65
2101—2300 . . .	10	5.77	4.29	83.69	6.29	0.94	2.84	6.24	100.00	2219	72
2301—2500 . . .	6	6.29	4.69	88.14	2.64	2.23	5.54	1.45	100.00	2378	7
2501—2700 . . .	1	3.00	1.97	86.99	4.59	1.30	5.84	1.28	100.00	2608	80
2701—3000 . . .	1	6.00	4.61	90.83	5.31	0.03	1.66	2.17	100.00	2739	90
3001—3500 . . .	1	4.00	2.79	97.08	1.80		0.65	0.46	100.00	3254	75
3501—4000	1	2.00	1.41	61.10	1.03		1.33	36.54	100.00	3996	117
4001 & above .											
all groups	83	5.72	4.49	86.12	4.64	2.12	3.93	3.19	100.00	1786	56

TABLE (10.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State: Maharashtra

Per capita monthly expenditure group : Rs- 21—24

calorie intake per diem per consumer unit	no- of sample households	average household size	number of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	3	6.83	5.63	74.58	5.76	11.65	5.16	2.85	100.00	1367	42
1501—1700	11	6.47	5.32	83.79	5.31	3.48	4.46	2.96	100.00	1623	46
1701—1900	11	6.86	5.53	84.30	5.11	4.24	3.51	2.84	100.00	1792	57
1901—2100	14	6.19	4.61	79.64	8.33	3.55	4.15	4.33	100.00	1972	63
2101—2300	11	6.11	4.86	86.69	6.20	2.14	2.93	2.04	100.00	2183	65
2301—2500	14	6.86	5.31	85.84	6.76	1.15	3.55	2.70	100.00	2421	79
2501—2700	3	4.41	3.35	90.75	3.72	1.37	2.72	1.44	100.00	2537	84
2701—3000	2	6.21	5.33	95.69	1.99	0.54	0.99	0.79	100.00	2843	74
3001—3500	2	4.50	3.25	91.22	4.11	0.49	1.77	2.41	100.00	3128	102
3501—4000											
4001 & above											
all groups	71	6.38	5.03	84.85	6.06	2.77	3.52	2.80	100.00	2037	63

Calorie and Protein Values of Food Items in Rural Areas

TABLE (10.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM-) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	5	5.58	4.50	69.51	7.10	7.43	6.03	9.93	100.00	1416	40
1501—1700	4	5.75	4.97	78.63	6.03	7.50	5.57	2.27	100.00	1609	48
1701—1900	7	7.28	5.83	81.06	7.51	3.72	4.74	2.97	100.00	1796	52
1901—2100	22	5.70	4.49	82.19	6.40	3.63	4.70	3.08	100.00	1972	59
2101—2300	20	5.74	4.62	84.36	7.27	2.15	3.75	2.47	100.00	2229	3
2301—2500	11	5.19	4.09	86.42	5.20	1.75	3.64	2.99	100.00	2405	75
2501—2700	18	5.08	3.97	88.23	4.95	1.78	3.10	1.94	100.00	2614	74
2701—3000	8	8.83	6.65	87.83	3.58	3.44	3.01	2.14	100.00	2797	88
3001—3500	2	5.00	3.64	78.51	4.85	12.88	2.58	1.18	100.00	3197	87
3501—4000	2	2.96	2.08	63.69	27.54	2.94	4.17	1.66	100.00	3556	141
4001 & above
all groups	99	5.73	4.53	84.07	6.03	3.23	3.92	2.75	100.00	2205	66

TABLE (10.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM-) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	2	3.00	2.23	65.19	5.25	4.26	3.88	21.42	100.00	1487	43
1501—1700	3	6.64	5.52	79.63	4.97	6.22	6.20	2.98	100.00	1612	51
1701—1900	8	5.75	4.63	78.26	9.14	3.54	6.06	3.00	100.00	1747	57
1901—2100	20	5.32	4.26	74.34	7.47	8.02	6.95	3.22	100.00	1985	58
2101—2300	20	6.45	4.99	76.86	10.36	5.02	4.98	2.78	100.00	2198	66
2301—2500	19	6.05	4.73	84.14	6.71	2.89	4.29	1.97	100.00	2450	77
2501—2700	21	6.38	5.14	83.55	7.30	2.39	4.41	2.35	100.00	2584	83
2701—3000	25	4.48	3.46	84.48	5.96	2.87	4.29	2.40	100.00	2817	85
3001—3500	14	5.42	4.17	85.15	6.67	2.64	3.55	1.99	100.00	3138	100
3501—4000	5	4.50	3.46	90.90	2.78	1.85	2.73	1.74	100.00	3670	111
4001 & above	3	1.61	1.10	88.58	6.10	1.53	2.81	0.98	100.00	4342	136
all groups	140	5.43	4.27	81.93	6.87	3.69	4.63	2.88	100.00	2449	76

Calorie and Protein Values of Food Items in Rural Areas

TABLE (10.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra.

Per capita monthly expenditure group : Rs- 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	5.00	4.07	64.62	17.14	2.43	6.47	9.34	100.00	932	23
1501—1700	3	7.61	5.97	82.67	5.69	2.91	4.36	4.37	100.00	1664	55
1701—1900	1	1.00	1.00	79.29	6.78	2.36	6.11	5.46	100.00	1851	53
1901—2100	7	6.21	5.16	78.09	8.78	5.46	4.57	3.10	100.00	2018	63
2101—2300	14	5.81	4.76	79.59	7.00	5.74	5.02	2.65	100.00	2237	67
2301—2500	10	4.49	3.52	75.82	6.84	7.67	6.78	2.89	100.00	2443	72
2501—2700	16	4.10	3.28	79.43	9.46	3.18	5.13	2.80	100.00	2596	84
2701—3000	42	5.23	4.26	84.90	6.90	2.34	3.49	2.37	100.00	2846	86
3001—3500	33	4.57	3.47	84.74	5.55	3.08	4.24	2.39	100.00	3203	97
3501—4000	12	6.68	5.01	77.77	7.44	4.82	4.45	5.52	100.00	3716	123
4001 & above	11	2.79	2.10	83.57	4.91	5.56	3.63	2.33	100.00	4336	133
all groups	151	4.97	3.94	81.78	6.89	3.93	4.41	2.99	100.00	2749	84

TABLE (10.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

Per capita monthly expenditure group : Rs. 43—55

Calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food rcup					total	average intake per diem per consumer unit		
				I	II	III	IV	V		calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500
1501—1700
1701—1900	6	5.41	4.56	70.07	8.90	7.03	9.65	4.35	100.00	1840	54	
1901—2100
2101—2300	5	5.83	4.77	77.95	7.31	2.35	8.40	3.99	100.00	2243	63	
2301—2500	12	6.75	5.17	78.92	9.01	3.97	5.82	2.28	100.00	2385	67	
2501—2700	14	5.06	4.05	78.58	7.14	5.49	5.57	3.22	100.00	2668	77	
2701—3000	15	4.98	4.01	79.68	6.21	6.43	5.05	2.63	100.00	2869	87	
3001—3500	27	4.92	3.83	78.92	9.03	4.09	5.19	2.77	100.00	3271	100	
3501—4000	22	5.14	3.95	83.52	6.84	3.25	3.82	2.57	100.00	3692	110	
4001 & above	21	4.05	3.05	86.25	6.39	1.75	3.40	2.21	100.00	4551	137	
all groups	122	5.22	4.10	80.72	7.64	3.61	5.25	2.78	100.00	3004	89	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (10-8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra.

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	1	3.00	2.84	82.30	5.17	2.61	7.51	2041	100.00	1433	48
1501—1700
1701—1900
1901—2100	2	4.43	4.11	77.59	8.26	1.95	9.52	2.68	100.00	2059	66
2101—2300	4	10.51	8.18	74.25	10.15	6.94	4.35	4.31	100.00	2216	70
2301—2500	7	5.17	4.18	72.45	7.77	5.17	6.16	8.45	100.00	2401	74
2501—2700	3	6.63	5.55	82.41	5.33	2.93	4.54	4.79	100.00	2642	84
2701—3000	8	5.29	4.18	76.63	9.94	3.75	6.76	2.92	100.00	2877	89
3001—3500	19	4.31	3.50	79.25	8.35	5.48	4.19	2.73	100.00	3256	105
3501—4000	19	5.22	4.30	74.74	10.63	6.00	5.49	3.14	100.00	3540	113
4001 & above	32	3.08	2.45	79.87	7.56	4.03	5.71	2.83	100.00	4776	136
all groups	95	4.22	3.43	77.88	8.53	4.60	5.77	3.22	100.00	3455	105

TABLE (10.9/ R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit		
				I	II	III	IV	V		calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)				(10)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500
1501—1700
1701—1900	1	5.00	3.99	86.44	6.47	0.97	4.35	1.77	100.00	1730	52	
1901—2100
2101—2300
2301—2500	3	1.55	1.47	25.94	4.63	4.08	5.48	59.87	100.00	2387	61	
2501—2700	3	2.80	2.53	56.90	7.70	10.09	9.24	16.07	100.00	2675	73	
2701—3000	3	2.52	2.09	72.17	11.33	6.47	5.12	4.91	100.00	2722	76	
3001—3500	9	5.21	4.51	75.71	9.74	5.08	5.51	3.96	100.00	3242	101	
3501—4000	8	4.46	3.68	68.62	12.04	7.62	9.33	2.39	100.00	3710	117	
4001 & above	19	4.02	3.26	73.29	11.32	6.25	5.77	3.37	100.00	5106	160	
all groups	46	3.76	3.14	71.63	10.41	6.23	6.48	5.25	100.00	4036	126	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (10.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit				
				I	II	III	IV	V	total	calorie	protein (gm)			
				(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
upto 1500
1501—1700
1701—1900
1901—2100
2101—2300
2301—2500
2501—2700
2701—3000
3001—3500
3501—4000
4001. & above
all groups

TABLE (11.0/R)

PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Meghalaya

No. of sample villages : 16

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households*	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500 .												
1501—1700 . .	4	6.52	5.42	84.44	0.52	4.56	3.17	7.31	100.00	1594	44	
1701—1900 .	7	5.53	4.59	88.06	0.54	4.76	1.86	4.78	100.00	1781	49	
1901—2100 .	8	5.28	4.26	83.40	0.93	5.74	2.50	7.43	100.00	1974	55	
2101—2300 . .	12	6.37	5.08	91.19	0.48	3.82	1.40	3.11	100.00	2198	58	
2301—2500 . .	10	4.89	2.85	86.17	0.76	5.28	1.92	5.87	100.00	2406	67	
2501—2700 .	19	4.43	3.57	81.44	1.75	8.33	1.80	6.68	100.00	2590	79	
2701—3000 . .	10	4.64	3.75	78.49	1.96	9.10	1.92	8.53	100.00	2847	86	
3001—3500 . .	7	3.24	2.55	74.16	2.33	13.55	2.84	7.12	100.00	3179	110	
3501—4000 .	8	2.72	2.34	63.20	0.89	4.86	1.37	29.68	100.00	3616	97	
4001 & above .	5	4.09	3.29	87.29	1.29	4.93	2.37	4.12	100.00	4834	146	
all groups	90	4.68	3.79	81.97	1.27	6.74	2.03	7.99	100.00	2577		

Calorie and Protein Values of Food Items in Rural Areas

TABLE (11.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

ate : Meghalaya

Per capita monthly expenditure group: Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer unit per household	percentage of calorie from food group						average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm)		
				(1)	(2)	(3)	(4)	(5)	(6)			(7)	(8)
upto 1500
1501—1700	1	5.00	4.29	93.62	0.85	2.37	0.45	2.71	100.00	561	4
1701—1900
1901—2100
2101—2300	1	6.00	4.46	96.13	..	1.84	..	2.03	100.00	2149	55
2301—2500
2501—2700
2701—3000
3001—3500
3501—4000
4001 & above
all groups

TABLE (11.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Meghalaya

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer unit per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500
1501—1700	1	7.00	5.64	82.71	1.33	6.75	0.69	8.52	100.00	1536	44	
1701—1900	3	5.84	5.03	88.84	0.95	5.86	1.20	3.15	100.00	1758	47	
1901—2100	1	5.00	3.60	91.83	3.46	2.34	..	2.37	100.00	2087	59	
2101—2300	2	5.00	4.33	90.22	..	4.46	2.26	3.06	100.00	2131	56	
2301—2500	
2501—2700	1	2.00	1.35	95.66	..	1.41	..	2.93	100.00	2633	68	
2701—3000	
3001—3500	
3501—4000	
4001 & above	
all groups	8	5.60	4.67	88.16	0.93	5.39	1.23	4.29	100.00	1808	49	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (11.5/R) PERCENTAGE (0.0) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Meghalaya

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500											
1501—1700	1	6.00	5.02	87.47		3.27	3.53	5.73	100.00	1695	46
1701—1900	1	5.00	3.69	87.11		2.85	2.25	7.79	100.00	1807	48
1901—2100	3	4.61	3.94	87.34	1.39	5.52	1.77	3.98	100.00	1943	56
2101—2300	4	6.00	4.85	91.85	0.79	4.37	0.94	2.05	100.00	2229	60
2301—2500	3	8.33	6.47	93.51	1.28	3.07	0.63	1.51	100.00	2438	62
2501—2700	3	2.30	1.73	95.34	0.38	1.13	0.33	2.82	100.00	2636	66
2701—3000											
3001—3500											
3501—4000									
4001 & above											
all groups	15	4.85	3.91	90.98	0.88	3.69	1.32	3.13	100.00	2148	58

TABLE (11.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Meghalaya

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500												
1501—1700	1	7.00	5.98	81.24		3.86	6.33	8.57	100.00	1586	44	
1701—1900	3	5.21	4.18	87.02		3.36	2.82	6.80	100.00	1813	51	
1901—2100	3	8.00	6.18	85.07	0.35	6.70	3.53	4.35	100.00	1990	53	
2101—2300	4	8.00	6.29	90.92	0.46	4.09	1.33	3.20	100.00	2241	58	
2301—2500	3	4.85	3.84	83.53		6.03	2.22	8.22	100.00	2381	69	
2501—2700	5	5.51	4.35	82.17	1.86	6.93	1.23	7.81	100.00	2563	76	
2701—3000	4	5.48	4.39	82.22	2.26	6.75	0.89	7.88	100.00	2846	80	
3001—3500	1	3.00	2.20	77.03	3.23	13.16	2.11	4.47	100.00	3235	112	
3501—4000	1	5.00	4.30	90.83	3.65	2.40	1.91	1.21	100.00	3651	88	
4001 & above												
all groups	25	5.86	4.65	84.35	1.19	6.07	2.16	6.23	100.00	23.23	65	

TABLE (11.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Meghalaya

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500											
1501—1700 . .											
1701—1900 . .											
1901—2100	1	1.00	1.02					100.00	100.00	1922	48
2101—2300	1	7.00	5.59	79.75	11.89	4.20	4.88	9.28	100.00	2201	61
2301—2500	4	3.27	2.62	80.25	0.95	7.10	3.15	8.55	100.00	2398	69
2501—2700	8	4.90	4.06	78.05	2.04	10.49	1.98	7.44	100.00	2588	82
2701—3000	2	5.55	4.36	79.67	0.43	10.62	0.61	8.67	100.00	2800	87
3001—3500	2	4.00	3.26	81.76		10.03	2.94	5.27	100.00	3130	108
3501—4000	4	4.08	3.45	75.14	0.63	6.62	1.63	15.98	100.00	3583	100
4001 & above . .	1	8.00	6.37	90.76	1.09	2.70	1.43	4.02	100.00	4951	154
all groups	23	4.45	3.64	78.48	1.13	8.61	1.91	9.87	100.00	2876	88

TABLE (11.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State Meghalaya

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of colorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500											
1501—1700											
1701—1900											
1901—2100											
2101—2300											
2301—2500											
2501—2700	2	5.50	4.44	82.56	1.46	8.17	4.51	3.30	100.00	2620	84
2701—3000	3	3.42	2.88	71.76	3.55	10.80	5.02	8.87	100.00	2921	91
3001—3500	3	3.43	2.63	62.84	4.41	18.22	2.13	12.40	100.00	3244	118
3501—4000	2	1.00	0.88					100.00	100.00	3679	92
4001 & above	2	5.00	4.14	91.95	1.20	2.82	1.58	2.45	100.00	4592	138
all groups	12	3.57	2.93	77.02	2.16	7.23	2.57	11.02	100.00	3620	113

Calorie and Protein Values of Food Items in Rural Areas

TABLE (11/10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Meghalaya

Per capita monthly expenditure group : Rs. 100 & above.

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500	
1501—1700	
1701—1900	
1901—2100	
2101—2300	
2301—2500	
2501—2700	
2701—3000	.	1	2.00	1.80	76.52	2.27	5.14	2.98	13.09	100.00	2796	87
3001—3500	.	1	2.00	1.70	77.88	2.20	11.88	5.76	2.28	100.00	3063	90
3501—4000	.	1	1.00	0.97	100.00	100.00	3796	99
4001 & above	.	2	2.09	1.55	71.16	1.68	12.73	5.37	9.06	100.00	5599	168
all groups		5	1.83	1.49	64.42	1.63	10.51	4.54	18.80	100.00	4330	127

TABLE (12.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER AND UNIT BY PER-CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 169

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	29	6.81	5.45	86.10	4.45	1.99	2.48	4.98	100.00	1288	34
1501—1700	20	5.99	4.75	85.29	6.15	1.88	3.69	2.99	100.00	1608	43
1701—1900	25	6.86	5.40	87.99	4.73	3.01	1.90	2.37	100.00	1818	53
1901—2100	31	5.99	4.74	87.31	4.96	1.96	1.86	3.91	100.00	2019	59
2101—2300	37	5.61	4.46	86.00	6.71	2.42	2.02	2.85	100.00	2208	63
2301—2500	41	5.68	4.55	85.27	6.22	3.53	2.10	2.88	100.00	2397	67
2501—2700	42	6.62	5.36	86.31	5.74	3.33	2.38	2.24	100.00	2590	73
2701—3000	53	5.58	4.43	86.86	6.23	2.45	1.89	3.57	100.00	2840	78
3001—3500	63	6.17	4.90	85.86	5.67	2.82	1.79	2.86	100.00	3236	87
3501—4000	35	4.68	3.79	82.50	6.93	4.03	2.61	3.93	100.00	3677	90
4001& above	84	4.12	3.12	77.19	11.37	4.37	2.45	4.62	100.00	5695	150
all groups	460	5.63	4.47	83.81	7.22	3.23	2.21	3.53	100.00	2839	77

TABLE (12.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group Rs. 00—15

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	11	7.45	5.75	92.94	2.19	1.81	1.25	1.81	100.00	1332	37
1501—1700 . .	5	6.31	4.83	93.39	2.25	0.23	2.16	1.97	100.00	1532	49
1701—1900 .	1	6.00	4.86	97.70	1.22			1.08	100.00	1888	43
1901—2100 . .											
2101—2300 . . .	1	5.00	3.40	96.76	2.30			0.94	100.00	2174	61
2301—2500 .											
2501—2700 . .											
2701—3000 . .											
3001—3500											
3501—4000											
4001 & above .											
all groups	18	6.83	5.23	93.79	2.14	1.13	1.23	1.71	100.00	1465	41

TABLE (12.2/R) : PERCENTAGE (0.00) OF CALORIE IN TAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group : Rs. 15-21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	14	6.65	5.51	81.95	5.51	1.54	3.25	7.75	100.00	1233	31
1501—1700	10	5.71	4.59	84.99	6.50	2.16	3.41	2.94	100.00	1658	44
1701—1900	10	6.99	5.32	92.29	4.02	0.71	0.80	2.18	100.00	1820	51
1901—2100	9	6.45	5.05	91.29	3.66	0.65	1.49	2.91	100.00	2009	61
2101—2300	6	5.31	4.11	92.31	3.84	0.67	0.69	2.49	100.00	2152	63
2301—2500	3	5.71	4.36	87.83	4.89	5.43	0.31	1.54	100.00	2353	60
2501—2700											
2701—3000	1	4.36	3.66	96.29	1.11		1.49	1.11	100.00	2748	92
3001—3500	2	2.50	1.97	94.14	3.45	0.26	1.16	0.99	100.00	3271	37
3501—4000											
4001 & above											
all groups	55	6.21	4.91	88.86	4.49	1.36	1.80	3.49	100.00	1760	49

Calorie and Protein Values of Food Items in Rural Areas

TABLE (12.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	3	4.99	3.69	74.71	11.23	2.74	5.87	5.45	100.00	1317	40
1501—1700 . .	1	4.00	3.23	91.63	5.21	0.24	1.10	1.82	100.00	1689	37
1701—1900 . .	7	6.73	5.48	85.34	5.07	5.26	1.97	2.36	100.00	1806	55
1901—2100 . .	5	6.85	5.28	88.59	4.43	1.82	2.09	3.07	100.00	2036	64
2101—2300 . .	11	6.50	5.08	88.67	5.64	1.46	1.85	2.38	100.00	2193	66
2301—2500 . .	5	3.82	2.96	90.01	4.95	1.47	1.47	2.10	100.00	2407	73
2501—2700 . .	3	6.62	5.25	93.33	2.49	0.37	0.98	2.83	100.00	2579	64
2701—3000 . .	2	3.99	2.98	96.74	0.63	1.66	0.97		100.00	2989	76
3001—3500 . .											
3501—4000	1	8.00	6.31	94.56	1.18	2.09	1.26	0.91	100.00	3784	48
4001 & above .											
all groups	38	5.93	4.66	89.35	4.30	2.29	1.67	2.39	100.00	2188	62

National Sample Survey

TABLE (12.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUP OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per house hold	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	6.00	5.05	79.02	6.76	7.61	1.99	4.62	100.00	1491	42
1501—1700	2	5.55	4.33	78.89	8.41	2.12	6.08	4.50	100.00	1607	40
1701—1900	5	6.69	5.14	81.82	5.92	4.48	5.09	2.69	100.00	1801	51
1901—2100	10	6.08	4.93	82.61	6.07	3.35	1.93	6.04	100.00	2028	54
2101—2300	4	4.71	3.93	83.52	8.82	2.08	2.94	2.64	100.00	2230	73
2301—2500	10	5.74	4.46	89.59	4.27	1.41	1.85	2.88	100.00	2409	67
2501—2700	7	6.53	5.08	87.31	5.46	2.26	3.12	1.85	100.00	3549	78
2701—3000	6	5.96	4.65	85.05	9.90	1.71	1.42	1.92	100.00	2778	74
3001—3500	3	5.79	4.53	94.01	2.13	0.50	0.63	2.73	100.00	3188	78
3501—4000	2	7.36	5.23	87.55	3.50	0.48	0.22	8.25	100.00	3592	90
4001 & above
all groups	50	6.01	4.72	86.40	5.74	2.08	2.11	3.67	100.00	2398	66

Calorie and Protein Values of Food Items in Rural Areas

TABLE (12.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample house-holds	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500											
1501—1700	1	8.00	6.52	75.16	11.00	4.37	5.94	3.53	100.00	1550	34
1701—1900 . .	2	8.26	6.49	82.19	7.50	2.11	4.05	4.15	100.00	1861	54
1901—2100 . . .	3	5.10	4.23	90.18	6.61	0.30	0.09	2.82	100.00	2000	52
2101—2300 . .	8	6.69	5.45	83.84	6.75	4.09	2.28	3.04	100.00	2235	56
2301—2500 . .	10	6.34	5.29	86.09	5.36	3.16	2.46	2.93	100.00	2325	64
2501—2700 . .	18	6.49	5.28	83.99	8.00	2.89	2.83	2.29	100.00	2612	72
2701—3000 . . .	17	6.20	4.77	86.16	5.08	1.97	2.29	4.50	100.00	2835	80
3001—3500 . .	11	7.01	5.38	89.09	6.10	1.56	0.96	2.29	100.00	3251	83
3501—4000 . . .	1	3.00	2.29	87.50	5.90	2.69	0.70	3.21	100.00	3762	95
4001 & above .	6	2.66	1.23	85.61	5.81	3.41	2.30	2.87	100.00	6159	160
all groups	77	6.06	4.75	85.76	6.32	2.55	2.21	3.16	100.00	2678	72

TABLE (12.6/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

Per capita monthly expenditure group Rs 34—43

State : Mysore

calorie intake per diem per consumer unit	no. of sample house-holds	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit							
				I	II	III	IV	V	total	calorie	protein (gm)					
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)					
upto 1500					
1501—1700	1	800	6.93	83.67	4.84	2.41	4.08	5.00	100.00	1594	46
1701—1900
1901—2100	3	4.24	3.09	82.95	4.71	5.43	3.84	3.07	100.00	1990	58
2101—2300	5	5.01	3.92	80.20	10.45	2.80	2.28	4.27	100.00	2248	65
2301—2500	10	6.84	5.62	82.02	7.36	5.09	2.43	3.10	100.00	2448	69
2501—2700	9	6.00	4.82	81.88	6.02	7.05	2.52	3	100.00	2604	75
2701—3000	20	6.00	4.93	85.16	7.20	2.96	2.04	2.1	100.00	2848	77
3001—3500	28	5.97	4.84	86.63	5.24	3.33	1.91	2.89	100.00	3195	88
3501—4000	7	3.81	2.93	80.84	10.36	3.16	3.03	2.61	100.00	3577	93
4001 & above	11	3.96	3.01	83.47	6.22	1.72	4.19	4.40	100.00	5978	158
all groups	94	5.47	4.39	84.13	6.77	3.43	2.55	3.12	100.00	3116	85

Calorie and Protein Values of Food Items in Rural Areas

TABLE (12.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500											
1501—1700 . .											
1701—1900 . .											
1901—2100 . .											
2101—2300 . .	2	3.25	2.93	81.42	8.31	3.53	3.86	2.88	100.00	2158	63
2301—2500 . .	3	3.72	2.99	58.10	21.59	9.97	4.61	5.73	100.00	2389	66
2501—2700 . .	5	7.82	6.66	89.34	3.43	3.82	1.48	1.93	100.00	2685	76
2701—3000	6	3.95	3.33	83.77	7.26	4.66	1.41	2.90	100.00	2863	80
3001—3500	11	7.33	5.84	85.03	6.73	3.04	2.00	3.20	100.00	3348	94
3501—4000	14	4.32	3.60	86.00	6.29	2.58	2.94	2.19	100.00	3729	64
4001 & above . .	15	5.48	4.44	74.59	18.54	3.02	1.70	2.15	100.00	4993	134
all groups	56	5.44	4.48	81.19	10.88	3.35	2.06	2.52	100.00	3560	99

TABLE (12.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PFR CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample house-holds	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500											
1501—1700 . . .											
1701—1900 . . .											
1901—2100 . . .	1	3.00	2.63	74.04	10.38		11.02	4.56	100.00	2070	65
2101—2300 . . .											
2301—2500 . . .											
2501—2700 . . .											
2701—3000 . . .											
3001—3500 . . .	6	4.50	3.45	81.94	7.98	3.55	3.18	3.35	100.00	3197	83
3501—4000 . . .	7	3.80	3.19	82.56	7.30	3.48	1.95	4.71	100.00	3695	91
4001 & above .	26	3.54	2.74	80.01	8.34	5.27	1.87	4.51	100.00	5261	143
all groups	40	3.71	2.92	80.66	8.12	4.70	2.10	4.42	100.00	3658	120

Calorie and Protein Values of Food Items in Rural Areas

TABLE (12.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample house holds	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500												
1501—1700	• • • •										•	
1701—1900	• • • •										•	
1901—2100		•									•	
2101—2300		•										
2301—2500	•											
2501—2700												
2701—3000	• • • •	1	1.00	1.00					100.00	100.00	2738	62
3001—3500		1	10.00	9.38	88.32	2.69	5.30	2.05	1.64	100.00	3115	89
3501—4000		3	6.74	5.88	73.47	7.17	9.89	4.14	5.33	100.00	3713	81
4001 & above	•	18	4.06	3.27	76.56	12.90	5.45	2.96	2.13	100.00	5773	147
all groups		23	4.51	3.75	75.24	11.16	6.53	3.22	3.85	100.00	4955	122

TABLE (12.10/R) : PERCENTAGE(0.00)OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group : Rs- 100 & above

calorie intake per diem per consumer unit	no. of sample house holds	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500											
1501—1700 . . .											
1701—1900 . .											
1901—2100											
2101—2300									
2301—2500 . . .											
2501—2700											
2701—3000							
3001—3500 . . .	1	14.00	10.86	78.00	6.25	8.23	4.14	3.38	100.00	3336	94
3501—4000 . . .											
4001 & above	8	5.81	4.84	68.28	12.04	5.78	2.16	11.74	100.00	6193	160
all groups .	9	6.03	5.01	68.59	11.85	5.86	2.22	11.48	100.00	6025	156

Calorie and Protein Values of Food Items in Rural Areas

TABLE (14.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Orissa

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 180

calorie intake per diem per consumer unit	no. of sample house-holds	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	38	5.80	4.77	92.87	0.87	0.76	1.64	3.86	100.00	1212	34
1501—1700	21	5.98	4.73	90.62	1.35	0.73	1.89	5.41	100.00	1622	40
1701—1900	13	5.01	3.99	92.26	2.02	0.96	2.24	2.52	100.00	1807	45
1901—2100	49	5.77	4.68	91.43	2.19	1.35	1.85	3.18	100.00	2001	52
2101—2300	44	5.35	4.24	91.87	2.50	1.21	1.99	2.43	100.00	2190	55
2301—2500	52	4.74	3.78	91.91	2.68	0.86	1.84	2.71	100.00	2388	60
2501—2700	43	5.53	4.38	91.64	2.49	1.14	1.95	2.78	100.00	2586	68
2701—3000	53	4.44	3.49	88.67	3.53	1.64	2.04	4.12	100.00	2837	74
3001—3500	84	4.96	3.86	88.07	4.17	2.06	2.07	3.63	100.00	3242	85
3501—4000	40	3.34	2.68	85.14	3.80	2.03	3.38	5.65	100.00	3700	92
4001 & above	66	3.40	2.70	85.49	5.54	2.02	3.30	3.65	100.00	5002	131
all groups	521	4.91	3.91	89.46	3.27	1.50	2.23	3.54	100.00	2533	66

TABLE (14.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample house- holds	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	26	5.96	4.88	93.80	0.42	0.45	1.73	3.60	100.00	1164	33
1501—1700		5.19	3.88	95.56	0.67	1.67	0.68	1.42	100.00	1657	41
1701—1900 . . .	5	4.71	3.56	94.15	0.61	1.00	1.10	3.14	100.00	1769	47
1901—2100 . . .											
2101—2300											
2301—2500 . . .	1	9.00	6.54	97.38	0.78	0.12	0.20	1.52	100.00	2311	61
2501—2700 . .											
2701—3000 . . .											
3001—3500 . .											
3501—4000 . .											
4001 & above .											
all groups	38	5.52	4.63	94.40	0.51	0.70	1.37	3.02	100.00	1324	36

TABLE (14.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample house- holds	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	8	5.48	4.54	90.94	2.55	1.38	1.36	3.77	100.00	1349	37
1501—1700	9	6.03	5.07	92.47	1.14	0.63	1.94	3.82	100.00	1612	40
1701—1900	19	5.13	4.12	93.62	1.61	1.10	1.91	1.76	100.00	1828	44
1901—2100	18	6.19	4.85	93.46	2.12	0.77	1.18	2.47	100.00	2032	50
2101—2300	9	5.28	4.19	96.45	0.78	0.18	1.14	1.45	100.00	2190	55
2301—2500	11	5.17	3.94	96.54	1.07	0.34	0.41	1.64	100.00	2388	59
2501—2700	6	5.01	3.57	95.21	1.65	0.25	1.11	1.78	100.00	2563	66
2701—3000	1	5.00	3.46	84.17	9.24	1.10	1.93	3.56	100.00	2792	84
3001—3500	2	3.70	2.82	96.25	1.86	0.32	0.30	1.27	100.00	3129	74
3501—4000	1	8.00	6.37	97.64	1.74			0.62	100.00	3676	83
4001 & above				
all groups	84	5.39	4.26	94.16	1.74	0.63		2.20	100.00	2013	50

TABLE (14.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs- 21—2⁴

calorie intake per diem per consumer unit	no. of sample house- hold	average house- hold size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	6.00	5.20	93.17	0.75	1.20	1.38	3.50	100.00	1468	38
1501—1700	3	8.36	6.15	83.44	2.91	0.04	3.02	10.59	100.00	1605	40
1701—1900	4	5.65	4.42	88.83	3.50	0.53	3.64	3.50	100.00	1780	44
1901—2100	12	6.23	5.13	92.42	1.55	0.22	1.60	4.21	100.00	2021	54
2101—2300	18	5.26	4.12	91.74	2.71	1.13	2.37	2.05	100.00	2184	52
2301—2500	10	5.02	3.96	92.00	3.69	0.59	1.72	2.00	100.00	2359	60
2501—2700	4	9.75	7.45	92.85	1.45	0.74	0.98	3.98	100.00	2619	63
2701—3000	4	5.22	3.99	95.00	1.76	0.42	0.74	2.08	100.00	2788	67
3001—3500	3	4.10	2.81	94.75	1.55	0.81	0.69	2.20	100.00	3349	83
3501—4000											
4001 & above	2	4.06	2.90	98.51			0.47	1.02	100.00	4635	128
all groups	61	5.64	4.40	91.95	2.34	0.60	1.89	3.22	100.00	2214	56

Calorie and Protein Values of Food Items in Rural Areas

TABLE (14.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						Average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500 . . .												
1501—1700 . . .	2	5.82	5.18	83.99	0.33		1.26	14.42	100.00	1679	46	
1701—1900 . . .	3	2.97	2.61	88.51	3.00	1.30	2.07	5.12	100.00	1781	50	
1901—2100 . . .	12	5.23	4.21	91.10	2.66	1.36	2.42	2.46	100.00	1970	50	
2101—2300 . . .	8	4.65	3.70	89.38	3.25	2.56	2.01	2.80	100.00	2186	61	
2301—2500 . . .	12	4.21	3.51	91.60	2.18	1.30	2.08	2.84	100.00	2410	60	
2501—2700 . . .	7	5.19	3.98	95.51	1.16	0.20	1.62	1.51	100.00	2565	59	
2701—3000 . . .	12	4.30	3.43	91.75	3.12	1.36	1.74	2.03	100.00	2810	73	
3001—3500 . . .	9	3.89	2.88	93.13	1.29	0.46	1.22	3.90	100.00	3166	77	
3501—4000 . . .	3	2.66	1.99	95.62	1.47	0.14	0.84	1.93	100.00	3868	93	
4001 & above . . .	2	1.50	0.86	95.67		0.27		4.06	100.00	4256	106	
all groups	70	4.48	3.58	91.71	2.34	1.19	1.87	2.89	100.00	2404	61	

TABLE (14.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	7.00	5.52	80.96	1.82	11.16	2.87	3.19	100.00	1423	56
1501—1700
1701—1900
1901—2100	4	6.07	5.21	85.28	3.30	5.01	2.35	4.06	100.00	1952	60
2101—2300	6	8.00	6.48	88.15	4.14	1.86	1.83	4.02	100.00	2199	59
2301—2500	12	5.47	4.52	86.68	5.45	1.10	3.42	3.35	100.00	2405	60
2501—2700	10	6.37	4.98	91.98	1.72	1.48	1.86	2.96	100.00	2627	69
2701—3000	18	4.38	3.39	91.52	2.25	1.34	2.28	2.61	100.00	2863	74
3001—3500	23	4.26	3.35	88.05	3.69	0.78	1.32	6.16	100.00	3198	79
3501—4000	6	1.90	1.24	94.88		0.21	1.38	3.53	100.00	3703	94
4001 & above	6	1.26	0.81	93.60	0.19	0.49	1.49	4.23	100.00	5711	131
all groups	86	4.64	3.67	89.49	3.05	1.43	2.01	4.02	100.00	2731	71

Calorie and Protein Values of Food Items in Rural Areas

TABLE (14.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	1.00	0.64					100.00	100.00	1250	42
1501—1700	1	3.00	2.68	95.19		0.61	3.68	0.52	100.00	1520	35
1701—1900				
1901—2100	3	4.56	3.85	90.00	0.33	2.61	2.37	4.69	100.00	2048	51
2101—2300	2	6.33	5.17	91.53	1.35	0.71	1.73	4.68	100.00	2242	55
2301—2500	6	2.75	2.26	88.16	0.67	1.76	2.96	6.45	100.00	2408	60
2501—2700	12	5.14	4.34	90.58	3.17	1.11	1.83	3.31	100.00	2563	72
2701—3000	9	5.36	4.23	85.69	5.30	2.42	2.04	4.55	100.00	2846	77
3001—3500	25	6.04	4.68	88.59	4.61	2.33	2.59	1.88	100.00	3222	88
3501—4000	9	4.33	3.45	91.15	2.10	1.56	2.93	2.26	100.00	3631	88
4001 & above	8	4.25	3.19	93.03	1.53	1.11	1.71	2.62	100.00	4466	111
all groups	76	5.01	4.00	89.11	3.67	1.92	2.32	2.98	100.00	3004	81

TABLE(14.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	1.00	0.90					100.00	100.00	1111	37
1501—1700 . . .											
1701—1900											
1901—2100 . . .											
2101—2300 . . .											
2301—2500											
2501—2700 . . .	4	4.52	3.70	78.03	8.23	4.26	6.74	2.74	100.00	2598	72
2701—3000 . . .	5	3.17	2.76	88.72	1.82	2.53	2.88	4.05	100.00	2880	76
3001—3500	12	5.15	4.00	89.03	2.93	2.64	2.77	2.63	100.00	3335	85
3501—4000	9	4.80	3.90	88.50	3.73	2.19	2.86	2.72	100.00	3719	93
4001 & above	11	3.60	2.94	90.47	3.68	1.68	1.45	2.72	100.00	4188	105
all groups	42	4.22	3.41	88.53	3.57	2.34	2.64	2.92	100.00	3506	89

Calorie and Protein Values of Food Items in Rural Areas

TABLE (14.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

Per capita monthly expenditure group : Rs. 55—75

State : ORISSA

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500
1501—1700
1701—1900
1901—2100
2101—2300
2301—2500
2501—2700
2701—3000
3001—3500
3501—4000
4001 & above
all groups	41	3.60	2.97	82.61	6.21	3.06	2.67	5.45	100.00	3941	103

TABLE (14.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12).
upto 1500											
1501—1700											
1701—1900											
1901—2100											
2101—2300											
2301—2500											
2501—2700											
2701—3000	1	1.00	1.02	4.70	6.30			89.00	100.00	2765	62
3001—3500	2	7.53	5.97	72.51	8.48	6.04	7.76	5.21	100.00	3262	97
3501—4000	4	4.62	3.97	79.25	7.03	2.61	6.51	4.60	100.00	3743	99
4001 & above	7	4.89	4.09	82.41	6.21	3.46	4.86	3.06	100.00	4647	128
all groups	14	4.46	3.79	78.85	6.69	3.21	5.62	5.63	100.00	4076	110

Calorie and Protein Values of Food Items in Rural Areas

TABLE (14.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita Monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calori	perotein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500											
1501—1700											
1701—1900											
1901—2100											
2101—2300											
2301—2500											
2501—2700											
2701—3000	1	1.00	1.02		3.00			97.00	100.00	2899	71
3001—3500											
3501—4000	1	1.00	1.02	16.91	3.11	6.14		73.84	100.00	3728	97
4001 & above	7	3.00	2.58	70.71	12.64	2.00	8.75	5.90	100.00	12072	315
all groups	9	2.16	1.92	66.28	11.94	2.10	8.11	11.57	100.00	10125	264

TABLE (15.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : all expenditure classes

No. of sample village : 90

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	8.00	6.39	88.03		10.55		1.42	100.00	1483	34
1501—1700 . .	1	3.00	2.58	84.97	2.82	1.66	3.73	6.82	100.00	1557	50
1701—1900	5	6.78	5.29	81.47	4.51	6.74	2.65	4.63	100.00	1779	55
1901—2100	5	7.33	6.24	84.02	3.47	8.05	3.16	1.30	100.00	1992	67
2101—2300 . .	8	7.23	5.85	77.30	4.28	10.14	3.23	5.05	100.00	2197	71
2301—2500 . .	7	6.01	4.92	83.71	2.54	8.27	2.27	3.21	100.00	2387	74
2501—2700 . .	11	7.33	5.83	79.00	4.82	9.58	3.49	3.11	100.00	2607	79
2701—3000 . .	13	6.77	5.25	76.95	4.92	10.31	4.35	3.47	100.00	2850	89
3001—3500	31	6.83	5.47	80.38	4.26	10.42	2.69	2.25	100.00	3271	100
3501—4000 . .	20	5.31	4.25	76.08	3.52	12.79	3.28	4.33	100.00	3736	112
4001 & above . .	85	5.08	3.99	67.65	4.22	15.16	3.49	9.48	100.00	5633	164
all groups . . .	187	6.03	4.80	73.64	4.18	12.63	3.30	6.25	100.00	3711	111

Calorie and Protein Values of Food Items in Rural Areas

TABLE (15.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs 00—15

calories intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500											
1501—1700 . .											
1701—1900 . .											
1901—2100 . .	1	10.00	7.63	94.26	3.31	1.56	0.50	0.37	100.00	1961	71
2101—2300 . . .											
2301—2500 . .											
2501—2700 . .											
2701—3000 . .											
3001—3500			
3501—4000 . .											
4001 & above .											
all groups . .	1	10.00	7.63	94.26	3.31	1.56	0.50	0.37	100.00	1961	71

TABLE (15.2/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	prot in (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	8.00	6.39	88.03	..	10.55	..	1.42	100.00	1483	34
1501—1700	1	3.00	2.58	84.97	2.82	1.66	3.73	6.82	100.00	1557	50
1701—1900	1	12.00	9.19	87.89	5.94	1.58	1.90	2.69	100.00	1720	59
1901—2100	1	4.00	3.95	91.69	6.14	0.11	0.59	1.47	100.00	1938	73
2101—2300	1	6.00	4.76	85.57	4.42	0.31	2.76	6.94	100.00	2280	78
2301—2500	1	5.00	3.69	83.98	5.46	2.29	2.56	5.71	100.00	2381	81
2501—2700
2701—3000
3001—3500
3501—4000
4001 & above
all groups	6	6.19	4.98	87.10	4.77	2.06	1.96	4.11	100.00	1893	63

Calorie and Protein Values of Food Items in Rural Areas

TABLE (15.3/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 21—24

calorie intake, per diem per consumer unit	no: of sample house- holds	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500											
1501—1700 . .											
1701—1900 . .	1	1.00	0.70	41.45	4.41	5.11	2.30	46.73	100.00	1865	54
1901—2100 . .											
2101—2300 . .											
2301—2500 . .											
2501—2700 . .											
2701—3000 . .											
3001—3500 . .											
3501—4000 . .											
4001 & above	1	2.00	1.31	97.55				2.45	100.00	4009.	119
all groups	2	1.34	0.91	79.24	1.44	1.67	0.75	16.90	100.00	2915	86

TABLE (15.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500												
1501—1700								
1701—1900	1	6.00	4.33	80.70	4.32	6.81	1.89	6.28	100.00	1836	54
1901—2100								
2101—2300	1	7.00	5.46	87.89	1.86	6.73	2.43	1.09	100.00	2268	73
2301—2500	1	5.00	3.69	90.53		2.84	3.41	3.22	100.00	2381	67
2501—2700	1	6.00	4.66	86.37	6.91	2.07	2.49	2.16	100.00	2589	83
2701—3000	2	9.56	6.59	84.86	4.42	5.35	2.49	2.88	100.00	2781	84
3001—3500	2	7.52	6.31	88.75	6.48	3.26	1.16	0.35	100.00	3452	110
3501—4000											
4001 & above							
all groups		8	6.96	5.36	86.96	5.44	3.90	1.84	1.86	100.00	2815	88

Calorie and Protein Values of Food Items in Rural Areas

TABLE (15.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer house units per house- hold	percentage of calorie from food group					average intake per diem per consumer un t		
				I	II	III	IV	V	total	calorie	protein (gm)
1	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500
1501—1700
1701—1900
1901—2100
2101—2300
2301—2500
2501—2700
2701—3000
3001—3500
3501—4000
4001 & above
all groups	15	7.09	5.66	80.22	4.30	8.85	3.70	2.93	100.00	2713	82

TABLE (15.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer unit per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700			
1701—1900											
1901—2100	3	7.59	6.59	77.68	2.93	12.77	4.94	1.68	100.00	2020	63
2101—2300	2	8.18	6.52	77.37	5.34	12.32	0.85	4.12	100.00	2211	72
2301—2500	1	6.00	5.14	92.13		3.98	2.39	1.50	100.00	2446	70
2501—2700	2	6.28	5.07	85.06	2.31	7.78	2.40	2.45	100.00	2685	64
2701—3000	2	7.00	5.45	73.86	5.91	12.21	4.88	3.14	100.00	2825	91
3001—3500	6	6.99	5.70	84.12	4.78	7.14	2.25	1.71	100.00	3257	101
3501—4000	2	7.30	5.34	81.92	1.68	3.27	2.77	10.36	100.00	3863	114
4001 & above											
all groups	18	7.14	5.81	81.18	4.15	8.89	2.99	2.79	100.00	2774	85

TABLE (15.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700											
1701—1900											
1901—2100											
2101—2300	1	3.00	2.18	53.21	4.59	9.97	5.98	26.25	100.00	2300	64
2301—2500	1	10.00	8.82	76.09	3.56	18.95		1.40	100.00	2343	78
2501—2700	3	5.83	4.73	78.92	4.19	9.32	3.85	3.72	100.00	2641	8
2701—3000											
3001—3500	5	6.69	5.04	70.05	4.03	20.57	2.34	3.01	100.00	3246	101
3501—4000	5	6.08	4.89	79.58	3.29	11.67	1.76	3.70	100.00	3777	109
4001 & above	8	6.90	5.21	76.64	3.84	8.81	5.01	5.70	100.00	4567	126
all groups	23	6.40	5.02	75.90	3.79	12.82	3.17	4.32	100.00	3487	103

TABLE (15.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group: Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	proteins (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700											
1701—1900	1	7.00	5.99	83.31	2.05	4.80	6.01	3.83	100.00	1875	53
1901—2100											
2101—2300	1	9.00	7.82	86.81	3.16	6.05	1.82	2.16	100.00	2113	55
2301—2500	2	6.50	5.57	82.64	1.75	7.93	4.05	3.63	100.00	2404	74
2501—2700											
2701—3000	5	6.79	5.62	70.97	4.69	15.16	4.85	4.33	100.00	2888	92
3001—3500	9	6.77	5.57	77.18	3.31	13.66	3.46	2.39	100.00	3223	99
3501—4000	5	7.01	5.87	76.57	2.55	13.25	4.13	3.50	100.00	3664	119
4001 & above	18	5.33	3.98	70.66	4.61	14.03	2.55	8.15	100.00	4839	142
all groups	41	6.12	4.87	73.53	3.97	13.55	3.26	5.69	100.00	3739	113

Calorie and Protein Values of Food Items in Rural Areas

TABLE (15.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State: PUNJAB

Per capita monthly expenditure group : Rs.75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 .											..
1501—1700 . .			.								
1701—1900
1901—2100
2101—2300 . .			.								
2301—2500								
2501—2700 . .	2	9.72	7.54	73.81	5.87	13.30	3.55	3.47	100.00	2592	79
2701—3000								
3001—3500 . . .	5	6.97	5.52	76.11	3.76	12.02	4.10	4.01	100.00	3335	95
3501—4000 . .	4	4.12	3.24	71.56	5.11	15.66	5.48	2.19	100.00	3694	108
4001 & above	29	4.67	3.75	74.47	4.50	14.13	3.81	3.09	100.00	5133	154
all groups	40	5.19	4.13	74.28	4.62	14.03	3.95	3.12	100.00	4419	132

TABLE (15.10/R) : PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs-100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit				
				I	II	III	IV	V	total	calorie	protein (gm.)			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)			
upto—1500			
1501—1700			
1701—1900			
1901—2100			
2101—2300			
2301—2500			
2501—2700			
2701—3000			
3001—3500	.	.	.	1	5.00	3.88	83.70	3.68	8.33	1.15	3.14	100.00	3551	104
3501—4000	.	.	.	4	3.06	2.49	64.34	5.24	20.37	3.11	6.94	100.00	3699	110
4001 & above	28	4.90	3.95	58.67	3.86	17.94	3.51	16.02	100.00	7307	207
all groups	33	4.72	3.80	59.48	3.90	17.79	3.44	15.39	100.00	6873	195			

Calorie and Protein Values of Food Items in Rural Areas

TABLE (16.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : all expenditure classes
No. of sample villages : 128

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	5	6.90	5.71	87.78	1.33	8.48	0.67	1.74	100.00	1442	48
1501—1700	5	7.29	5.51	90.29	1.58	5.55	1.75	.83	100.00	1605	50
1701—1900	2	6.51	5.74	94.14	2.46	2.23		1.17	100.00	1812	56
1901—2100	13	5.70	4.67	89.62	2.16	3.76	2.61	1.85	100.00	1991	64
2101—2300	20	7.03	5.77	86.54	2.83	6.85	1.99	1.79	100.00	2188	70
2301—2500	30	6.54	5.29	86.04	2.88	7.29	2.18	1.61	100.00	2380	77
2501—2700	30	7.36	5.74	87.61	3.44	4.35	2.70	1.90	100.00	2590	86
2701—3000	29	7.04	5.80	83.46	3.25	10.08	1.43	1.78	100.00	2790	90
3001—3500	48	6.89	5.56	88.37	2.20	5.08	2.06	2.29	100.00	3187	105
3501—4000	46	4.52	3.63	85.43	2.71	7.57	2.19	2.10	100.00	3683	117
4001 & above	90	4.53	3.61	80.37	3.56	10.35	3.53	2.19	100.00	5316	163
all groups	318	5.94	4.78	84.64	3.01	7.76	2.57	2.02	100.00	3213	102

TABLE (16.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	proteins (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	3	6.89	5.56	93.21		4.82	0.41	1.56	100.00	1457	49
1501—1700	4	7.37	5.54	90.55	1.59	5.29	1.74	0.83	100.00	1605	50
1701—1900	1	9.00	7.02	95.49	3.01			1.50	100.00	1759	60
1901—2100	3	5.00	3.84	92.56	2.64	0.69	2.14	1.97	100.00	2065	66
2101—2300	4	6.99	5.85	96.01	1.92	0.61	0.54	0.92	100.00	2146	64
2301—2500	5	6.93	5.31	88.34	3.21	5.37	1.68	1.40	100.00	2356	79
2501—2700	1	3.00	1.97	93.14	2.30	0.51	2.88	1.17	100.00	2644	82
2701—3000	1	16.00	12.64	93.43	3.37	2.37	0.41	0.42	100.00	2911	97
3001—3500											
3501—4000											
4001 & above											
all groups	22	6.48	5.07	91.48	2.28	3.55	1.44	1.25	100.00	1997	64

Calorie and Protein Values of Food Items in Rural Areas

TABLE (16.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure Rs.15— 1

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm-)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500												
1501—1700	1	6.00	4.97	85.77	1.43	10.13	1.90	0.77	100.00	1601	48	
1701—1900									
1901—2100	7	6.20	5.02	88.60	1.99	6.05	1.98	1.38	100.00	1975	62	
2101—2300	8	7.16	5.88	86.58	3.10	6.82	2.13	1.37	100.00	2198	72	
2301—2500	4	4.98	4.10	91.37	2.62	1.78	2.65	1.58	100.00	2401	77	
2501—2700	11	7.81	6.23	92.92	1.34	2.94	1.65	1.15	100.00	2591	86	
2701—3000	5	4.75	3.90	93.73	1.69	2.21	0.70	1.67	100.00	2791	86	
3001—3500	4	10.39	8.43	94.18	0.14	2.45	0.82	2.41	100.00	3064	106	
3501—4000	3	5.93	4.70	97.87	0.20	0.29	0.47	1.17	100.00	3820	129	
4001 & above						
all groups	43	6.89	5.59	91.54	1.60	3.81	1.51	1.54	100.00	2522	83	

TABLE (16.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	14.00	12.15	76.23	3.85	17.00	0.85	2.07	100.00	1453	47
1501—1700
1701—1900	1	6.00	5.48	93.81	2.32	2.79		1.08	100.00	1826	5
1901—2100											
2101—2300	5	7.74	6.25	82.88	2.29	9.61	2.42	2.80	100.00	2185	71
2301—2500	3	9.53	7.84	89.09	1.88	4.86	2.89	1.28	100.00	2366	77
2501—2700	4	8.24	6.16	81.82	6.05	8.26	1.92	1.95	100.00	2522	89
2701—3000	3	10.57	8.36	89.65	1.77	6.04	0.49	2.05	100.00	2753	93
3001—3500	5	6.04	4.84	92.51	2.51	1.36	2.23	1.39	100.00	3163	111
3501—4000	4	4.82	4.25	96.21	0.25	0.36	1.57	1.61	100.00	3605	121
4001 & above											
all groups	26	7.38	5.95	88.58	2.66	5.01	1.93	1.82	100.00	2654	90

Calorie and Protein Values of Food Items in Rural Areas

TABLE (16.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs, 24—28

calorie intake per diem per consumer unit	no. of sample house holds	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700
1701—1900					
1901—2100	2	6.90	5.61	88.83	2.56	1.97	4.10	2.54	100.00	1960	63
2101—2300
2301—2500	14	6.49	5.32	83.37	2.80	9.90	2.03	1.90	100.00	2379	75
2501—2700	2	6.39	4.81	83.07	4.74	8.39	1.67	2.13	100.00	2602	86
2701—3000	3	7.73	6.44	85.32	3.76	6.72	2.23	1.97	100.00	2837	94
3001—3500	8	6.89	5.47	88.27	2.81	4.52	3.17	1.23	100.00	3096	102
3501—4000	6	3.51	2.80	88.08	3.42	4.51	2.82	1.17	100.00	3618	112
4001 & above	1	1.00	0.64	96.16	1.79	0.42		1.63	100.00	4943	178
all groups	36	5.85	4.79	85.99	3.16	6.50	2.60	1.75	100.00	2674	86

TABLE (16.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500											
1501—1700											
1701—1900											
1901—2100											
2101—2300											
2301—2500	1	7.00	5.02	87.99		7.81	2.50	1.70	100.00	2393	71
2501—2700	5	5.53	4.19	90.08	2.10	2.97	2.32	2.53	100.00	2653	83
2501—3000	9	5.74	4.68	77.36	3.42	13.89	2.14	3.19	100.00	2861	98
3001—3500	12	6.38	5.00	85.16	1.53	7.53	1.90	3.88	100.00	3327	106
3501—4000	7	4.81	3.57	81.95	3.75	9.60	2.50	2.20	100.00	3669	116
4001 & above	7	4.92	3.99	95.14	1.48	0.80	0.96	1.62	100.00	4386	152
all groups	41	5.58	4.38	86.60	2.17	6.62	1.82	2.79	100.00	3405	112

Calorie and Protein Values of Food Items in Rural Areas

TABLE (16.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit					
				I	II	III	IV	V	total	calorie	protein (gm.)				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)				
upto 1500				
1501—1700				
1701—1900				
1901—2100				
2101—2300				
2301—2500	2	4.33	3.66	83.25	5.61	7.69	2.48	0.97	100.00	2475	79
2501—2700	5	9.04	7.30	84.43	5.09	2.66	5.48	2.34	100.00	2610	86
2701—3000	6	8.58	7.26	81.19	4.01	12.74	0.86	1.20	100.00	2712	85
3001—3500	6	7.05	5.76	87.67	2.31	5.86	2.38	1.78	100.00	3163	97
3501—4000	10	4.52	3.60	79.93	3.05	12.88	1.84	2.30	100.00	3750	118
4001 & above	11	4.59	3.63	83.26	3.49	7.68	3.64	1.93	100.00	4529	145
all groups	40	6.22	5.07	83.22	3.62	8.54	2.78	1.84	100.00	32.78	104

TABLE (16.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	1.00	1.00	63.00	11.97	13.80	7.76	3.47	100.00	967	36
1501—1700 . . .											
1701—1900 . . .											
1901—2100 . . .											
2101—2300	3	3.29	2.73	76.59	6.63	10.36	2.13	4.29	100.00	2214	91
2301—2500	1	6.00	5.15	77.47	3.87	15.10	2.42	1.14	100.00	2411	79
2501—2700	2	7.50	6.48	78.15	3.50	7.40	4.78	6.17	100.00	2543	78
2701—3000	2	7.00	5.67	70.97	4.06	20.69	3.46	0.82	100.00	2862	95
3001—3500	7	5.81	4.92	84.65	4.44	6.65	2.49	1.77	100.00	3244	106
3501—4000	6	4.66	3.80	76.68	4.52	10.63	3.31	5.16	100.00	3594	110
4001 & above	19	4.46	3.40	79.93	4.18	11.62	2.17	2.10	100.00	4681	150
all groups	41	4.89	3.91	79.58	4.29	11.24	2.53	2.36	100.00	3807	122

Calorie and Protein Values of Food Items in Rural Areas

TABLE (16.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Rajasthan

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500
1501—1700
1701—1900
1901—2100
2101—2300
2301—2500
2501—2700
2701—3000
3001—3500	.	5	6.28	5.16	77.44	5.61	12.91	1.66	2.38	100.00	3319	102
3501—4000	.	8	5.98	4.94	79.71	3.28	12.03	2.72	2.26	100.00	3766	117
4001 & above	.	27	5.09	4.17	80.10	4.97	9.77	3.00	2.16	100.00	5169	167
all groups		40	5.24	4.30	79.94	4.86	10.10	2.92	2.18	100.00	4893	157

TABLE (16.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Rajasthan

Per capita monthly expenditure group : Rs.75—100

calorie intake per diem unit per consumer	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500					..						
1501—1700	
1701—1900			
1901—2100				
2101—2300	.	.									
2301—2500	.	.									
2501—2700	.									..	
2701—3000
3001—3500	.	.									
3501—4000	2	2.82	2.31	76.55	0.54	18.93	2.68	1.30	100.00	3596	114
4001 & above	7	4.72	3.88	76.12	2.32	16.17	2.23	3.16	100.00	5649	179
all groups	9	4.55	3.70	76.13	2.26	16.27	2.25	3.09	100.00	5533	175

TABLE (16.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Rajasthan

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500								
1501—1700				
1701—1900				
1901—2100	.	1	3.00	2.60	92.28	..	4.69	1.41	1.62	100.00	2049	66
2101—2300					
2301—2500				
2501—2700						
2701—3000					
3001—3500	.	1	5.00	4.33	80.95	3.42	5.14	4.39	6.10	100.00	3155	101
3501—4000				
4001 & above	.	18	3.67	2.88	75.01	2.39	13.66	6.59	2.35	100.00	7539	186
all groups	.	20	3.60	2.87	75.59	2.32	13.31	6.42	2.36	100.00	6891	172

TABLE (17.0/R) : PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 303

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per households	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	Calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . .	96	5.72	4.60	84.92	3.89	2.09	3.84	5.26	100.00	1256	34
1501—1700 . . .	56	4.96	4.02	83.77	4.10	3.23	3.98	4.92	100.00	1607	42
1701—1900 . . .	70	5.11	4.09	85.18	3.48	2.21	3.12	6.01	100.00	1797	47
1901—2100 . . .	83	5.14	4.17	84.14	4.58	2.51	3.88	4.89	100.00	1993	51
2101—2300 . . .	86	4.79	3.84	86.10	4.11	2.48	3.65	3.66	100.00	2196	57
2301—2500	71	4.07	3.32	85.67	4.02	2.32	3.78	4.21	100.00	2399	62
2501—2700	43	4.26	3.35	83.26	4.69	3.61	4.36	4.08	100.00	2596	69
2701—3000	69	4.24	3.38	83.33	4.73	3.72	3.70	4.52	100.00	2831	73
3001—3500	102	3.47	2.75	77.88	6.32	5.06	4.32	6.42	100.00	3231	86
3501—4000	58	4.40	3.44	81.94	6.12	3.98	4.06	3.90	100.00	3755	100
4001 & above	117	2.41	1.79	69.57	19.43	3.68	2.87	4.45	100.00	5932	202
all groups	853	4.40	3.51	81.31	6.97	3.22	3.70	4.80	100.00	2394	66

TABLE (17.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per households	percentage of calorie from food group.						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	31	5.83	4.66	87.54	3.45	1.28	3.02	4.71	100.00	1128	32
1501—1700
1701—1900
1901—2100
2101—2300
2301—2500
2501—2700
2701—3000
3001—3500
3501—4000
4001 & above
all groups	31	5.83	4.66	87.54	3.44	1.29	3.02	4.71	100.00	1128	32

TABLE (17.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . .	47	5.76	4.58	85.95	3.86	1.44	4.02	4.73	100.00	1298	34
1501—1700 . . .	24	5.30	4.14	88.53	2.99	1.49	2.29	4.70	100.00	1607	43
1701—1900 . . .	24	5.00	3.92	89.72	2.71	1.83	2.55	3.19	100.00	1782	48
1901—2100 . . .	13	5.72	4.56	91.52	2.37	0.57	2.49	3.05	100.00	2004	51
2101—2300 . . .	7	5.58	4.27	93.80	2.24	0.10	1.89	1.97	100.00	2193	59
2301—2500 . . .	6	4.81	3.98	90.60	4.92	0.42	1.89	2.17	100.00	2379	66
2501—2700 . . .	1	2.00	1.48	94.09	1.76	0.25	1.97	1.93	100.00	2569	67
2701—3000 . . .	3	5.24	3.92	93.29	2.16	0.15	1.43	2.97	100.00	2759	66
3001—3500 . . .	3	3.11	2.09	93.82	2.84	0.43	1.27	1.64	100.00	3071	86
3501—4000					
4001 & above . . .	1	5.00	3.84	35.78	0.93	61.45	0.84	1.00	100.00	4167	500
all groups	129	5.38	4.24	87.91	3.16	2.47	2.78	3.68	100.00	1679	48

Calorie and Protein Values of Food Items in Rural Areas

TABLE (17.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs- 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	11	6.29	5.22	80.94	4.26	4.84	4.76	5.20	100.00	1341	36
1501—1700	10	5.26	4.43	83.67	4.64	2.37	4.79	4.53	100.00	1611	42
1701—1900	11	5.74	4.48	87.89	3.38	1.32	3.05	4.36	100.00	1772	45
1901—2100	10	5.60	4.48	89.37	3.22	1.07	2.39	3.95	100.00	2020	53
2101—2300	9	5.55	4.42	90.32	2.62	0.84	3.58	2.64	100.00	2185	60
2301—2500	1	8.00	6.71	94.46	1.41	1.88	0.57	1.68	100.00	2373	81
2501—2700	3	4.11	3.17	90.80	2.35	2.30	2.25	2.30	100.00	2591	64
2701—3000	1	3.00	2.25	87.20	4.61	2.50	2.32	3.37	100.00	2706	83
3001—3500	1	7.00	5.01	75.69	20.82	0.48	0.83	2.18	100.00	3254	98
3501—4000											
4001 & above	1	13.00	10.57	59.76	2.24	1.69	0.63	35.68	100.00	4538	129
all groups	58	5.63	4.52	86.04	4.23	1.96	3.34	4.43	100.00	1864	50

TABLE 17.4/R) PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs- 24—28

calorie intake per diem per consumer unit	no- of sample households	average household size	no- of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	4	3.68	3.14	77.49	3.78	4.71	2.65	11.37	100.00	1399	38
1501—1700	8	4.93	4.05	79.63	3.70	6.92	5.13	4.62	100.00	1611	41
1701—1900	13	5.17	4.14	86.95	3.20	1.90	3.16	4.79	100.00	1778	46
1901—2100	19	5.13	4.14	85.90	4.60	2.82	3.40	3.28	100.00	1979	51
2101—2300	22	4.49	3.41	87.34	3.97	1.53	3.14	4.02	100.00	2193	56
2301—2500	10	3.92	3.07	90.85	1.96	1.52	2.58	3.09	100.00	2387	63
2501—2700	6	4.49	3.48	86.48	5.85	1.52	2.51	3.64	100.00	2610	70
2701—3000	5	5.19	3.86	88.27	4.19	0.94	2.60	4.00	100.00	2797	80
3001—3500	2	3.44	2.51	90.68	3.60	0.99	2.41	2.32	100.00	3150	79
3501—4000	1	3.00	1.97	95.63	0.37	0.55	0.99	2.46	100.00	3815	114
4001 & above - - - -	2	1.00	0.75	31.66			0.63	67.71	100.00	8032	219
all groups - - - -	92	4.54	3.57	85.84	3.71	2.23	3.08	5.14	100.00	2115	55

Calorie and Protein Values of Food Items in Rural Areas

TABLE (17.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs- 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
upto—1500 . . .	4	6.03	4.86	78.20	5.69	3.01	4.36	8.74	100.00	1387	36
1501—1700 . . .	12	4.67	3.88	76.03	6.37	5.89	5.86	5.85	100.00	1606	43
1701—1900 . . .	13	5.81	4.74	84.35	4.35	3.55	3.57	4.18	100.00	1847	48
1901—2100 . . .	19	5.27	4.38	82.82	6.08	2.18	4.19	4.73	100.00	1984	49
2101—2300 . . .	26	4.46	3.70	85.71	4.85	2.21	4.05	3.18	100.00	2192	55
2301—2500 . . .	26	4.27	3.48	86.77	4.03	1.94	3.60	3.66	100.00	2384	61
2501—2700 . . .	13	3.75	2.96	87.09	3.88	2.13	3.30	3.60	100.00	2576	70
2701—3000 . . .	15	3.91	2.99	88.77	3.44	1.56	2.97	3.26	100.00	2850	72
3001—3500 . . .	8	3.84	2.87	77.19	8.11	9.37	2.44	2.89	100.00	3185	91
3501—4000 . . .	4	4.00	3.04	92.65	2.41	1.04	2.20	1.70	100.00	3644	102
4001 & above . . .	6	1.55	0.93	89.13	3.38	0.19	2.14	5.16	100.00	4531	139
all groups	146	4.42	3.57	84.94	4.74	2.80	3.65	3.87	100.00	2263	59

TABLE (17.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs.34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	3.00	2.74	63.64	5.14	9.54	9.09	12.59	100.00	1204	34
1501—1700	2	2.00	1.84	80.46	4.72	0.95	6.44	7.43	100.00	1529	46
1701—1900	2	7.00	5.74	79.31	6.14	3.85	4.72	5.98	100.00	1829	49
1901—2100	12	4.82	3.80	73.78	6.14	6.13	6.64	7.31	100.00	1955	49
2101—2300	18	4.88	4.00	81.28	4.42	5.13	4.48	4.69	100.00	2222	55
2301—2500	18	3.81	3.15	83.27	4.23	4.25	4.59	3.66	100.00	2435	59
2501—2700	12	3.63	2.88	79.81	4.83	5.69	4.59	5.08	100.00	2598	75
2701—3000	19	4.02	3.33	83.93	4.76	3.91	3.79	3.61	100.00	2857	74
3001—3500	26	4.24	3.39	82.48	5.23	3.81	4.80	3.68	100.00	3218	89
3501—4000	16	4.49	3.55	87.32	5.54	1.93	2.78	2.43	100.00	3813	106
4001 & above	20	1.74	1.19	91.84	2.29	1.02	2.37	2.48	100.00	4986	126
all groups	146	3.86	3.09	83.40	4.70	3.78	4.19	3.93	100.00	2808	74

Calorie and Protein Values of Food Items in Rural Areas

TABLE (17.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per households	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500
1501—1700								
1701—1900	3	5.52	4.68	83.77	4.80	2.64	4.51	4.28	100.00	1809	51
1901—2100	5	2.62	2.26	66.93	5.27	3.68	4.46	17.66	100.00	2010	53
2101—2300	4	5.03	4.29	78.96	6.54	5.39	2.88	6.23	100.00	2163	58
2301—2500	8	3.44	2.82	74.47	6.18	4.07	10.15	5.13	100.00	2442	65
2501—2700	8	5.51	4.55	78.33	5.28	4.94	6.87	4.58	100.00	2603	64
2701—3000	16	4.93	4.03	80.19	6.04	4.96	4.57	4.24	100.00	2815	74
3001—3500	26	3.75	3.02	80.00	6.09	5.06	4.66	4.19	100.00	3280	85
3501—4000	12	3.95	3.09	80.33	5.95	5.63	4.97	3.12	100.00	3722	98
4001 & above	32	2.99	2.24	87.43	4.47	2.58	2.79	2.73	100.00	4802	123
all groups	114	3.89	3.12	81.81	5.44	4.17	4.49	4.09	100.00	3253	84

TABLE (17.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs- 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700											
1701—1900											
1901—2100	5	5.56	4.65	72.63	6.54	5.97	6.58	8.28	100.00	2057	54
2101—2300											
2301—2500	2	2.55	2.17	54.25	6.26	0.14	2.01	37.34	100.00	2393	63
2501—2700											
2701—3000	7	4.64	3.70	72.39	6.26	10.16	5.21	5.98	100.00	2858	75
3001—3500	23	2.55	2.04	73.17	7.22	6.95	4.84	7.82	100.00	3221	82
3501—4000	19	4.66	3.69	75.35	7.97	5.47	4.63	6.58	100.00	3737	92
4001 & above	30	2.57	1.93	47.56	44.39	2.47	2.42	3.16	100.00	7667	330
all groups	86	3.13	2.46	59.85	26.61	4.36	3.58	5.60	100.00	4563	158

Calorie and Protein Values of Food Items in Rural Areas

TABLE (17.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs- 75—100

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500												
1501—1700										..		
1701—1900												
1901—2100										..		
2101—2300												
2301—2500												
2501—2700												
2701—3000		3	1.26	1.15	36.63	2.11	2.58	3.64	55.04	100.00	2782	64
3001—3500		8	3.24	2.67	72.86	5.57	5.85	6.34	9.38	100.00	3246	78
3501—4000		5	6.77	5.46	70.18	9.03	7.74	7.97	5.08	100.00	3872	102
4001 & above		9	1.82	1.39	87.47	5.54	1.16	3.27	2.56	100.00	7930	209
all groups		25	2.74	2.22	78.36	5.79	3.86	4.99	7.00	100.00	4683	119

TABLE (17.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700 . .											
1701—1900 . .	4	1.14	1.13					100.00	100.00	1805	40
1901—2100 . .											
2101—2300 . .											
2301—2500											
2501—2700 . .											
2701—3000 . .											
3001—3500 . .	5	1.79	1.70	40.73	2.22	3.21	0.88	52.96	100.00	3310	76
3501—4000	1	8.00	6.15	56.16	10.03	9.72	16.30	7.79	100.00	3592	85
4001 & above .	16	2.74	2.21	67.31	9.18	7.48	6.95	9.08	100.00	5893	146
all groups	26	1.99	1.74	55.42	6.90	5.95	5.24	26.49	100.00	4265	103

Calorie and Protein Values of Food Items in Rural Areas

TABLE (18.0/R) : PERCENTAGE (0.00) OF CALORIE PER CONSUMER UNIT DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : Uttar Pradesh

No. of sample villages : 328

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per unit consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	33	6.69	5.38	86.23	6.71	1.38	4.09	1.59	100.00	1285	41
1501—1700	26	6.05	4.92	83.64	5.43	4.83	3.24	2.86	100.00	1620	53
1701—1900	37	6.50	5.20	86.93	5.20	2.86	2.88	2.13	100.00	1803	57
1901—2100	59	6.65	5.26	87.16	5.44	1.88	3.50	2.02	100.00	2007	63
2101—2300	64	6.16	4.92	85.67	7.10	2.04	3.60	1.59	100.00	2216	72
2301—2500	88	6.15	4.82	85.65	6.11	3.24	3.29	1.71	100.00	2396	78
2501—2700	91	6.24	4.93	80.47	6.80	5.68	4.76	2.29	100.00	2606	84
2701—3000	150	6.14	4.82	85.59	6.26	3.81	2.73	1.61	100.00	2844	90
3001—3500	233	5.38	4.25	84.35	6.23	4.62	3.09	1.71	100.00	3244	104
3501—4000	173	5.29	4.20	84.64	6.15	4.12	3.20	1.89	100.00	3723	117
4001 & above	330	4.54	3.56	82.23	6.55	5.61	3.93	1.68	100.00	4936	155
all groups	1284	5.82	4.38	83.93	6.33	4.47	3.49	1.78	100.00	3198	102

TABLE (18.1/R) 1 PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : Uttar Pradesh

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto —1500 . .	18	6.90	5.48	89.69	4.93	0.85	3.22	1.31	100.00	1345	43
1501—1700 . .	9	4.89	3.82	89.43	4.85	1.23	2.57	1.92	100.00	1560	50
1701—1900 . .	10	6.82	5.48	92.22	3.68	0.45	2.08	1.57	100.00	1782	58
1901—2100 . .	6	5.58	4.32	94.10	3.69		0.93	1.28	100.00	2010	69
2101—2300 . .	1	5.00	3.84	95.01	4.04		0.90	0.05	100.00	2159	50
2301—2500 . .	4	6.10	4.39	90.23	4.07	0.51	3.68	1.51	100.00	2423	75
2501—2700 . .	2	15.07	11.74	91.73	3.13	0.22	2.43	2.49	100.00	2575	80
2701—3000 . .											
3001—3500 . .											
3501—4000											
4001 & above . .											
all groups	50	6.45	5.06	91.25	4.19	0.56	2.51	1.49	100.00	1712	55

Calorie and Protein Values of Food Items in Rural Areas

TABLE (18·2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : Uttar Pradesh

Per capita monthly expenditure group : Rs. 15.21

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	8	7.75	6.35	82.08	10.68	1.35	3.71	2.18	100.00	1238	41
1501—1700	10	7.08	5.86	82.96	4.76	5.87	3.06	3.35	100.00	1636	53
1701—1900	11	6.98	5.63	87.86	4.56	2.42	3.19	1.97	100.00	1797	55
1901—2100	29	7.37	5.80	87.78	4.74	1.63	3.50	2.35	100.00	1997	64
2101—2300	25	6.43	5.07	89.87	4.56	0.83	2.93	1.81	100.00	2221	72
2301—2500	24	5.83	4.50	89.43	5.13	1.01	2.65	1.78	100.00	2377	78
2501—2700	19	5.85	4.49	88.64	5.93	1.48	2.53	1.42	100.00	2606	91
2701—3000	17	5.57	4.27	87.32	8.00	0.51	2.07	2.10	100.00	2811	83
3001—3500	7	5.46	3.94	95.23	1.87	0.06	1.91	0.93	100.00	3208	102
3501—4000	2	5.35	3.88	93.28	5.33		0.90	0.49	100.00	3549	116
4001 & above	2	2.99	1.90	88.32	1.82	7.90	0.48	1.48	100.00	4111	145
all groups	154	6.39	5.00	88.53	5.30	1.46	2.79	1.92	100.00	2216	72

TABLE (18.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES-

State : Uttar Pradesh

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	3.85	2.97	85.65	6.60	3.19	2.91	1.65	100.00	1401	38
1501—1700 . .	3	6.47	5.05	82.32	4.33	6.20	4.01	3.14	100.00	1621	59
1701—1900 . .	7	6.55	5.13	82.81	7.36	5.43	2.30	2.10	100.00	1845	59
1901—2100 . .	9	6.97	5.50	84.13	6.14	3.54	4.53	1.66	100.00	2031	63
2101—2300 . .	8	6.43	5.24	87.60	8.01	0.79	2.84	0.76	100.00	2223	74
2301—2500 . .	17	6.51	5.15	87.70	5.14	2.46	3.27	1.43	100.00	2399	77
2501—2700 . .	10	7.73	6.42	78.27	6.05	3.50	11.14	1.04	100.00	2574	78
2701—3000 . .	24	6.87	5.41	90.24	4.77	1.64	2.16	1.19	100.00	2839	89
3001—3500 . .	15	6.68	5.06	88.77	7.03	1.87	1.63	0.70	100.00	3242	117
3501—4000 . .	5	4.38	3.18	90.85	5.80		1.79	1.56	100.00	3694	119
4001 & above .	2	5.86	4.56	87.62	6.66	0.52	4.68	0.52	100.00	4622	158
all groups	102	6.62	5.21	87.22	5.91	2.25	3.43	1.19	100.00	2625	85

Calorie and Protein Values of Food Items in Rural Areas

TABLE (18.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Uttar Pradesh

Per capita monthly expenditure group : Rs-24-28

calorie intake per diem per consumer unit	no. of sample house- hold	average house- hold size	no. of consumer units per house- hold	percentage of calorie from Food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	3.00	2.60	76.46	15.35	3.84	4.32	0.03	100.00	1336	29
1501—1700 . .	2	7.45	6.22	73.13	14.52	5.21	5.76	1.38	100.00	1676	50
1701—1900 . .	3	8.68	6.86	80.98	6.96	5.59	5.26	1.21	100.00	1792	57
1901—2100 . .	6	6.12	4.89	84.08	6.88	3.68	3.81	1.55	100.00	2004	58
2101—2300 . .	10	5.44	4.39	84.12	8.41	2.12	3.91	1.44	100.00	2187	73
2301—2500 . .	15	4.97	4.03	86.31	6.99	1.92	3.32	1.46	100.00	2419	77
2501—2700 . .	17	7.77	6.00	83.91	6.40	5.66	2.79	1.24	100.00	2617	83
2701—3000 . .	32	5.90	4.56	85.15	7.47	3.09	2.67	1.62	100.00	2852	93
3001—3500 . .	32	5.10	3.89	88.82	6.49	0.85	2.61	1.23	100.00	3242	106
3501—4000 . .	13	5.81	4.46	82.93	7.27	1.59	1.89	6.32	100.00	3664	122
4001 & above	8	4.51	3.38	90.86	6.19	0.75	1.46	0.74	100.00	4328	149
all groups	139	5.73	4.45	85.76	7.04	2.47	2.70	2.03	100.00	2880	94

TABLE (18.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : UTTAR PRADESH

per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	4	5.46	4.42	69.29	6.65	5.94	15.55	2.57	100.00	940	27
1501—1700
1701—1900	2	4.34	3.30	80.24	8.41	5.22	3.64	2.49	100.00	1842	64
1901—2100	7	6.28	5.10	85.09	7.16	2.84	3.70	1.21	100.00	2017	62
2101—2300	11	5.84	4.78	79.62	9.83	4.62	4.64	1.29	100.00	2228	73
2301—2500	18	6.19	4.83	82.23	7.33	6.10	2.92	1.42	100.00	2383	80
2501—2700	14	5.45	4.31	81.47	6.45	5.98	4.11	1.99	100.00	2605	81
2701—3000	34	6.74	5.28	84.94	5.84	4.96	2.77	1.49	100.00	2835	89
3001—3500	63	5.97	4.85	86.72	5.82	2.88	2.64	1.94	100.00	3223	103
3501—4000	42	6.02	4.67	87.57	6.06	2.30	2.73	1.34	100.00	3704	120
4001 & above	22	5.17	4.17	90.91	4.12	0.44	3.61	0.92	100.00	4343	140
all groups	217	5.97	4.75	86.32	5.95	3.15	3.04	1.54	100.00	3128	104

TABLE (18.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : UTTAR PRADESH

per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no- of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500												
1501—1700	2	2.00	1.83	83.73	6.70	4.45	2.47	2.65	100.00	1649	60	
1701—1900	2	5.92	4.90	77.45	4.62	2.13	2.44	13.36	100.00	1756	56	
1901—2100	1	5.00	3.61	2.69	15.39		1.05	0.87	100.00	1974	46	
2101—2300	5	6.42	5.14	83.41	7.95	2.00	4.26	2.38	100.00	2211	67	
2301—2500	8	7.66	6.17	78.13	6.56	7.69	4.39	3.23	100.00	2428	76	
2501—2700	16	5.76	4.53	78.85	9.36	3.63	6.33	1.83	100.00	2605	84	
2701—3000	28	5.57	4.50	82.58	6.77	6.26	2.65	1.74	100.00	2863	91	
3001—3500	48	5.17	4.11	82.94	6.59	6.13	2.99	1.35	100.00	3269	102	
3591—4000	52	5.31	4.25	86.19	5.32	4.12	2.93	1.44	100.00	3717	116	
4001 & above	62	4.20	3.22	85.11	5.76	2.85	5.03	1.25	100.00	4740	149	
all groups	224	5.08	4.02	84.05	6.22	4.32	3.88	1.53	100.00	3540	111	

TABLE (18.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTAR PRADESH

per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500
1501—1700
1701—1900	1	2.00	1.71	75.31	3.78	..	17.77	3.14	100.00	1728	43
1901—2100	1	4.00	3.58	81.13	6.11	..	8.05	4.71	100.00	2081	60
2101—2300	2	8.02	6.39	78.03	8.39	6.81	5.34	1.43	100.00	2204	78
2301—2500	1	24.00	19.83	83.91	3.60	6.19	4.41	1.89	100.00	2402	79
2501—2700	7	4.99	4.16	76.55	8.16	10.14	3.40	1.75	100.00	2627	81
2701—3000	12	5.45	4.23	80.26	6.56	5.88	5.06	2.24	100.00	2857	90
3001—3500	41	4.78	3.81	81.34	6.29	6.76	3.82	1.79	100.00	3229	103
3501—4000	34	5.51	4.44	11.61	6.68	6.36	4.01	1.34	100.00	3770	116
4001 & above	78	5.53	4.28	84.22	6.21	5.61	2.61	1.35	100.00	4679	146
all groups	177	5.36	4.24	82.62	6.41	6.09	3.36	1.52	100.00	3844	120

TABLE (18.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTAR PRADESH

per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500							
1501—1700											
1701—1900	1	4.00	3.55	87.77	3.79	4.78	2.30	1.36	100.00	1835	67
1901—2100						
2101—2300											
2301—2500	1	10.00	8.26	55.41	20.78	12.69	9.33	1.79	100.00	2336	85
2501—2700	2	3.52	3.11	53.27	4.27	25.10	1.86	15.50	100.00	2606	87
2701— 000	1	7.00	5.69	97.73			1.86	0.41	100.00	2842	80
3001—3500	16	5.74	4.58	73.66	7.23	11.42	5.81	1.88	100.00	3292	102
3501—4000	14	4.60	3.82	82.51	5.73	6.63	3.34	1.79	100.00	3776	109
4001 & above	77	4.67	3.73	80.10	7.90	6.06	4.21	1.73	100.00	5110	157
All groups	112	4.84	3.90	79.25	7.53	6.99	4.27	1.96	100.00	4441	136

TABLE (18.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTAR PRADESH

per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700											
1701—1900			
1901—2100								
2101—2300	1	4.00	2.97	74.88	19.94		3.30	1.88	100.00	2296	78
2301—2500					
2501—2700	2	6.54	5.35	80.58	4.69	11.06	1.31	2.36	100.00	26213	82
2701—3000	2	6.48	5.27	78.04	3.69	12.13	3.91	2.23	100.00	2908	101
3001—3500	7	3.02	2.46	74.37	7.81	7.52	4.83	5.47	100.00	3319	103
3501—4000	11	2.82	2.43	72.90	8.37	8.80	7.48	2.45	100.00	3757	116
4001 & above	45	3.72	3.00	77.92	7.04	9.48	3.86	1.70	100.00	5350	170
all groups	68	3.59	2.92	76.99	7.26	9.26	4.38	2.11	100.00	4579	145

Calorie and Protein Values of Food Items in Rural Areas

TABLE (18.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTAR PRADESH

per capita monthly expenditure group : Rs. 100 and above

calorie intake per diem per consumer unit	No. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500				
1501—1700											
1701—1900									
1901—2100											
2101—2300	1	6.00	5.04	26.10	24.29	21.59	18.51	9.51	100.00	2251	90
2301—2500			..								
2501—2700	2	6.59	5.04	53.14	7.85	20.32	7.94	10.75	100.00	2620	84
2701—3000											
3001—3500	4	4.33	3.36	67.16	6.31	17.02	5.65	3.86	100.00	3319	105
3501—4000											
4001 & above	34	3.14	2.53	70.42	7.35	11.64	5.96	4.63	100.00	6473	198
all groups	47	3.73	2.36	62.16	7.37	13.20	6.18	5.09	100.00	5091	157

TABLE (19.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

no. of sample villages : 275

per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	73	5.61	4.54	88.39	3.14	1.42	3.48	3.57	100.00	1233	36
1501—1700	55	5.98	4.81	89.98	2.14	0.93	2.99	3.96	100.00	1614	45
1701—1900	68	5.78	4.70	87.84	2.75	1.94	3.83	3.64	100.00	1798	50
1901—2100	80	5.60	4.40	87.44	3.32	1.88	3.63	3.73	100.00	2003	55
2101—2300	94	5.82	4.78	86.18	3.15	2.32	4.29	4.06	100.00	2211	60
2301—2500	79	5.45	4.42	85.65	4.02	2.88	3.68	3.77	100.00	2406	67
2501—2700	68	5.92	4.77	84.88	3.58	3.39	3.89	4.26	100.00	2605	70
2701—3000	85	5.08	4.09	85.54	3.19	3.56	4.28	3.43	100.00	2826	75
3001—3500	90	5.07	4.07	85.28	3.54	3.44	4.13	3.61	100.00	3207	85
3501—4000	55	4.60	3.62	85.08	3.53	3.85	4.03	3.51	100.00	3729	95
4001 & above	35	4.18	3.23	82.30	3.55	5.79	3.72	4.64	100.00	4646	122
all groups	782	5.48	4.41	86.18	3.30	2.83	3.89	3.80	100.00	2311	63

Calorie and Protein Values of Food Items in Rural Areas

TABLE (19.1R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : WEST BENGAL

per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	32	5.81	4.64	89.12	3.17	1.49	2.88	3.34	100.00	1114	34
1501—1700	3	6.75	5.09	94.30	0.30	0.66	2.74	2.00	100.00	1534	46
1701—1900	1	7.00	5.52	93.65	1.17	0.53	1.53	3.12	100.00	1781	43
1901—2100
2101—2300
2301—2500
2501—2700
2701—3000
3001—3500
3501—4000
4001 & above
all groups	36	5.88	4.68	89.64	2.89	1.40	2.84	3.23	100.00	1149	35

TABLE (19.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES-

State : WEST BENGAL

per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	33	5.58	4.59	89.48	3.05	1.03	3.42	3.02	100.00	1335	38
1501—1700	28	6.27	5.00	90.99	1.77	0.79	2.63	3.82	100.00	1594	44
1701—1900	17	5.31	4.31	91.22	1.26	0.51	2.54	4.47	100.00	1788	49
1901—2100	14	5.42	3.95	89.23	2.30	1.33	3.35	3.79	100.00	1984	56
2101—2300	2	5.39	4.18	95.68	1.00	0.43	1.51	1.38	100.00	2216	70
2301—2500											
2501—2700											
2701—3000	1	1.00	0.50	84.60	8.33		4.32	2.75	100.00	2779	87
3001—3500											
3501—4000			..								
4001 & above	1	1.00	0.51					100.00	100.00	4706	118
all groups	96	5.56	4.43	89.97	2.15	0.89	2.94	4.05	100.00	1607	45

TABLE (19.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	Total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	2	6.85	5.52	86.21	3.34	1.95	4.92	3.58	100.00	1203	35
1501—1700	19	6.11	5.02	89.63	2.21	0.75	3.25	4.16	100.00	1638	46
1701—1900	23	5.30	4.17	88.16	2.76	2.22	3.35	3.51	100.00	1806	51
1901—2100	21	5.65	4.42	91.50	2.48	0.84	2.62	2.56	100.00	1989	52
2101—2300	9	5.57	4.18	87.76	3.18	1.71	3.90	3.45	100.00	2162	56
2301—2500	5	4.31	3.38	92.19	2.18	1.02	1.74	2.87	100.00	2389	65
2501—2700	1	6.00	4.87	90.72	1.18	8.10	100.00	2609	66
2701—3000	2	3.44	2.27	94.06	1.33	0.08	2.00	2.53	100.00	2934	68
3001—3500
3501—4000
4001 & above
all groups	82	5.54	4.39	89.72	2.46	1.27	3.04	3.51	100.00	1881	51

TABLE (19.4/R) : PERCENTAGE (0. 00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

per capita monthly expenditure group : Rs. 24-28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average in take per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	5.00	3.75	84.51	3.04	1.68	7.53	3.24	100.00	1248	41
1501—1700	4	3.18	2.54	79.83	6.94	4.98	4.00	4.25	100.00	1662	51
1701—1900	12	6.09	4.91	86.96	3.76	1.96	4.80	2.52	100.00	1815	51
1901—2100	25	5.76	4.65	86.41	4.19	1.70	3.68	4.02	100.00	2022	57
2101—2300	21	5.64	4.58	88.73	2.58	1.21	3.85	3.63	100.00	2202	56
2301—2500	12	6.98	5.58	89.03	4.17	2.01	2.27	2.52	100.00	2405	67
2501—2700	7	7.04	5.24	92.39	1.82	0.48	2.62	2.69	100.00	2594	62
2701—3000	2	5.65	4.31	88.69	5.10	0.63	3.27	2.31	100.00	2818	72
3001—3500	2	4.00	2.92	78.46	3.56	0.65	1.18	14.15	100.00	3226	95
3501—4000
4001—& above
all groups	87	5.88	4.69	87.88	3.52	1.55	3.53	3.52	100.00	2153	58

Calorie and Protein Values of Food Items in Rural Areas

TABLE (19.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

STATE : WEST BENGAL

per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	51
1501—1700	1	4.00	2.83	78.37	6.04	2.32	6.30	6.97	100.00	1683	48
1701—1900	11	7.09	6.06	85.83	3.29	2.84	4.48	3.56	100.00	1783	53
1901—2100	15	5.71	4.65	83.79	4.12	2.98	4.73	4.38	100.00	1985	61
2101—2300	31	6.95	5.83	86.45	3.24	2.03	3.71	4.57	100.00	2219	66
2301—2500	31	5.78	4.70	85.82	3.60	2.65	3.71	4.22	100.00	2412	74
2501—2700	12	5.96	4.94	86.64	4.86	2.27	3.57	2.66	100.00	2598	77
2701—3000	17	5.33	4.16	89.73	2.36	1.65	3.18	3.08	100.00	2849	77
3001—3500	5	7.63	6.02	91.94	1.38	0.99	4.12	1.57	100.00	3276	73
3501—4000	3	1.99	1.11	92.85	0.74	0.40	4.23	1.78	100.00	3752	84
4001 & above	—
all groups	126	5.88	4.81	86.71	3.35	2.27	3.83	3.84	100.00	2325	63

TABLE (19.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

percapita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500	1	1.00	1.02	14.28					85.72	100.00	1441	34
1501—1700							—	—
1701—1900 . .	1	5.00	4.62	90.15	2.02	1.47	5.29	1.07	100.00	100.00	1841	49
1901—2100 . .	4	5.56	4.48	82.83	1.57	6.15	4.33	5.12	100.00	100.00	1936	52
2101—2300 . .	21	5.59	4.65	84.54	2.96	3.09	5.19	4.22	100.00	100.00	2217	61
2301—2500 . .	17	5.62	4.52	83.85	4.72	4.21	4.44	2.78	100.00	100.00	2402	67
2501—2700 . .	31	6.22	5.06	85.89	3.40	3.33	3.95	3.43	100.00	100.00	2611	70
2701—3000 . .	31	5.63	4.52	86.79	3.19	3.18	4.21	2.63	100.00	100.00	2810	74
3001—3500 . .	20	4.32	3.30	87.00	3.22	2.05	3.88	3.85	100.00	100.00	3175	84
3501—4000 . .	5	4.64	3.49	91.44	2.98	0.53	2.88	2.17	100.00	100.00	3730	99
4001 & above .	2	4.26	3.04	91.79		4.13	3.37	0.71	100.00	100.00	4152	125
all groups	133	5.43	4.36	86.21	3.26	3.05	4.20	3.28	100.00	100.00	2673	72

Calorie and Protein Values of Food Items in Rural Areas

TABLE (19.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES-

State : West Bengal

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	4.72	3.45	51.83	6.44	13.67	14.00	14.06	100.00	1154	32
1501—1700
1701—1900	2	7.74	6.46	72.84	5.24	5.07	10.71	6.14	100.00	1775	48
1901—2100	1	3.00	2.18	75.42	5.36	7.90	8.91	2.41	100.00	1930	50
2101—2300	4	5.32	4.41	79.92	4.90	6.09	6.90	2.19	100.00	2222	68
2301—2500	8	4.05	3.39	81.22	4.97	4.45	5.58	3.78	100.00	2396	67
2501—2700	9	6.39	5.07	79.44	4.25	9.08	4.74	2.49	100.00	1607	71
2701—3000	18	4.69	3.83	80.71	4.10	6.40	5.64	3.15	100.00	2815	76
3001—3500	34	4.88	3.95	85.97	3.53	3.21	4.20	3.09	100.00	3192	85
3501—4000	20	5.44	4.33	87.58	2.79	3.46	3.13	3.04	100.00	3720	94
4001 & above	8	3.57	2.56	84.02	2.10	8.26	3.48	2.14	100.00	4223	104
all groups	106	4.88	3.92	83.83	3.60	4.97	4.53	3.07	100.00	3031	80

TABLE (19.8/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	1.00	1.02	2.34	97.66	100.00	1392	34
1501—1700
1701—1900	1	1.00	1.00	16.36	83.64	100.00	1792	42
1901—2100
2101—2300	5	6.14	5.17	78.52	7.25	4.99	6.53	4.24	100.00	2244	64
2301—2500	4	4.56	3.91	69.60	4.46	5.23	6.60	14.11	100.00	2395	66
2501—2700	3	4.24	3.45	73.32	8.25	5.67	8.78	3.98	100.00	2555	72
2701—3000	13	4.85	4.23	81.28	3.42	5.43	5.24	4.63	100.00	2846	76
3001—3500	22	5.93	4.91	83.39	4.01	5.18	4.27	3.15	100.00	3218	86
3501—4000	19	5.12	4.14	81.94	4.48	4.99	4.51	4.08	100.00	3740	94
4001 & above	10	5.72	4.55	83.59	4.85	3.60	2.96	5.00	100.00	4944	132
all groups	78	5.31	4.41	81.62	4.42	4.91	4.59	4.46	100.00	3310	88

Calorie and Protein Values of Food Items in Rural Areas

TABLE (19.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

per capita monthly expenditure group Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm.)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)		
upto—1500	.	.	.										
1501—1700	.	.											
1701—1900						
1901—2100	
2101—2300	.	.											
2301—2500	.	.	2	1.00	1.00	73.89	10.76	0.50	9.80	5.05	100.00	2448	72
2501—2700	.	.	1	1.00	0.90	67.20	4.86	12.42	6.28	9.24	100.00	2655	75
2701—3000	.	.	1	1.00	0.90					100.00	100.00	2767	68
3001—3500	.	.	7	5.84	4.92	80.88	4.41	5.32	4.34	5.05	100.00	3300	93
3501—4000	.	.	4	3.65	3.02	76.32	4.22	7.46	5.93	6.08	100.00	3791	99
4001 & above	.	.	8	5.17	4.25	84.63	3.49	4.60	4.17	3.11	100.00	4637	123
all groups	.	.	23	3.94	3.31	80.55	4.05	4.98	4.54	5.88	100.00	3860	105

TABLE (19.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : West Bengal

Per capita monthly expenditure group : Rs100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)	
				(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
upto—1500												
1501—1700 . .												
1701—1900 . .												
1901—2100 .												
2101—2300 . .	1	1.00	1.00	1.23		3.85		94.92	100.00	2164	57	
2301—2500 . .												
2501—2700 . .	4	2.56	2.29	56.97	1.61	0.28	3.54	37.60	100.00	2629	64	
2701—3000 . .												
3001—3500 . .												
3501—4000 . .	4	2.48	2.16	69.68	5.64	7.76	10.54	6.38	100.00	3636	101	
4001 & above	6	2.44	2.02	67.34	4.78	15.31	7.29	5.28	100.00	5080	131	
all groups	15	2.43	2.12	64.22	4.06	8.46	7.11	16.15	100.00	3601	94	

TABLE (21.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Delhi

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 12

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consume unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	1	1.00	1.00					100.00	100.00	1258	31
1501—1700											
1701—1900	1	5.00	3.82	78.00	6.32	9.21	4.14	2.33	100.00	1896	60
1901—2100	2	8.00	6.52	86.88	3.58	3.06	4.37	2.11	100.00	2004	66
2101—2300	3	4.73	3.90	78.92	5.29	11.17	3.36	1.26	100.00	2289	74
2301—2500	4	6.05	4.79	74.80	3.85	12.61	6.22	2.52	100.00	2410	75
2501—2700	2	5.00	4.10	93.30	2.74	1.12	1.30	1.54	100.00	2533	89
2701—3000	4	7.73	6.24	89.45	0.84	7.63	1.37	0.71	100.00	2828	92
3001—3500	6	4.98	3.73	82.21	3.55	9.03	3.75	1.46	100.00	3328	107
3501—4000	3	7.07	5.12	68.37	4.33	24.80	0.31	2.19	100.00	3710	122
4001 & above	6	3.84	2.84	75.15	2.92	16.72	3.18	2.03	100.00	4946	152
all groups	32	5.97	4.64	79.37	3.08	13.41	2.25	1.89	100.00	3040	99

National Sample Survey

TABLE (21.1/R) 1 PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES.

State: Delhi

per capita monthly expenditure group (in rupees)	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
00—15
15—21	1	9.00	7.31	93.58	2.49	0.94	1.69	1.30	100.00	1941	69
21—24	6	6.14	4.90	93.47	1.47	3.18	1.18	0.70	100.00	2694	89
24—28	1	3.00	2.25	81.71	5.33		11.14	1.82	100.00	2393	77
28—34	2	4.00	2.97	83.16	3.44	2.00	7.21	4.19	100.00	2803	87
34—43	8	7.73	6.10	79.80	3.38	12.03	3.29	1.50	100.00	2714	87
43—55	7	4.30	3.47	73.51	3.27	17.64	3.87	1.71	100.00	3114	100
55—75	4	7.66	5.56	68.03	4.14	24.70	0.84	2.29	100.00	3847	123
75—100	2	1.78	1.52	71.33	4.35	11.33		12.99	100.00	4098	141
100 & above	1	3.00	2.18	71.41	2.96	13.10	10.01	2.52	100.00	5499	167
all groups	32	5.97	4.64	79.37	3.08	13.41	2.25	1.89	100.00	3040	99

Calorie and Protein Values of Food Items in Rural Areas

TABLE (22.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Goa, Daman, Diu

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 10

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	per centage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protien (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	10.00	7.57	61.41	18.09	10.76	3.19	6.55	100.00	620	20
1501—1700	2	5.67	4.15	72.06	10.20	4.94	5.16	7.64	100.00	1518	40
1701—1900	2	9.50	7.81	87.14	6.17	1.56	0.38	4.75	100.00	1748	40
1901—2100	2	8.78	6.76	81.97	4.48	5.10	1.60	6.85	100.00	1984	54
2101—2300	7	4.79	3.97	73.14	9.35	8.80	3.94	4.77	100.00	2196	71
2301—2500	2	8.00	7.00	82.86	6.40	3.84	2.26	4.64	100.00	2373	58
2501—2700	4	5.85	4.67	88.30	5.99	3.50	0.26	1.95	100.00	2539	61
2701—3000	4	2.88	2.42	63.78	7.06	7.12	4.08	17.96	100.00	2915	88
3001—3500	8	2.81	2.26	68.41	10.83	9.62	5.81	5.33	100.00	3274	91
3501—4000	4	3.38	2.71	63.49	9.19	17.43	3.81	6.08	100.00	3753	170
4001 & above	3	3.14	2.16	66.83	7.79	13.06	8.58	3.74	100.00	5817	172
all groups	39	5.17	4.10	74.36	8.33	8.13	3.78	5.41	100.00	2350	69

Table (22.1/R) : PERCENTAGE (0.0) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Goa, Daman, Diu

expenditure group (Rs.)	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
00—15	1	10.00	7.57	61.42	18.09	10.75	3.19	6.55	100.00	620	19
15—21	1	5.00	3.46	84.43	2.76	1.13	7.06	4.62	100.00	1536	45
21—28									
28—34	2	4.45	3.26	83.15	3.08	5.67	1.51	6.59	100.00	1981	56
34—43	7	7.97	6.52	87.76	6.22	2.47	0.45	3.10	100.00	2164	51
43—55	8	5.02	4.33	75.65	7.30	9.60	3.10	4.35	100.00	2469	83
55—75	11	3.61	2.99	72.19	10.05	7.38	5.15	5.23	100.00	2850	80
75—100	4	4.25	3.09	67.14	6.34	16.66	4.01	5.85	100.00	3371	133
100 & above	5	3.27	2.50	59.28	11.77	11.34	8.26	9.35	100.00	3413	99
all expenditure classes	39	5.17	4.10	74.36	8.32	8.13	3.78	5.41	100.00	2350	69

Calorie and Protein Values of Food Items in Rural Areas

Table (23.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur.

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 95

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	7.67	5.96	90.14	0.90	4.69	1.62	2.65	100.00	1448	39
1501—1700	1	8.00	7.58	90.11	3.26	2.45	2.45	1.73	100.00	1615	45
1701—1900	8	5.58	4.13	91.62	2.37	1.39	2.28	2.34	100.00	1851	47
1901—2100	5	5.76	4.74	93.64	1.29	1.45	1.59	2.03	100.00	1999	50
2101—2300	22	7.03	5.68	90.74	2.63	2.12	1.74	2.77	100.00	2185	57
2301—2500	34	6.48	5.06	91.71	2.35	1.79	2.07	2.08	100.00	2387	62
2501—2700	29	5.78	4.66	93.02	1.68	1.50	1.57	2.23	100.00	2607	66
2701—3000	29	5.35	4.25	91.79	2.78	1.93	1.71	1.79	100.00	2852	74
3001—3500	37	5.59	4.33	92.32	1.62	2.49	1.84	1.73	100.00	3181	82
3501—4000	32	5.45	4.46	93.72	1.47	2.10	1.45	1.26	100.00	3710	93
4001 & above	56	4.96	3.84	93.97	1.48	1.87	1.38	1.30	100.00	4924	12
all groups	255	5.70	4.50	92.79	1.85	1.98	1.64	1.74	100.00	3109	79

Table (23.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	10.00	8.10	97.03				2.97	100.00	1451	34
1501—1700											
1701—1900											
1901—2100									
2101—2300							
2301—2500											
2501—2700											
2701—3000											
3001—3500											
3501—4000											
4001 & above											
all groups	1	10.00	8.10	97.03				2.97	100.00	1451	34

Calorie and Protein Values of Food Items in Rural Areas

Table (23.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur

Per capita monthly expenditure group : Rs. 16—21

calorie intake per diem per consumer unit	no. of sample-households	average house hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500
1501—1700
1701—1900
1901—2100
2101—2300
2301—2500
2501—2700
2701—3000
3001—3500
3501—4000
4001 & above
all groups	2	6.75	5.66	93.85	1.43	1.04	3.27	0.41	100.00	2430	57

Table (23.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur

Per capita monthly expenditure group : Rs. 21-24

calorie in take per diem per consumer unit	no. of sample households	average household size	no. of consumer unit per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500												
1501—1700									
1701—1900									
1901—2100								
2101—2300	1	6.00	4.56	86.24	2.39	6.89	3.10	1.38	100.00	2128	62	
2301—2500	4	6.88	5.46	94.48	1.02	1.07	2.33	1.10	100.00	2352	56	
2501—2700												
2701—3000	1	4.00	2.79	89.69	8.84	0.31	0.98	0.18	100.00	2758	73	
3001—3500												
3501—4000												
4001 & above	1	5.00	3.51	90.44	2.95	3.93	1.45	1.23	100.00	4428	116	
all groups	7	6.06	4.68	92.98	2.41	1.52	2.10	0.99	100.00	2492	61	

Calorie and Protein Values of Food Items in Rural Areas

Table (23.4/R) : PERCENTAGE (0.00) OF CALOIRE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALOIRE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur

Per capita monthly expenditure group : Rs. 24-28

calorie in take per diem per consumer unit	no. of sample-households	average house-hold size	no. of consumer units per house-hold	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700 . .	1	8.00	7.58	90.11	3.26	2.45	2.45	1.73	100.00	1615	45
1701—1900 . . .	1	4.00	2.83	92.57	2.14	2.29	1.51	1.49	100.00	1759	47
1901—2100 . .											
2101—2300	5	8.41	6.57	91.06	0.91	1.24	1.34	5.45	100.00	2191	53
2301—2500	4	8.66	6.75	92.78	3.01	0.81	1.86	1.54	100.00	2382	60
2501—2700	5	6.81	5.40	95.52	0.33	1.05	1.26	1.84	100.00	2626	63
2701—3000	2	5.35	4.09	94.15	1.11	1.36	1.17	2.21	100.00	2819	72
3001—3500	1	8.00	6.14	97.58		0.30	1.43	0.69	100.00	3418	77
3501—4000											
4001 & above											
all groups	19	7.19	5.63	93.67	1.24	1.09	1.46	2.54	100.00	2443	60

Table (23.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER BY UNIT GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur

Per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample-households	average house-hold size	no. of consumer uni:s per house-hold	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700											
1701—1900	6	5.99	4.50	91.70	2.49	1.21	2.48	2.12	100.00	1836	47
1901—2100	2	4.22	3.60	94.28	1.02	1.24	0.70	2.76	100.00	2018	51
2101—2300	5	7.30	5.85	91.39	3.02	2.56	1.35	1.68	100.00	2208	57
2301—2500	6	8.81	6.76	94.02	1.78	1.52	1.57	1.11	100.00	2372	65
2501—2700	6	8.13	6.83	93.27	1.29	1.70	1.07	2.67	100.00	2608	68
2701—3000	5	6.37	5.15	93.26	2.42	1.80	1.41	1.11	100.00	2803	68
3001—3500	6	5.85	4.39	93.37	0.90	2.56	2.07	1.10	100.00	3166	83
3501—4000	3	5.11	3.92	95.55	0.92	1.74	1.00	0.79	100.00	3759	90
4001 & above	3	7.51	6.05	96.24	1.10	0.94	1.29	0.43	100.00	4746	111
all groups	42	6.65	5.22	93.57	1.66	1.78	1.57	1.42	100.00	2705	69

Calorie and Protein Values of Food Items in Rural Areas

TABLE (23.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur

Per capita monthly expenditure group Rs. : 34.43

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	5.00	3.51	71.76	3.30	17.20	5.93	1.81	100.00	1441	53
1501—1700
1701—1900	1	5.00	3.40	89.41	1.32	2.18	1.18	5.91	100.00	1875	54
1901—2100	3	6.62	5.37	93.41	1.38	1.53	1.93	1.75	100.00	1991	50
2101—2300	8	5.51	4.58	91.30	2.86	1.69	2.44	1.71	100.00	2190	56
2301—2500	6	6.00	4.72	91.41	2.50	1.96	1.89	2.24	100.00	2379	62
2501—2700	10	4.90	4.01	92.99	1.89	1.24	1.42	2.46	100.00	2600	67
2701—3000	11	5.71	4.48	91.33	3.26	1.82	2.11	1.48	100.00	2880	73
3001—3500	14	6.35	5.07	92.68	1.42	3.00	1.40	1.50	100.00	3121	79
3501—4000	9	6.74	5.47	95.39	0.87	1.57	1.02	1.15	100.00	3752	93
4001 & above	11	7.02	5.19	95.33	0.59	1.83	1.15	1.10	100.00	4923	119
all groups	74	6.03	4.77	93.36	1.61	1.98	1.52	1.53	100.00	3146	79

TABLE (23.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur

Per capita monthly expenditure group : Rs. 43—55

Calorie and Protein Values of Food Items in Rural Areas

calorie intake per diem per consumer unit .	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	VI	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	:										
1501—1700	. : . .										
1701—1900										
1901—2100									
2101—2300	2	8.51	7.03	90.21	3.91	2.94	1.49	1.45	100.00	2134 60
2301—2500	7	5.84	4.47	90.30	3.11	2.50	2.52	1.57	100.00	2402 65
2501—2700	5	5.48	4.24	90.29	3.64	1.94	2.57	1.56	100.00	2580 67
2701—3000	7	4.93	3.97	91.81	2.55	1.81	1.49	2.34	100.00	2849 78
3001—3500	10	4.62	3.50	92.23	2.05	1.62	2.12	1.98	100.00	3273 83
3501—4000	8	5.39	4.39	92.41	2.05	2.29	2.00	1.25	10.000	3658 92
4001 & above	19	5.64	4.45	95.14	1.39	1.28	1.23	0.96	100.00	4908 119
all groups		58	5.45	4.29	92.79	2.18	1.82	1.77	1.44	100.00	3396 87

TABLE (23.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Manipur

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample-household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700									
1701—1900 : : : .											
1901—2100											
2101—2300	1	8.00	6.24	85.71	2.88	2.97	1.64	6.80	100.00	2205	66
2301—2500	3	2.75	2.34	84.50	0.63	4.53	1.08	9.26	100.00	2355	54
2501—2700	3	4.70	3.65	91.33	1.45	2.42	2.34	2.46	100.00	2637	66
2701—3000	2	3.05	2.68	91.34	1.43	3.06	1.49	2.68	100.00	2880	82
3001—3500	5	4.98	3.90	89.95	2.51	2.11	2.32	3.11	100.00	3115	84
3501—4000	8	4.30	3.47	91.71	1.34	3.38	1.77	1.80	100.00	3708	96
4001 & above	9	3.59	2.83	91.51	2.30	2.71	1.61	1.87	100.00	4826	127
all groups	31	4.09	3.27	90.92	1.93	2.86	1.79	2.50	100.00	3607	95

TABLE (23.9/R) PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur

per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer unit per household	Percentage of calorie from food group					average intake per diem per consumer		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500						
1501—1700									..		
1701—1900											
1901—2100											
2101—2300								..			
2301—2500	1	1.00	1.00					100.00	100.00	2418	60
2501—2700											
2701—3000	1	12.00	9.17	85.24	1.67	6.60	0.59	5.90	100.00	2795	78
3001—3500	1	8.00	7.03	78.06	5.66	10.09	1.90	4.29	100.00	3148	105
3501—4000	4	4.41	3.99	92.80	2.75	1.85	1.44	1.16	100.00	3663	96
4001 & above	7	2.30	1.77	90.31	2.71	3.05	1.00	2.93	100.00	5285	150
all groups	14	3.61	3.05	89.79	2.88	3.23	1.25	2.85	100.00	4012	95

Calorie and Protein Values of Food Items in Rural Areas

TABLE (23.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit					
				I	II	III	IV	V	total	calorie	protein (gm.)				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)				
upto—1500															
1501—1700			
1701—1900			
1901—2100			
2101—2300			
2301—2500	1	1.00	1.00	.	100.00	100.00	2400	60			
2501—2700			
2701—3000			
3001—3500			
3501—4000			
4001 & above	6	2.51	1.97	85.46	4.18	3.70	3.86	2.80	100.00	5483	144
all groups	7	2.42	1.92	84.28	4.12	3.65	3.81	4.14	100.00	5388	142

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TABLE (24.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERY

Per capita monthly expenditure group : All expenditure classes

No. of sample villages : 12

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	6	5.22	4.20	81.82	2.54	5.37	4.17	6.10	100.00	1307	33
1501—1700	2	7.00	5.78	78.33	3.63	9.07	5.83	3.14	100.00	1557	43
1701—1900	5	5.50	4.57	76.52	4.53	8.40	5.49	5.06	100.00	1754	48
1901—2100	2	10.00	8.30	82.43	3.80	6.55	4.54	2.68	100.00	1992	55
2101—2300	2	3.50	2.90	75.37	6.90	8.26	4.59	4.88	100.00	2257	74
2301—2500	5	4.91	3.72	76.78	6.15	7.07	4.84	5.16	100.00	2388	75
2501—2700	2	3.68	3.03	84.83	2.06	5.38	4.49	3.24	100.00	2605	71
2701—3000	7	4.93	4.01	80.49	4.74	5.96	5.63	3.18	100.00	2768	78
3001—3500	6	2.94	2.32	57.33	7.28	9.00	6.45	19.94	100.00	2217	86
3501—4000	1	3.00	2.68	84.68	5.52	4.13	2.86	2.81	100.00	3916	91
4001 & above	3	3.31	2.67	67.09	5.77	11.87	6.59	6.68	100.00	7683	228
all groups	41	4.97	4.02	76.25	4.89	7.48	5.28	6.10	100.00	2321	66

Calorie and Protein Values of Food Items in Rural Areas

TABLE (24.2/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	5.00	4.03	84.15	2.94	3.96	6.02	2.93	100.00	1207	33
1501—1700	1	7.00	6.16	87.58	2.88	4.08	3.19	2.27	100.00	1525	40
1701—1900
1901—2100
2101—2300
2301—2500
2501—2700
2701—3000
3001—3500
3501—4000
4001 & above
all groups	3	5.26	4.30	84.90	2.93	3.99	5.39	2.79	100.00	1265	34

TABLE (24.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	9.00	6.96	68.02	5.58	9.46	6.80	10.14	100.00	1268	34
1501—1700
1701—1900	1	4.00	3.48	85.98	0.74	5.81	3.73	3.74	100.00	1731	50
1901—2100
2101—2300
2301—2500
2501—2700
2701—3000
3001—3500
3501—4000
4001 & above
all groups	2	5.14	4.27	80.57	2.20	6.90	4.66	5.67	100.00	1560	44

Calorie and Protein Values of Food Items in Rural Areas

TABLE (24.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERY

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit				
				I	II	III	IV	V	total	calorie	protein (gm)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)		
upto—1500
1501—1700	. . .	1	7.00	5.40	68.22	4.45	14.52	8.72	4.09	100.00	1593	45	
1701—1900	.	1	4.00	2.89	81.94	2.87	4.30	7.24	3.65	100.00	1793	47	
1901—2100	. . .	1	10.00	7.35	86.78	3.06	5.31	1.95	2.90	100.00	2097	60	
2101—2300
2301—2500
2501—2700
2701—3000
3001—3500
3501—4000
4001 & above
all groups	3	5.50	4.06	80.42	3.28	6.91	5.88	3.51	100.00	1827	50		

TABLE (24.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit					
				I	II	III	IV	V	total	calorie	protein (gm)			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)			
upto—1500		
1501—1700		
1701—1900	.	.	.	1	7.00	5.85	70.83	6.73	10.97	8.44	3.03	100.00	1823	56
1901—2100
2101—2300	.	.	.	1	4.00	3.54	80.53	4.13	8.89	3.75	2.70	100.00	2261	70
2301—2500	.	.	.	3	3.90	2.84	78.91	5.96	5.32	5.82	3.99	100.00	2368	78
2501—2700	.	.	.	1	6.00	4.41	90.16	2.02	1.03	4.63	2.16	100.00	2648	67
2701—3000
3001—3500
3501—4000
4001 & above
all groups	.	.	.	6	4.22	3.24	79.82	5.20	6.13	5.41	3.44	100.00	2316	73

Calorie and Protein Values of Food Items in Rural Areas

TABLE (24.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERY

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500
1501—1700
1701—1900	1	8.00	6.94	69.13	6.39	12.19	5.34	6.95	100.00	1710	47
1901—2100	1	10.00	8.43	81.90	3.89	6.71	4.85	2.65	100.00	1979	54
2101—2300
2301—2500
2501—2700	1	3.00	2.63	82.14	2.08	7.58	4.41	3.79	100.00	2584	73
2701—3000	1	5.00	4.03	74.51	10.41	5.49	5.80	3.79	100.00	2712	63
3001—3500	2	2.50	1.90	83.99	3.12	4.82	4.72	3.35	100.00	3348	91
3501—4000
4001 & above
all groups	6	6.82	5.78	78.95	4.46	7.82	4.94	3.83	100.00	2053	56

TABLE (24.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERY

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500				
1501—1700											
1701—1900	1	6.00	4.87	82.78	5.98	3.01	3.95	4.28	100.00	1873	51
1901—2100										
2101—2300	1	3.00	2.25	67.18	11.29	7.27	5.93	8.33	100.00	2250	80
2301—2500	2	7.38	5.88	74.27	6.38	9.12	3.69	6.54	100.00	2412	72
2501—2700									
2701—3000	6	4.92	4.01	80.79	4.45	5.98	5.63	3.15	100.00	2771	79
3001—3500	1	3.00	2.44	88.71	1.50	2.24	3.97	3.58	100.00	3098	82
3501—4000					
4001 & above	
all groups	11	5.04	4.06	78.74	5.29	6.56	5.11	4.30	100.00	2609	76

Calorie and Protein Values of Food Items in Rural Areas

TABLE (24.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERY

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit		
				I	II	III	IV	V		calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500
1501—1700
1701—1900
1901—2100
2101—2300
2301—2500
2501—2700
2701—3000
3001—3500	.	1	12.00	9.09	65.10	8.71	15.26	5.94	4.99	100.00	3334	99
3501—4000	.	1	3.00	2.68	84.68	5.52	4.13	2.86	2.81	100.00	3916	91
4001 & above	.	2	3.36	2.67	66.88	5.56	12.29	6.08	9.19	100.00	8204	247
all groups	.	4	4.47	3.53	67.70	6.15	12.32	5.84	7.99	100.00	6098	178

TABLE (24.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERY

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . .	3	5.00	4.04	82.61	1.84	5.54	2.69	7.32	100.00	1380	34
1501—1700 . .											
1701—1900 . . .											
1901—2100 . .											
2101—2300 . . .											
2301—2500											
2501—2700 . .											
2701—3000 . .											
3001—3500 . . .	1	3.00	2.25	50.48	13.05	10.94	11.47	14.06	100.00	3140	87
3501—4000									
4001 & above . .											
all groups	4	4.50	3.60	73.07	5.17	7.15	5.29	9.32	100.00	1655	42

Calorie and Protein Values of Food Items in Rural Areas

TABLE (24.10) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 100— & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500
1501—1700
1701—1900
1901—2100
2101—2300
2301—2500
2501—2700
2701—3000
3001—3500	1	1.00	1.00	100.00	100.00	3080	65
3501—4000
4001 & above	1	3.00	2.64	69.16	7.77	7.80	11.42	3.85	100.00	4778	118
all groups	2	1.38	1.31	33.94	3.82	3.83	5.60	52.81	100.00	3731	85

TABLE (25.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 93

Calorie and Protein Values of Food Items in Rural Areas

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per households	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	4	7.06	5.78	73.50	4.77	6.76	10.09	4.88	100.00	982	31
1501—1700	4	5.52	4.25	92.98	1.48	1.26	1.89	2.39	100.00	1590	43
1701—1900	12	6.62	5.31	87.91	2.23	3.47	3.10	3.29	100.00	1799	47
1901—2100	18	5.75	4.57	87.47	2.40	3.10	3.89	3.14	100.00	2038	52
2101—2300	11	4.99	4.01	87.79	4.34	1.68	3.36	2.83	100.00	2222	59
2301—2500	32	5.52	4.49	88.52	2.60	2.88	2.48	3.52	100.00	2395	60
2501—2700	21	5.32	4.40	87.64	3.17	2.51	3.01	3.67	100.00	2621	68
2701—3000	40	5.63	4.52	87.58	2.71	3.63	2.68	3.40	100.00	2856	74
3001—3500	33	5.57	4.48	86.05	2.67	3.54	2.87	4.87	100.00	3197	83
3501—4000	16	4.29	3.29	86.37	2.95	3.40	3.83	3.45	100.00	3741	94
4001 & above	29	4.95	3.88	63.13	4.04	2.44	2.19	28.20	100.00	6387	179
all groups	220	5.46	4.38	81.34	3.08	3.03	2.83	9.72	100.00	3027	80

TABLE (25.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per households	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	6.00	5.03	91.99		0.14	2.24	5.63	100.00	1334	42
1501—1700 . . .											
1701—1900 . . .											
1901—2100 . . .											
2101—2300 . . .											
2301—2500 . . .	1	5.00	3.90	99.42			0.31	0.27	100.00	2476	40
2501—2700 . . .											
2701—3000 . . .											
3001—3500 . . .											
3501—4000 . . .											
4001 & above . . .											
all groups	2	5.50	4.46	96.38		0.06	1.10	2.46	100.00		41

TABLE (25.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem p. consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500											
1501—1700 . .	2	7.00	5.64	95.19	0.47	1.12	1.23	1.99	100.00	1624	43
1701—1900 . .	1	9.00	6.86	94.89		0.29	2.47	2.35	100.00	1771	41
1901—2100 . . .	3	7.68	6.08	94.70	0.44	2.18	1.78	0.90	100.00	2046	48
2101—2300 . .											
2301—2500											
2501—2700 . .											
2701—3000 . .											
3001—3500	1	4.00	3.15	97.94	0.54		0.71	0.81	100.00	3336	60
3501—4000											
4001 & above .											
all groups	7	7.02	5.56	95.36	0.41	1.31	1.55	1.37	100.00	1982	46

Calorie and Protein Values of Food Items in Rural Areas

TABLE (25.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTIEN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food groups						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	5.00	3.84	5.19		49.96	18.24	26.61	100.00	107	14
1501—1700	1	4.00	2.68	86.61	4.23	2.08	3.68	3.40	100.00	1522	51
1701—1900	2	5.90	4.52	88.60	4.33	0.95	4.69	1.43	100.00	1736	44
1901—2100											
2101—2300	1	8.00	6.44	95.11	0.79	0.85	1.65	1.60	100.00	2256	58
2301—2500											
2501—2700											
2701—3000											
3001—3500											
3501—4000			
4001 & above											..
all groups	5	5.41	4.07	88.76	3.30	1.84	3.88	2.22	100.00	1467	41

National Sample Survey

TABLE (25.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm)		
				(5)	(6)	(7)	(8)	(9)	(10)				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)		
upto—1500								
1501—1700	1	4.00	2.96	89.57	3.22	1.08	3.00	3.13	100.00	1521	37		
1701—1900	4	5.11	4.21	90.23	1.00	2.36	2.81	3.60	100.00	1823	48		
1901—2100	5	4.66	3.81	90.14	2.85	1.33	3.93	1.75	100.00	1979	50		
2101—2300											
2301—2500	4	5.19	4.07	89.16	1.55	3.07	2.40	3.82	100.00	2362	63		
2501—2700	1	6.00	4.73	93.22		4.39	0.98	1.41	100.00	2602	60		
2701—3000	1	7.00	5.06	96.41		0.82	0.84	1.93	100.00	2835	66		
3001—3500	1	8.00	6.42	55.06	1.73	0.43	0.76	42.02	100.00	3061	86		
3501—4000													
4001 & above													
all groups	17	5.33	4.24	85.84	1.49	2.00	2.29	8.38	100.00	2236	58		

Calorie and Protein Values of Food Items in Rural Areas

TABLE (25.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm)		
				(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
upto—1500													
1501—1700													
1701—1900		2	8.85	7.07	80.34	3.21	9.68	3.60	3.17	100.00	1858	51	
1901—2100		3	4.32	3.42	92.91	1.08	1.61	3.17	1.23	100.00	2075	49	
2101—2300		4	4.02	3.30	88.32	5.22	1.12	2.68	2.66	100.00	2262	60	
2301—2500		6	7.08	5.56	90.23	2.54	1.92	3.05	2.26	100.00	2406	58	
2501—2700		3	8.16	6.32	91.84	1.35	1.33	2.20	3.28	100.00	2658	65	
2701—3000		3	5.33	4.02	89.51	2.53	1.54	2.99	3.43	100.00	2836	70	
3001—3500		..	.										
3501—4000		.	..										
4001 & above		1	6.00	4.41	38.04		0.52	0.86	60.58	100.00	6322	180	
all groups		22	6.20	4.87	84.48	2.26	2.37	2.73	8.16	100.00	2505	68	

TABLE (25.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(1)	(2)	(3)	(4)	(5)	(6)		
upto—1500	2	8.54	7.04	65.32	7.41	9.24	14.05	3.98	100.00	1038	31
1501—1700
1701—1900	2	6.67	5.21	89.69	3.87	2.05	2.26	2.13	100.00	1807	47
1901—2100	5	5.59	4.19	82.74	2.62	2.63	5.14	6.87	100.00	2031	53
2101—2300	5	5.40	4.29	87.58	4.36	2.00	3.97	2.09	100.00	2204	58
2301—2500	9	5.73	4.81	89.61	2.29	3.20	1.72	3.18	100.00	2419	60
2501—2700	7	5.23	4.33	89.18	3.13	2.28	2.81	2.60	100.00	2593	73
2701—3000	12	6.30	4.99	88.38	2.80	3.01	2.38	3.43	100.00	2866	73
3001—3500	4	7.14	5.47	93.48	0.71	2.07	1.32	2.42	100.00	3206	76
3501—4000	3	5.42	4.00	93.80	0.67	0.77	1.38	3.38	100.00	3710	89
4001 & above	2	6.27	4.89	96.25	0.91	0.59	1.40	0.85	100.00	4397	103
all groups	51	6.00	4.78	88.82	2.61	2.62	2.76	3.19	100.00	2548	65

TABLE (25.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit		
				I	II	III	IV	V		calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500												
1501—1700												
1701—1900	1	7.00	6.11	89.12	0.27	0.33	2.89	7.39	100.00	1701	42	
1901—2100	2	8.02	6.85	80.16	4.65	7.65	4.76	2.78	100.00	2077	60	
2101—2300	1	4.00	3.23	80.00	4.83	1.75	2.10	11.32	100.00	2213	58	
2301—2500	9	5.60	4.65	86.13	3.60	3.37	2.87	4.03	100.00	2372	63	
2501—2700	7	5.07	4.39	86.02	4.29	2.79	3.81	3.09	100.00	2634	68	
2701—3000	12	5.40	4.36	90.18	2.30	2.70	2.14	2.68	100.00	2871	73	
3001—3500	16	5.88	4.77	87.73	2.64	3.22	2.99	3.42	100.00	3150	80	
3501—4000	7	4.30	3.31	87.69	2.44	3.05	3.23	3.59	100.00	3763	95	
4001 & above	6	3.91	2.87	70.21	1.46	1.36	1.53	25.44	100.00	5358	145	
all groups	61	5.36	4.36	85.22	2.77	2.98	2.80	6.23	100.00	2991	37	

TABLE (25.8/R) : PERCENTAGE (9.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500										:	:
1501—1700 . .											:
1701—1900 . .											:
1901—2100 . .											:
2101—2300 . .											:
2301—2500 . .	1	3.00	2.25	88.10		6.87	2.86	2.17	100.00	2329	61
2501—2700 . .	3	3.11	2.55	72.74	5.30	3.53	3.96	14.47	100.00	2612	65
2701—3000 . .	12	5.11	4.25	82.54	3.37	6.07	3.76	4.26	100.00	2836	79
3001—3500 . .	7	5.88	4.83	85.03	3.85	5.28	3.26	2.58	100.00	3322	92
3501—4000 . .	2	4.50	3.36	83.73	4.89	2.31	5.50	3.57	100.00	3655	93
4001 & above .	12	5.91	4.67	50.57	3.27	2.79	1.88	41.49	100.00	6523	188
all groups	37	5.27	4.26	65.57	3.48	3.95	2.73	24.27	100.00	4263	120

Calorie and Protein Values of Food Items in Rural Areas

TABLE (25.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs.75-100

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500							
1501—1700
1701—1900
1901—2100
2101—2300
2301—2500 . . .	2	1.00	0.74	48.07	4.59	.	6.01	41.33	100.00	2435	65
2501—2700	
2701—3000
3001—3500 . . .	3	2.49	1.90	76.24	5.26	8.09	7.63	2.78	100.00	3166	92
3501—4000 . . .	4	3.38	2.76	78.82	4.55	7.47	6.01	3.15	100.00	3794	99
4001 & above . . .	4	6.44	5.23	80.08	8.88	2.66	3.75	4.63	100.00	5391	148
all groups	13	3.73	2.99	78.72	7.37	4.35	4.76	4.80	100.00	4484	122

TABLE (25.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500				
1501→1700 .											
1701—1900 . .											
1901—2100 .										..	
2101—2300 .											
2301—2500 .									..		
2501—2700											
2701—3000											
3001—3500	1	1.00	0.90	69.35	4.04	8.84	10.61	7.16	100.00	3146	71
3501—4000				..							
4001 & above	4	2.20	1.87	83.06	6.93	3.10	3.17	3.74	100.00	11560	326
all groups	5	1.95	1.67	82.60	6.83	3.29	3.42	3.86	100.00	10609	297

Calorie and Protein Values of Food Items in Rural Areas

APPENDIX IV
FACSIMILE OF SCHEDULE

[6] cash purchase and consumption of other food items, pan, tobacco, intoxicants, fuel and light during the month ended on, (contd.)

item code	description of item	standard unit	cash purchase		consumption out of home-grown stock		total consumption	
			quantity (0.00)	value in (Rs. 0.00)	quantity (0.00)	value in (Rs. 0.00)	quantity (0.00)	value in (Rs.0.00)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
51	Vegetables : sub-total (42—50)	x	x		x		x	
63	fresh fruits : sub-total (52—59)	x	x		x		x	
67	dry fruit and nuts : sub-total (61—66)	x	x		x		x	
68	fruits and nuts : sub-total (60+67)	x	x				x	
74	sugar : sub-total (69—73)	x	x		x		x	
77	salt : sub-total (75+76)	x	x		x		x	
87	spices : sub-total (78—86)	x	x		x		x	
102	beverage, refreshments, etc. : sub-total (88—101)	x	x		x			

Sch. 1.0_4

[6] cash purchase and consumption of other food items, pan, tobacco, intoxicants, fuel and light during the month ended on.....(contd.)

item code	description of items	standard unit	cash purchase		consumption out of home-grown stock		total consumption	
			quantity (0.00)	value in (Rs.0.00)	quantity (0.00)	value in (Rs.0.00)	quantity (0.00)	value in (Rs.0.00)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
107	pan : sub-total (103-106)	x	x		x		x	
116	tobacco : sub-total (108-115)	x	x		x		x	
123	intoxicants : sub-total (117-122)	x	x		x		x	
124	pan, tobacco and intoxicants : sub-totals (107+116+123)	x	x		x		x	
137	fuel and light : sub-total (125-136)	x	x		x		x	

[7] cash purchase and consumption of clothing and footwear during the month ended on.....

item code	description of item	type* code	standard unit (metre/number)	cash purchase		consumption out of home-grown stock		total consumption	
				quantity (0.00)	value in Rs. (0.00)	quantity (0.00)	value in Rs. (0.00)	quantity (0.00)	value in Rs. (0.00)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
19	clothing : sub-total (1-18)	x	x	x		x		x	
		x	pair						
		x	pair						
		x	pair						
24	footwear : sub-total (20-23)	x	pair						
25	clothing & footwear : sub-total (19+24)	x	x	x		x		x	

*Type code : cotton (mill made)—1, cotton (power loom)—2, cotton (handloom)—3, cotton (khadi)—4, wool—5, art silk, rayon or any other synthetic textile—6, pure silk—7, others—8.

List of Items

Block 6

pulses :

- 1 arhar (tur)
- 2 gram (split grain)
- 3 moong
- 4 masur
- 5 urd
- 6 khesari
- 7 pea
- 8 soyabean
- 9 other pulses
- 10 pulse products

milk and milk products :

- 12 milk (liquid) (litre)
- 13 baby food (milk)
- 14 milk (condensed, powder, etc.)
- 15 ghee
- 16 butter
- 17 curd
- 18 other milk products

edible oil :

- *20 vanspaati
- 21 mustard oil
- *22 cocoanut oil
- *23 gingelly (til) oil
- *24 groundnut oil
- 25 linseed oil
- 26 refined oil
- 27 edible oil (others)
- 28 oil seeds

meat, egg, fish :

- 30 goat meat
- 31 mutton
- 32 beef
- 33 pork
- 34 buffalo meat
- 35 other meat
- 36 poultry (no.)
- 37 other birds (no.)
- 38 eggs (no.)
- 39 fish (fresh)
- 40 fish (dry)

vegetables :

- 42 potato
- 43 onion
- 44 tomato
- 45 brinjal
- 46 cabbage
- 47 cauliflower
- 48 root vegetables (arum, radish etc.)
- 49 leafy vegetables
- 50 other vegetables

fresh fruits :

- 52 banana (no.)
- 53 orange, lemon (no.)
- 54 mango (no.)
- 55 cocoanut (no.)
- 56 guava (no.)
- 57 pineapple (no.)
- 58 grapes
- 59 other fresh fruits

dry fruits and nuts :

- 61 cocoanut, Copra
- 62 groundnut
- 63 cashewnut
- 64 dates
- 65 raisin (kish-mish, manacca, etc.)
- 66 other dry fruits and nuts

sugar :

- *69 sugar
- 70 gur : cane
- 71 khandsari sugar
- 72 sugar candy
- 73 sugar others

salt :

- 75 sea salt
- 76 rock and othersalt

spices :

- 78 turmeric (gm.)
- 79 black pepper (gm.)
- 80 pepper, dry chillies (gm.)
- 81 green chillies (gm.)
- 82 garlic (gm.)
- 83 tamarind (gm.)
- 84 ginger (gm.)
- 85 curry powder (gm.)
- 86 other spices (gm.)

beverages, refreshments :

- 88 tea (no. of cups)
- *89 tea leaf
- 90 coffee (no. of cups)
- 91 coffee powder
- 92 drinking beverages : others (specify)
- 93 biscuits, confectioneries, etc.
- 94 bread
- 95 salted refreshments
- 96 prepared sweets
- 97 cooked meals (no.)
- 98 pickles (gm.)
- 99 sauce (gm.)
- 100 jams, jellies (gm.)
- 101 processed food others (gm.)

pan :

- 103 pan : leaf (no.)
- 104 pan : finished (no.)
- 105 supari (betel nuts) (gm.)
- 106 other ingredients for pan (gm.)

tobacco :

- 108 biri (no.)
- 109 cigarettes (no.)
- 110 leaf tobacco
- 111 hookah tobacco
- 112 cheroot (no.)
- 113 snuff (gm.)
- 114 zardah, kimam, surti (gm.)
- 115 other tobacco products (gm.)

intoxicants :

- 117 opium (gm.)
- 118 ganja (gm.)
- 119 toddy (litre)
- 120 country liquor (litre)
- 121 foreign liquor (litre)
- 122 other drugs and intoxicants (gm.)

fuel and light :

- 125 coke
- 126 coal
- 127 firewood
- 128 electricity (st. unit)
- 129 gas (st. unit)
- 130 dung cake
- 131 charcoal
- *132 kerosene (litre)
- 133 candle (no.)
- *134 matches (stick)
- 135 methylated spirit (litre)
- 136 fuel and light : others

Block 7

- 1 dhoti, saree (metre)
- 2 cloth for shirt, pyjama, kurta, blouse, salwar etc. (metre)
- 3 cloth for coat, trousers, suit, overcoat etc. (metre)
- *4 readymade garments (no.)
- 5 chaddar, dopatta, wrapper, shawl (metre)
- 6 headgear (metre)
- 7 lungi (metre)
- 8 gamcha, towel, handkerchief (no.)
- 9 hosiery articles, stockings, banian, underwear, bodies, etc. (no.)
- 10 knitted garments : sweater, pullover cardigan, muffler, scarf, etc. (no.)
- 11 bed sheet, bed cover (metre)
- 12 rug, blanket (metre)
- 13 pillow, quilt, mattress (no.)
- 14 cloth for upholstery, curtain, table cloth etc. (metre)
- 15 mosquito net (no.)
- 16 cotton, cotton yarn (kg.)
- 17 knitting wool (gm.)
- 18 clothing : others (no.)
- 20 leather boots, shoe
- 21 leather sandals, chappals etc.
- 22 other leather footweares
- 23 other footwear

Block 8

- 1 cinema, theatre
- 2 mela, fair
- 3 sports goods, toys etc.
- 4 other amusements
- 5 amusements : sub-total
- 6 books, journals
- 7 newspapers, periodicals
- 8 stationery articles
- 9 tuition fee (school, college)
- 10 other educational expenses
- 11 education : sub-total
- *12 allopathic medicine
- 13 homeopathic medicine
- 14 ayurvedic medicine
- 15 unani medicine
- *16 other medicines
- 17 medicine : sub-total
- *18 toilet soap
- *19 powder, snow, cream
- *20 tooth paste, tooth powder
- *21 hair oil, hair lotion hair cream
- 22 other toilet requisites
- 23 toilet articles : sub-total
- 24 shaving blades
- 25 other shaving requisites
- *26 electric bulbs, tube-lights
- 27 electric batteries
- 28 other non-durable electric goods.
- 29 umbrella, raincoat
- 30 walking stick
- 31 earthenware
- 32 plastic goods
- 33 coir, rope etc.
- *34 washing soap
- 35 washing soda
- 36 other washing requisites
- 37 other petty articles
- 38 sundry articles : sub-total
- 39 private tutor
- 40 doctor, nurse, midwife
- 41 domestic servant, cook
- 42 sweeper
- 43 barber, haircutting saloon
- 44 washerman, laundry
- 45 tailor
- 46 priest

Sch. 1.0—8

List of Items—contd.

Block 8—contd.

- 47 postage, telephone
- 48 other consumer services
- 49 consumer services : sub-total
- 50 railway fare
- 51 bus, taxi fare
- 52 steamer, boat fare
- 53 rickshaw fare
- 54 horse cub fare
- 55 bullock cart fare
- 56 porter's remuneration
- 57 other hired conveyance
- 58 imputed value of conveyance owned (specify)
- 59 conveyance : sub-total
- 60 others
- 62 house-rent, garage rent
- 63 residential land rent
- 64 consumer rent (other goods)
- 65 consumer rent : sub-total
- 66 consumer taxes and cesses

Block 9

- 1 bedstead
- 2 almirah
- 3 dressing table
- 4 stool, bench
- 5 chair
- 6 coach, sofa

- 7 table, desk
- 8 box, trunk
- 9 suit case, attache, kit bag
- 10 foam rubber cushion (dunlopillo type)
- 11 floor matting (carpet, durree)
- 12 furniture (others)
- 13 furniture : sub-total
- 14 harmonium
- 15 gramophone
- 16 radio
- 17 radiogram
- 18 tape recorder
- 19 other musical instruments
- 20 musical instruments : sub-total
- 21 gold ornaments
- 22 silver ornaments
- 23 jewels, pearls
- 24 ornaments (other)
- 25 ornaments : sub-total
- 26 stainless utensils steel
- 27 bellmetal utensils
- 28 copper utensils
- 29 aluminium utensils
- 30 iron utensils
- 31 brass utensils
- 32 enamel utensils
- 33 crockery (chinaclay)

- 34 other utensils
- 35 utensils : sub-total
- 36 torch light
- 37 fountain pen
- 38 spectacles
- 39 clock, watch
- 40 electric fan
- 41 electric heater, iron
- 42 stove (wick type pressure type)
- 43 pressure cooker
- 44 sewing machine
- 45 washing machine
- 46 typewriter
- 47 refrigerator
- 48 air-conditioner
- 49 perambulator
- *50 bicycle
- 51 motor cycle, scooter
- 52 motor car
- *53 tyres and tubes
- 54 other durables (specify)
- 55 residential building and land (cost of repair only)
- 56 other equipments : sub-total
- 57 others

Sl. No.

- 1 General report No. 1 on the 1st round (October 50-March 51)
- 2 Tables with notes on the 2nd round (April-June 51)
- 3 Tables with notes on the 3rd round (August-November 51)
- 4 Special report on the survey of persons in the "Live-Register" of Delhi Employment Exchange (August-September 53)
- 5 Technical Paper on some aspects of the development of the sample design
- 6 Survey of Faridabad township (March-April 54)
- 7 Couple fertility 2nd round (April-June 51) and 4th round (April-September 52)
- 8 Report on preliminary survey of urban unemployment (September 53)
- 9 Report on the sample survey of displaced persons in the urban areas of the Bombay State (July-September 53)
- 10 1st report on land holdings, rural sector, 8th round (July 54-March 55)
- 11 Report on sample survey of manufacturing industries 1949 & 1950
- 12 A technical note on age grouping
- 13 Report on household transport operations, 7th round (October 53-March 54)
- 14 Report on some characteristics of the economically active population, 4th to 7th round (April 52-March 54)
- 15 Report on sample survey of manufacturing industries, 1951
- 16 Preliminary report on employment and unemployment, 9th round (May-November 55)
- 17 Report on sample survey of employment in Calcutta (1953)
- 18 Tables with notes on consumer expenditure, 4th round (April-September 52)
- 19 Report on small scale manufacture: Household enterprise smaller than registered factories 7th round (October 53-March 54)
- 20 Report on pattern of consumer expenditure, 2nd to 7th rounds (April 51-March 54)
- 21 Household small scale manufacturing establishments (smaller than those covered by industries (Development & Regulations) Act 1951) 9th round (May-November 55)
- 22 Report on sample survey of manufacturing industries, 1952
- 23 Report on sample survey of manufacturing industries, 1953
- 24 Report on household retail trade, 7th to 9th rounds (October 53-November 55)
- 25 Sample verification of live stock census: 1956
- 26 A preliminary report on housing condition, 7th round (October 53-March 54)
- 27 Technical records of sample design, instructions to field workers and list of sample villages and urban books, 9th round (May-November 1955)
- 28 Report on sample survey of manufacturing industries, 54(1)
- 29 Notes on some results of the land utilisation survey, 10th round (December 55-May 56)
- 30 Report on land holdings (2): operational holdings in rural India, 8th round (July 54-April 55)
- 31 Tables with notes on household transport operation, 8th to 10th rounds (July 54-May 56)
- 32(I) Some aspects of cost of cultivation of paddy, wheat, jowar and bajra, 5th to 7th rounds (1951-52 & 1952-53)
- 32(II) Some aspects of costs of cultivation of barley, maize, ragi, gram, small millets, groundnut, cotton and Jute, 5th to 7th rounds (1951-52 & 1952-53)
- 32(III) Some aspects of cost of cultivation of Minor cereals, pulses, sugarcane, oil seeds, potato, spices and tobacco, 5th to 7th rounds (1951-52 & 1952-53)
- 33 Tables with notes on wages, employment, income and indebtedness of agricultural labour households in rural areas, 11th and 12th rounds (August 56-August 57)
- 34 Tables with notes on employment and unemployment, 10th round (December 55-May 56)
- 35 Tables with notes on livestock products, 5th to 7th rounds (April 52-March 54)
- 36 Report on land holdings (3): Some aspects of ownership holdings, 8th round (July 54-March 55)

- 37 Survey of book reader's preference in India, 13th round (September 57-May 58)
- 38 Some results on the land utilisation survey and crop-cutting experiments, 13th round (September 57-May 58)
- 39 Tables with notes on consumer expenditure, 8th round (July 54-March 55)
- 40 Tables with notes on consumer expenditure, 9th round (May-November 55)
- 41 Household retail trade, 10th round (December 55-May 56)
- 42 Report on small scale manufacture: household enterprises smaller than registered factories, 7th to 8th rounds (October 53-April 55)
- 43 Tables with notes on small scale manufacture: household enterprises smaller than registered factories, 9th and 10th rounds (May 55-May 56)
- 44 A note on profession and services, 4th to 8th rounds (April 52-April 55)
- 45 Report on Indian Villages: A study of some social and economic aspects, 10th to 12th rounds (December 55-August 57)
- 46 Tables with notes on consumer expenditure of agricultural labour households in rural areas, 11th and 12th round (August 56-August 57)
- 47 Tables with notes on consumer expenditure, 10th round (December 55-May 56)
- 48 Preliminary estimates of birth and death rates and of the rate of growth of population, 14th round (July 58-July 59)
- 49 Report on morbidity, 7th round (October 53-March 54) and 11th to 13th rounds (August 56-May 58)
- 50 Tables with notes on housing condition, 10th round (December 55-May 56)
- 51 Tables with notes on housing condition, 11th round (August 56-January 57)
- 52 Tables with notes on employment and unemployment, 11th and 12th rounds (August 56-August 57)
- 53 Tables with notes on internal migration, 9th, 11th, 12th and 13th rounds (May 55-May 58)
- 54 Vital rates, 7th round (October 53-March 54)
- 55 Report on sample survey of manufacturing industries, 1954(2): Exploratory survey of scheduled industries
- 56 Report on sample survey manufacturing industries, 1955(1): Survey of Scheduled industries
- 57 Report on sample survey of manufacturing industries, 1955(2)
- 58 Report on sample survey of manufacturing industries, 1956(1): Survey of Scheduled Industries
- 59 Tables with notes on pattern of household ownership and possession of land in rural areas, 1950-51 to 1953-54, 8th round (July 54-April 55)
- 60 Tables with notes on farming condition and practices in rural areas 1953-54, 8th round (July 54-April 55)
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- 92 Some Results of Land Utilisation Survey and Crop-cutting Experiments (Sixteenth Round: July 1960-June 1961)
- 93 Tables with notes on the Sample Survey of Manufacturing Industries, 1958. Factory Establishments: Summary Results
- 94 Tables with notes on Small Scale Manufacture: Rural and Urban (Household Enterprises Smaller than Registered Factories) (Fourteenth Round: July 1958-June 1959)
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*Under Print.

†Issues in cyclostyled form.